

**Çayımız hep yerlidir
Evimizde gelenektir**

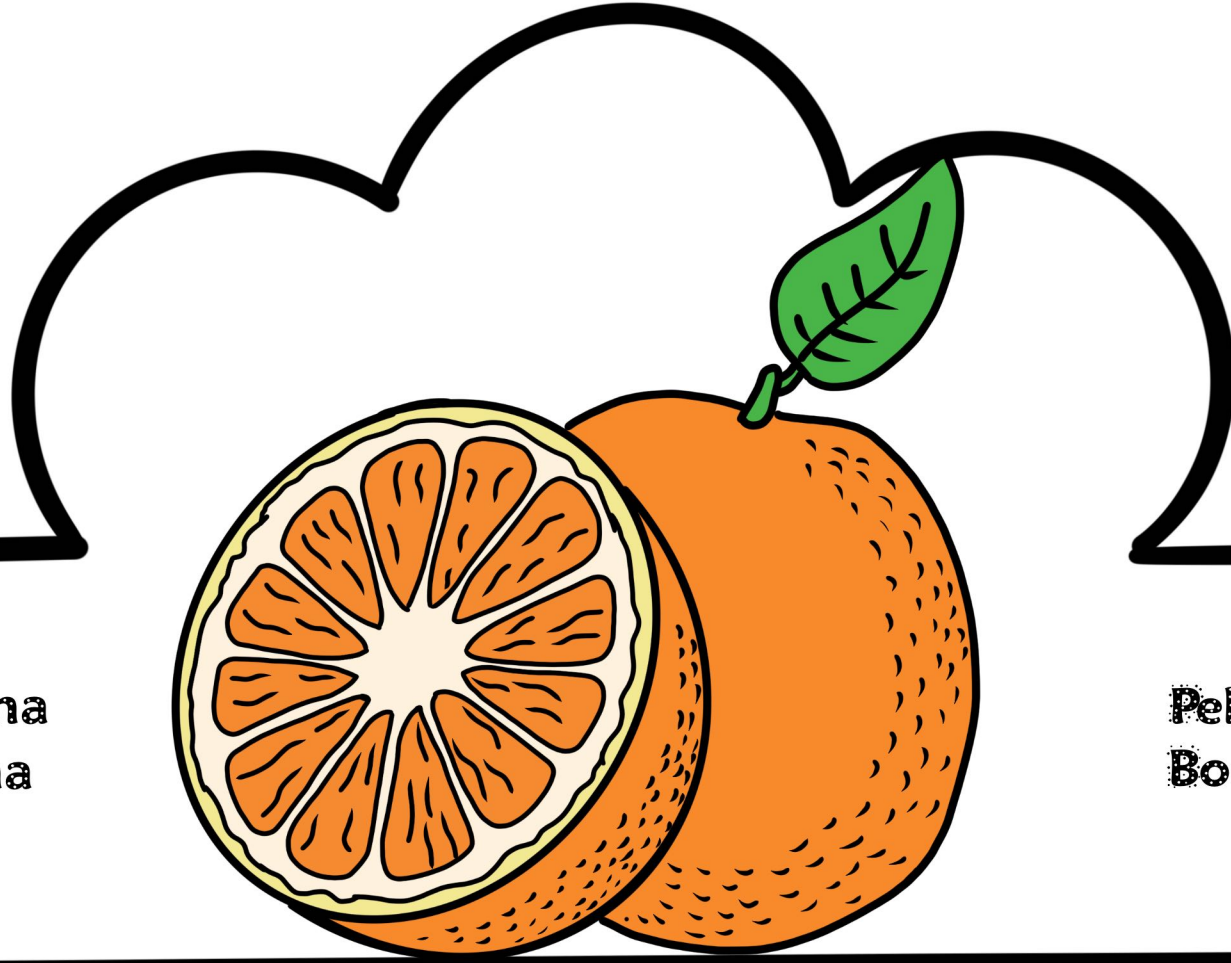


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**Sabah öğle akşam
Çay içeriz bol bol**



ÇAY



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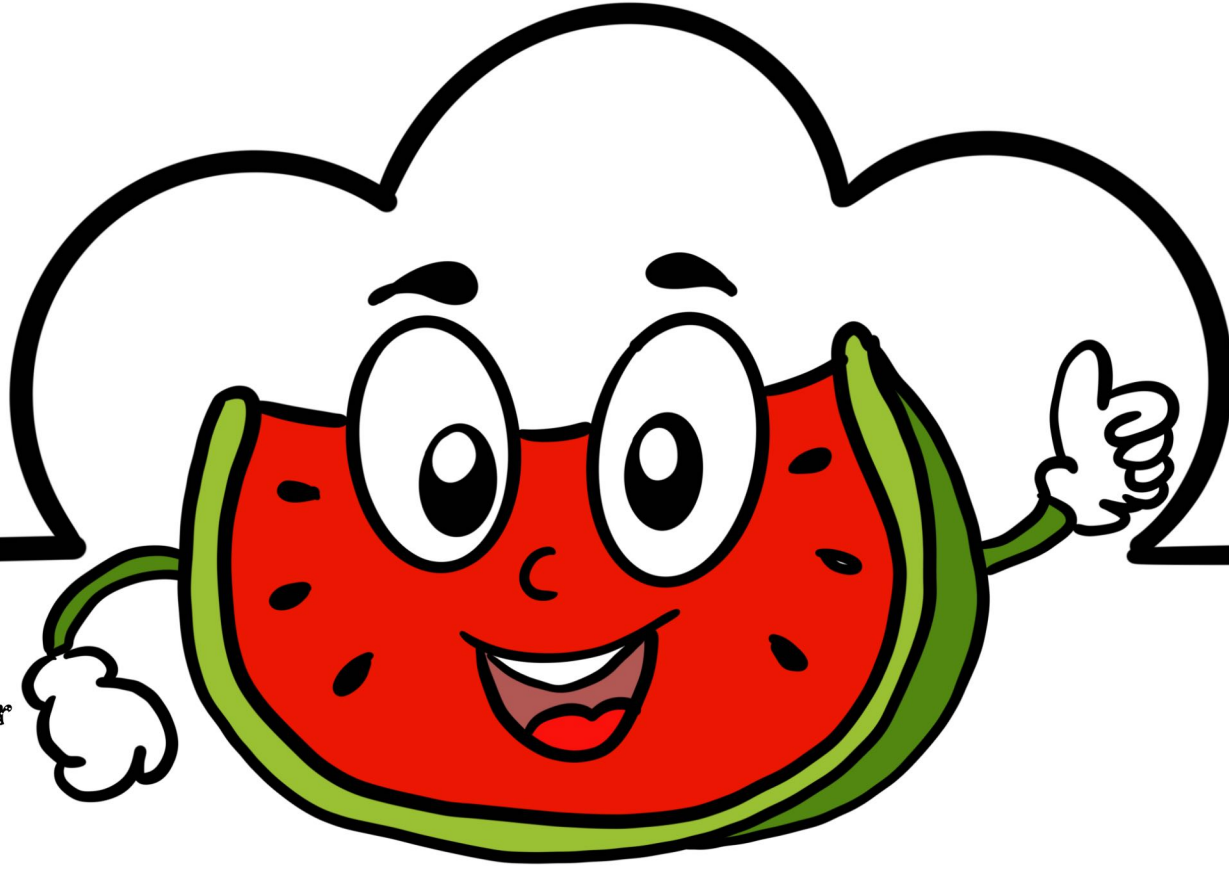
Adımdır mandalina
Sağlık veririm sana



Pek sevimli meyveyim
Bol bol yiyin bakalım



MANDALINA

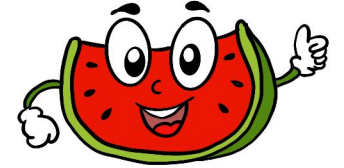


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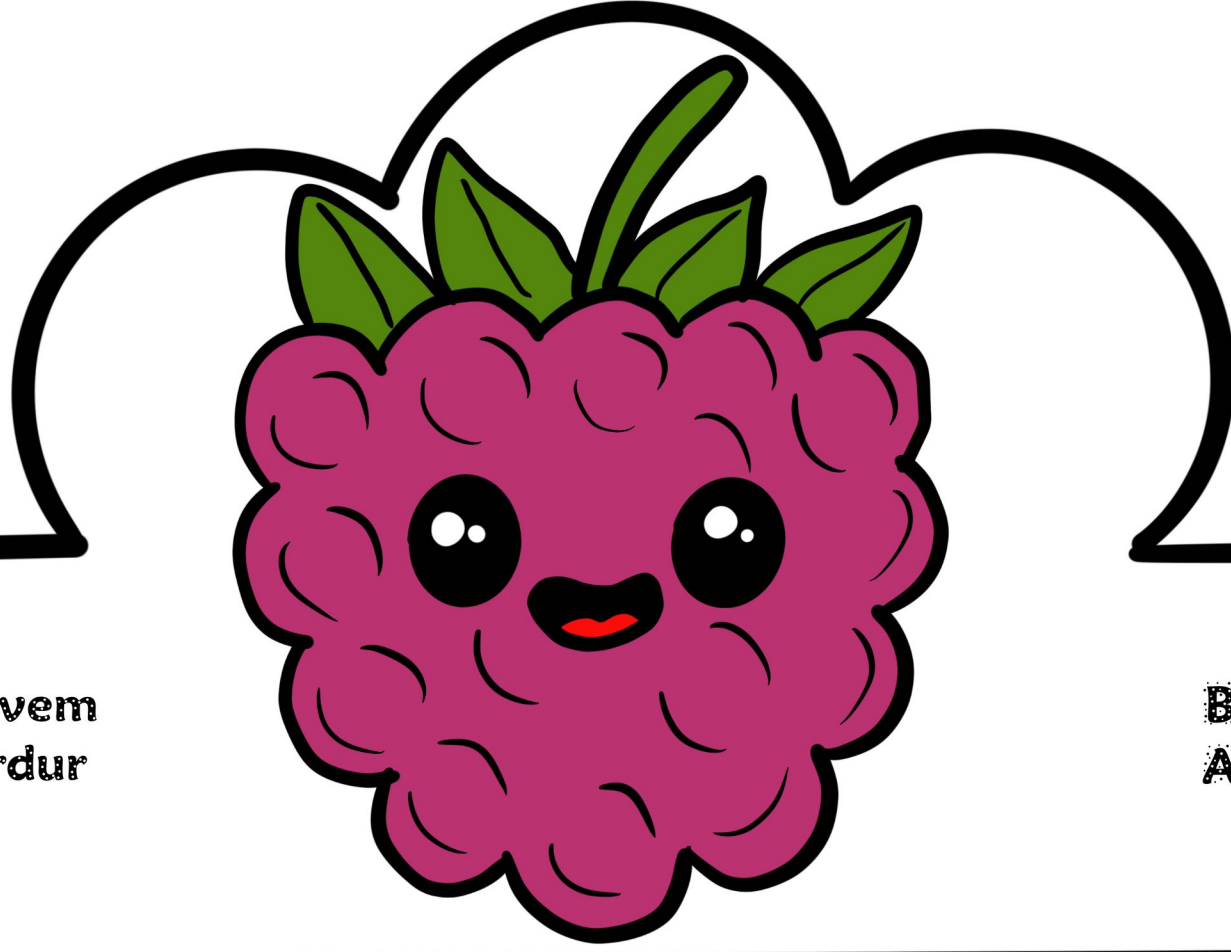
Diyarbakır'da karpuzlar
Şenlendi bak bostanlar



Tatlı karpuz olmasa
Çekilir mi sıcaklar ?



KARPUZ



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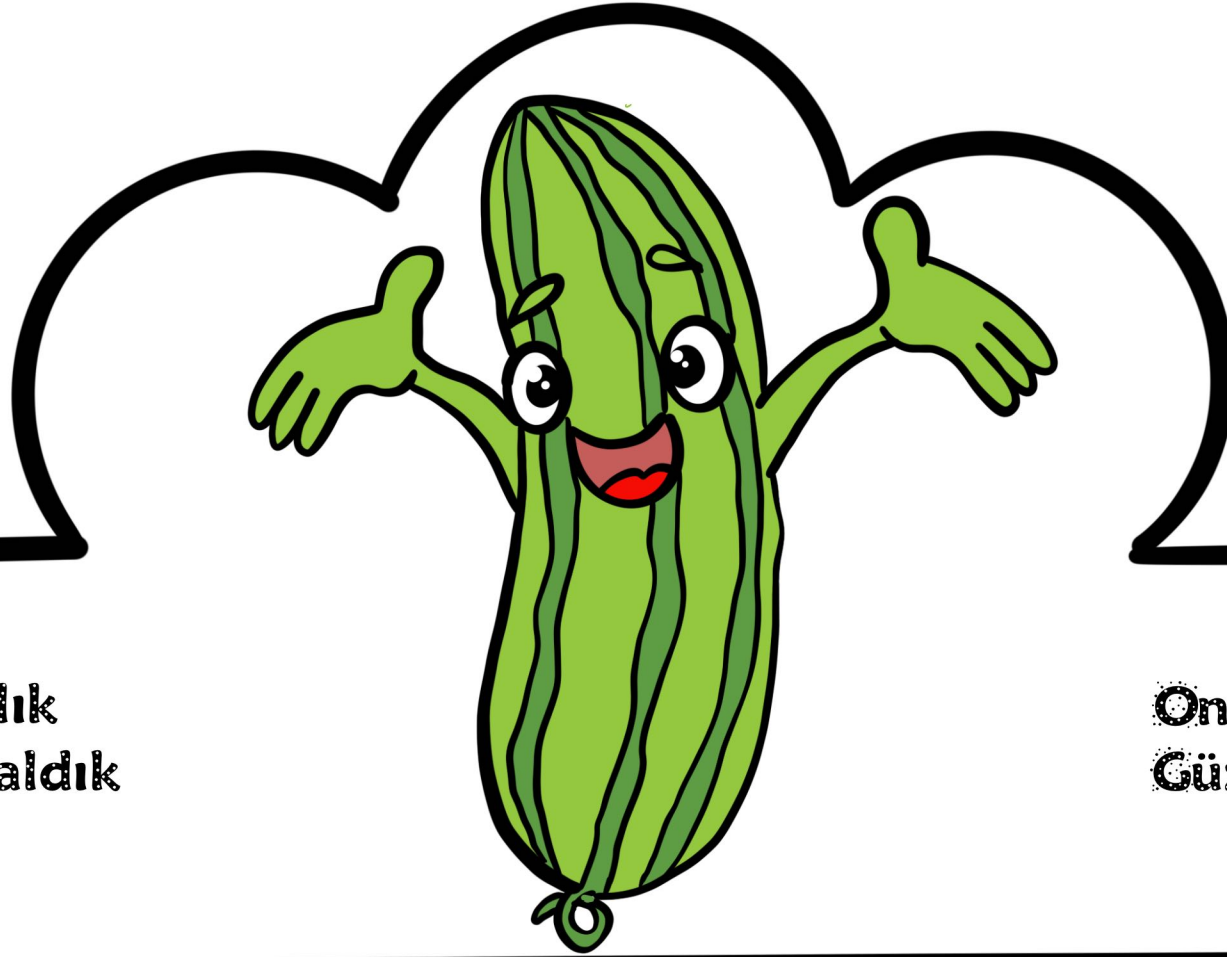
Marmelatım konservem
Reçelim çok meşhurdur



Bende C vitamini
Ayrıca demir boldur

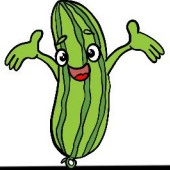


BÖĞÜRTLEN

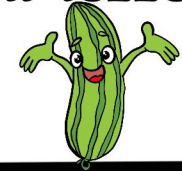


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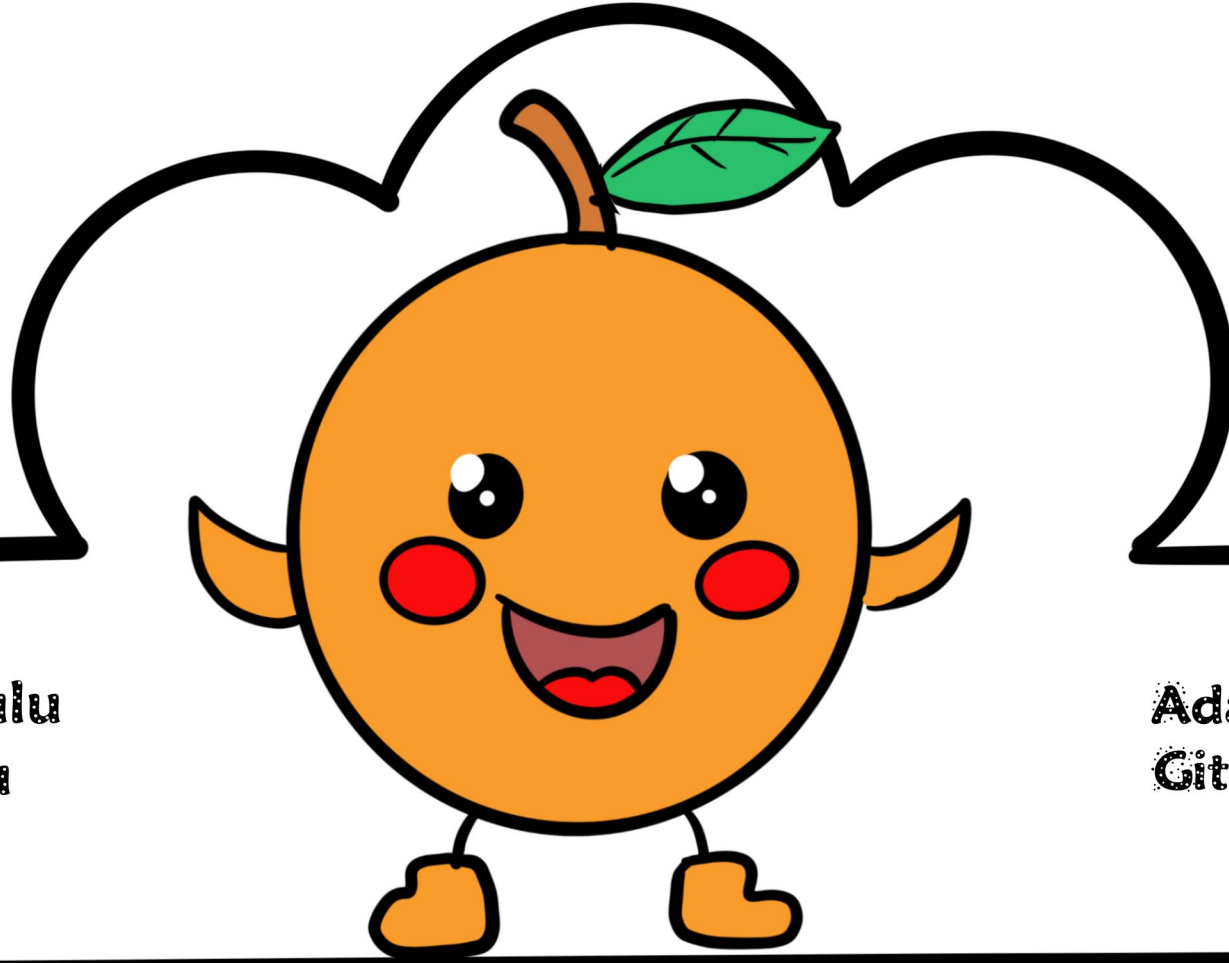
**Uzun yeşil salatalık
Görünce hemen aldık**



**Onunla kahvaltıya
Güzel bir lezzet kattık**



SALATALIK



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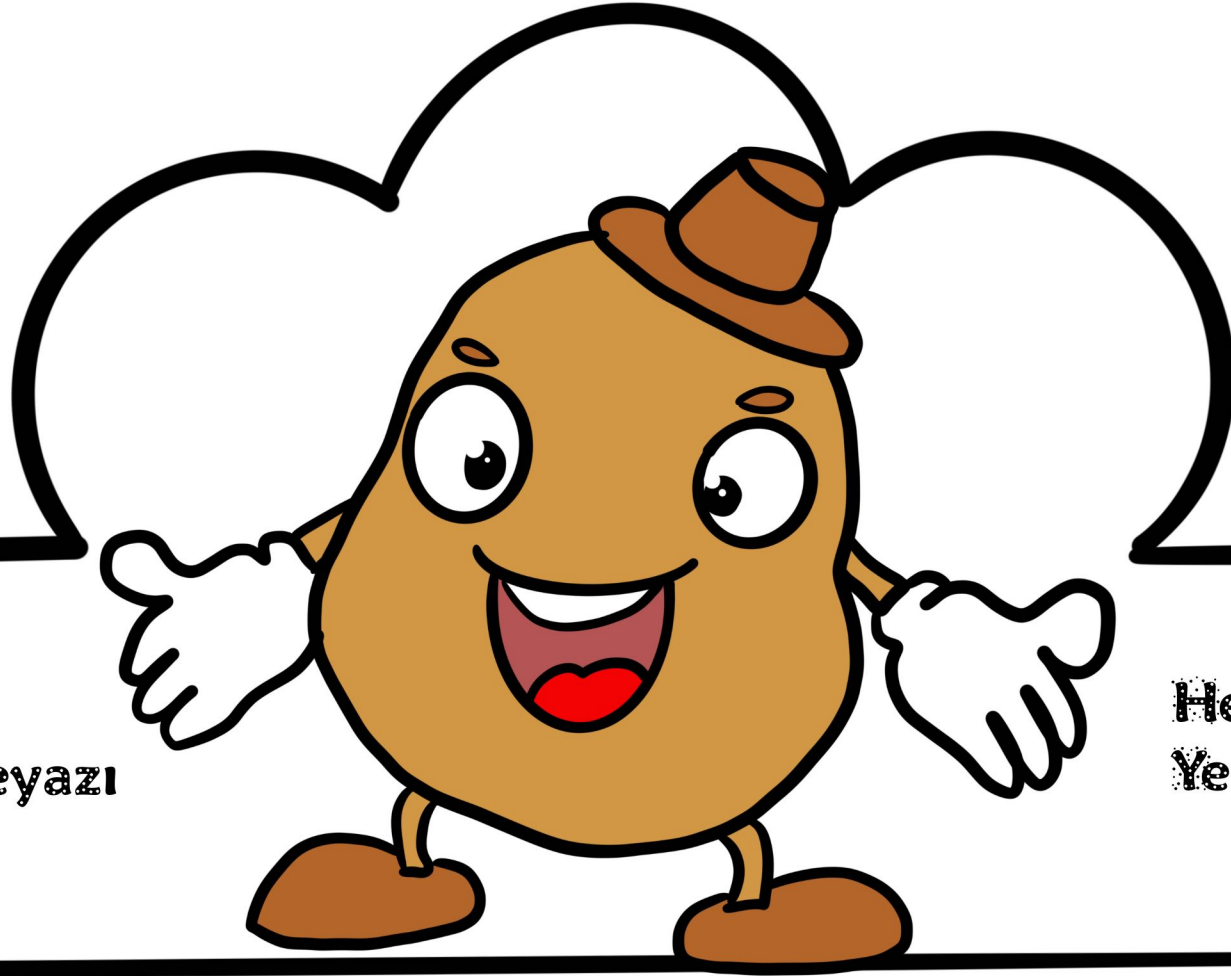
Portakal sulu sulu
İçi vitamin dolu



Adana, Kozan, Dört Yol
Git ağaçtan ye bol bol

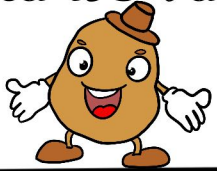


PORTAKAL



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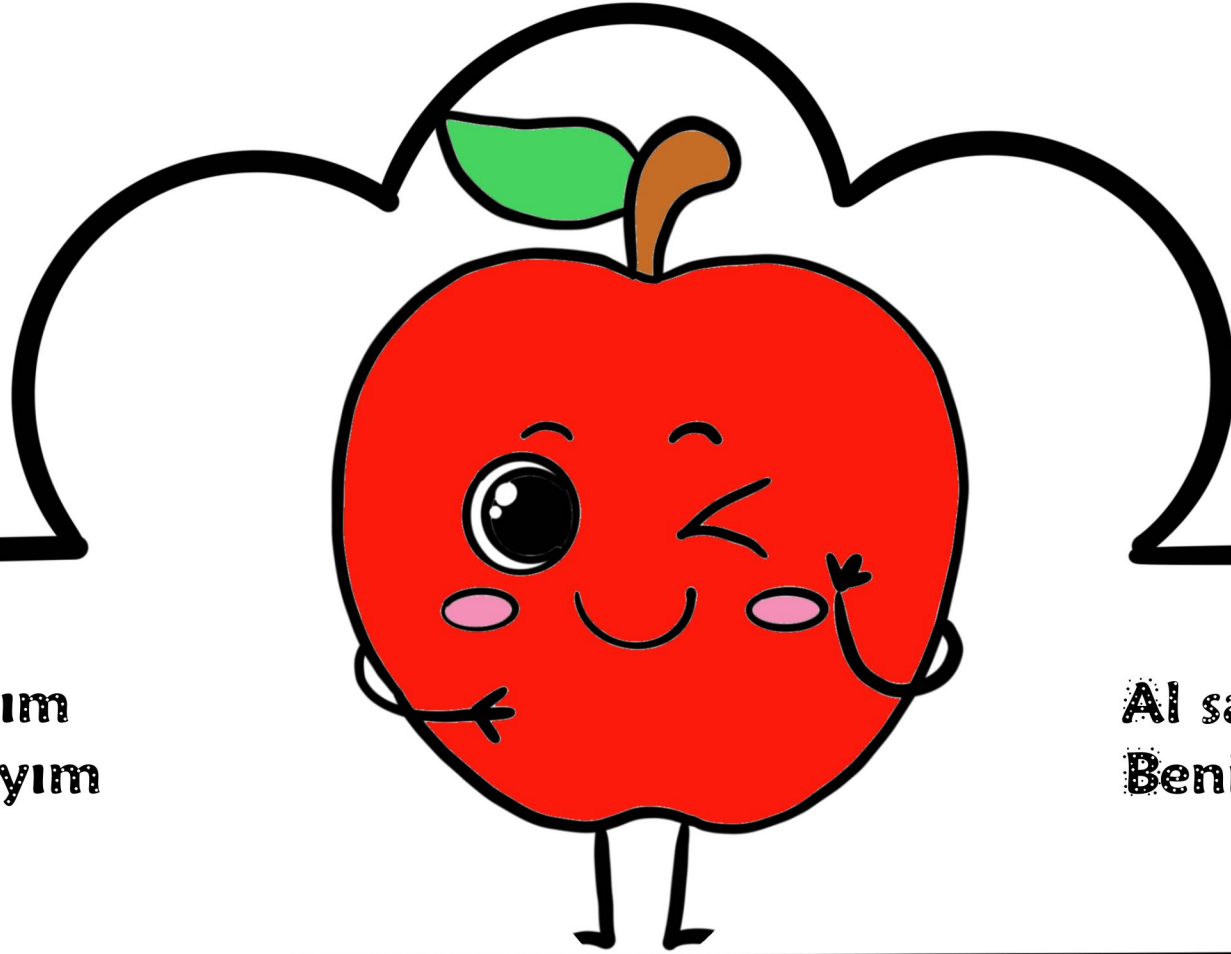
Ödemiş'te sarısı
Kars'ta ise var beyazı



Her yemeğin başıdır
Yerin altında saklıdır

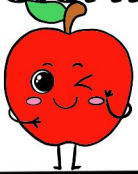


PATATES

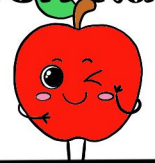


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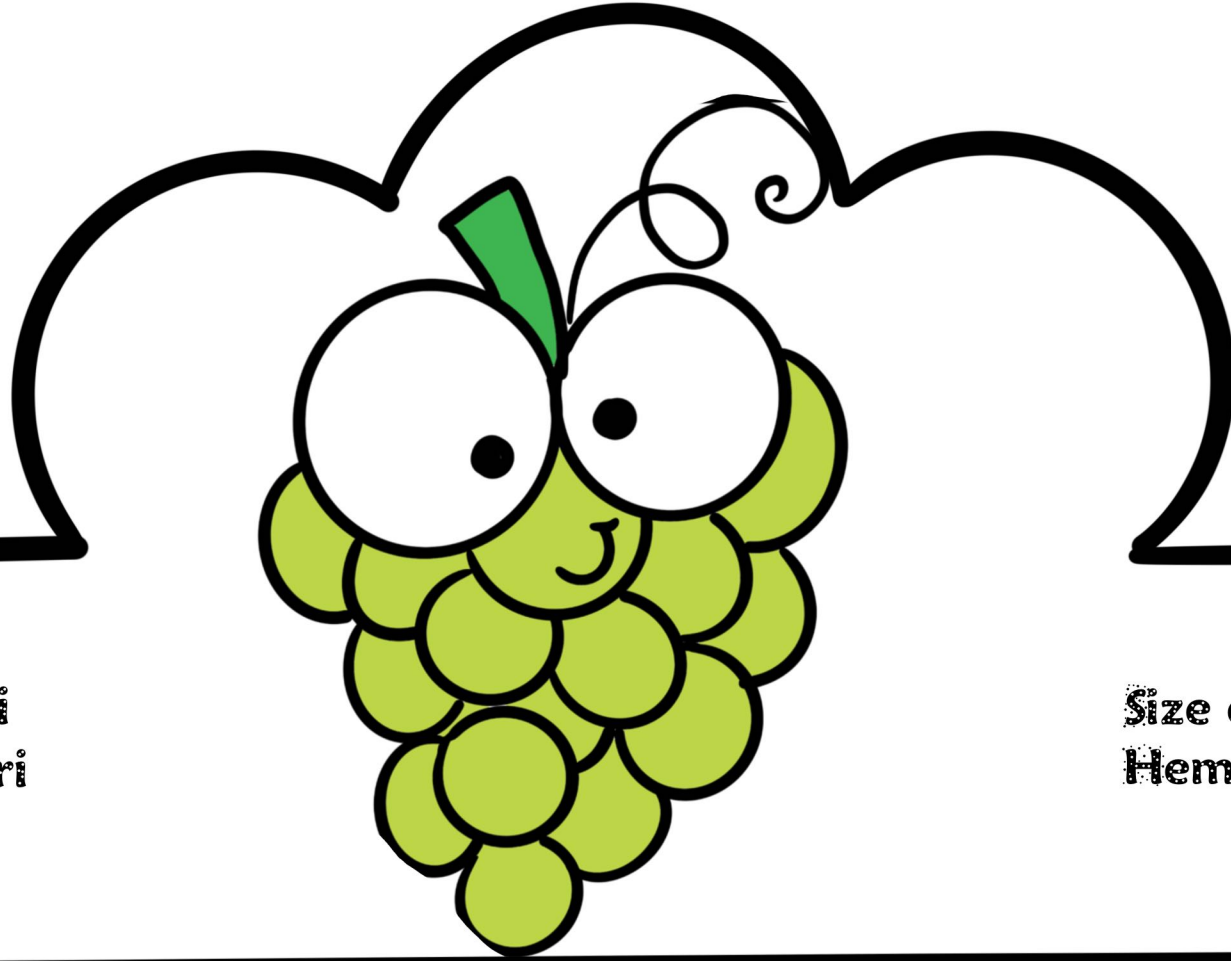
Amasya elmasıyım
Meyvelerin başıyım



Al sarı yanığım var
Beni yersen kan yapar

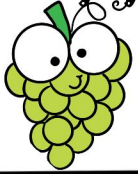


ELMA

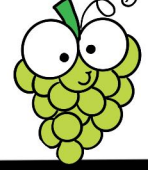


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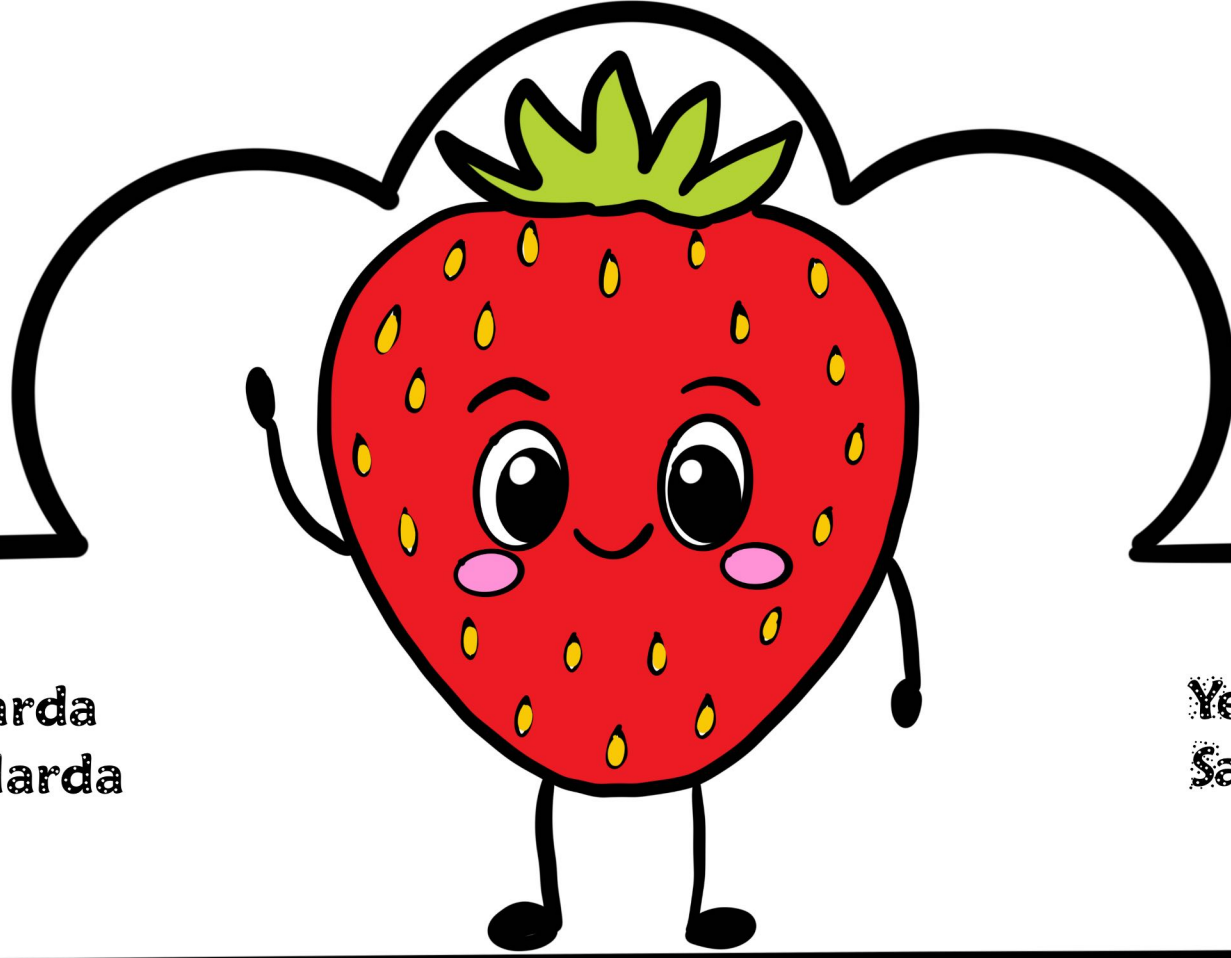
İzmir'in üzümleri
Coşturur yiyenleri



Size enerji verir
Hem kuru hem taze yenir

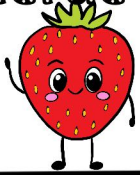


ÜZÜM

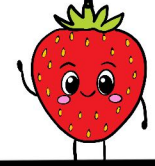


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Çalılıkta ormanlarda
Bahçelerde çayırlarda



Yetiřirim çeřit çeřit
Satılırım pazarlarda



ÇİLEK



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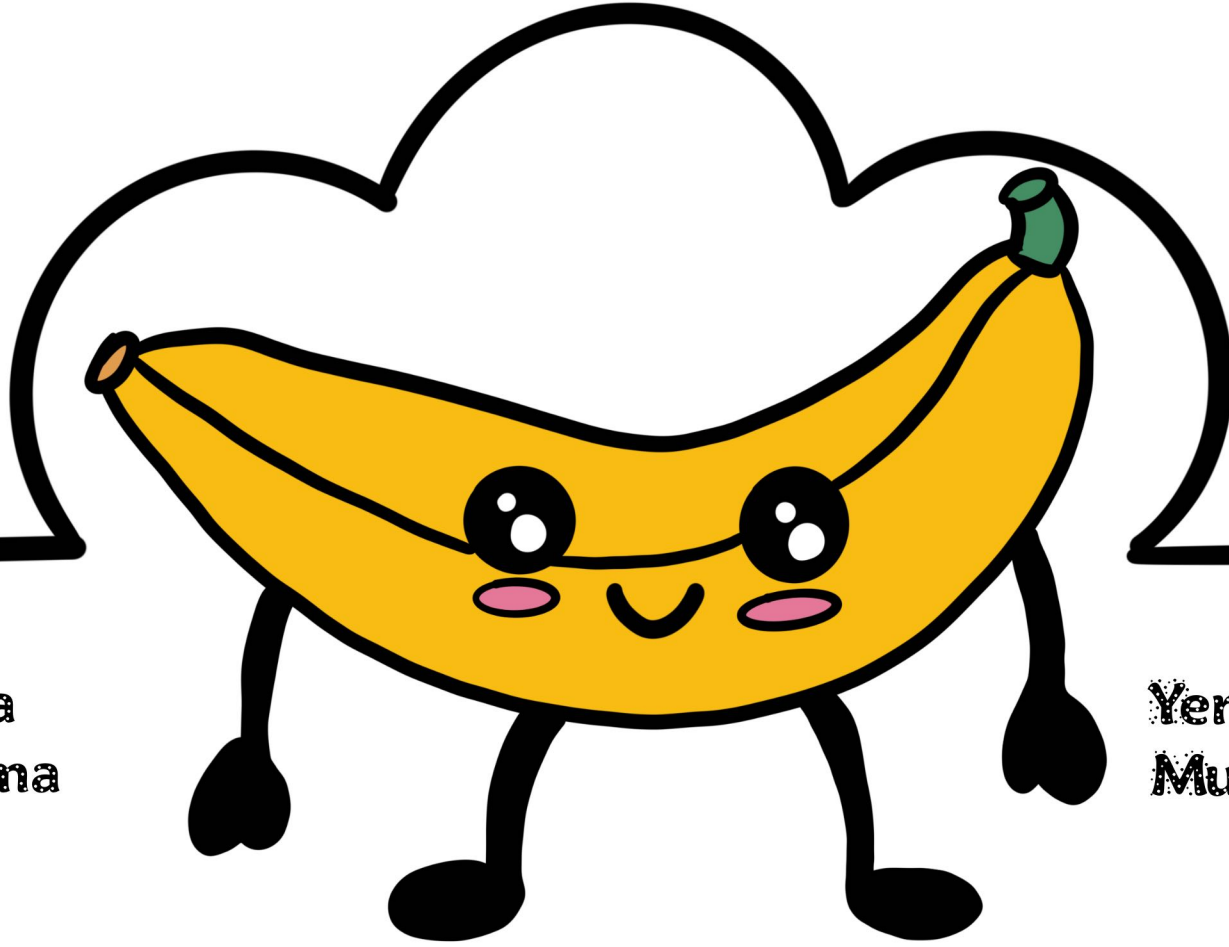
Çiçek olur açılırım
Mercan gibi saçılırım



Hastaya nar sorulmaz
Şurubuna doyulmaz



NAR



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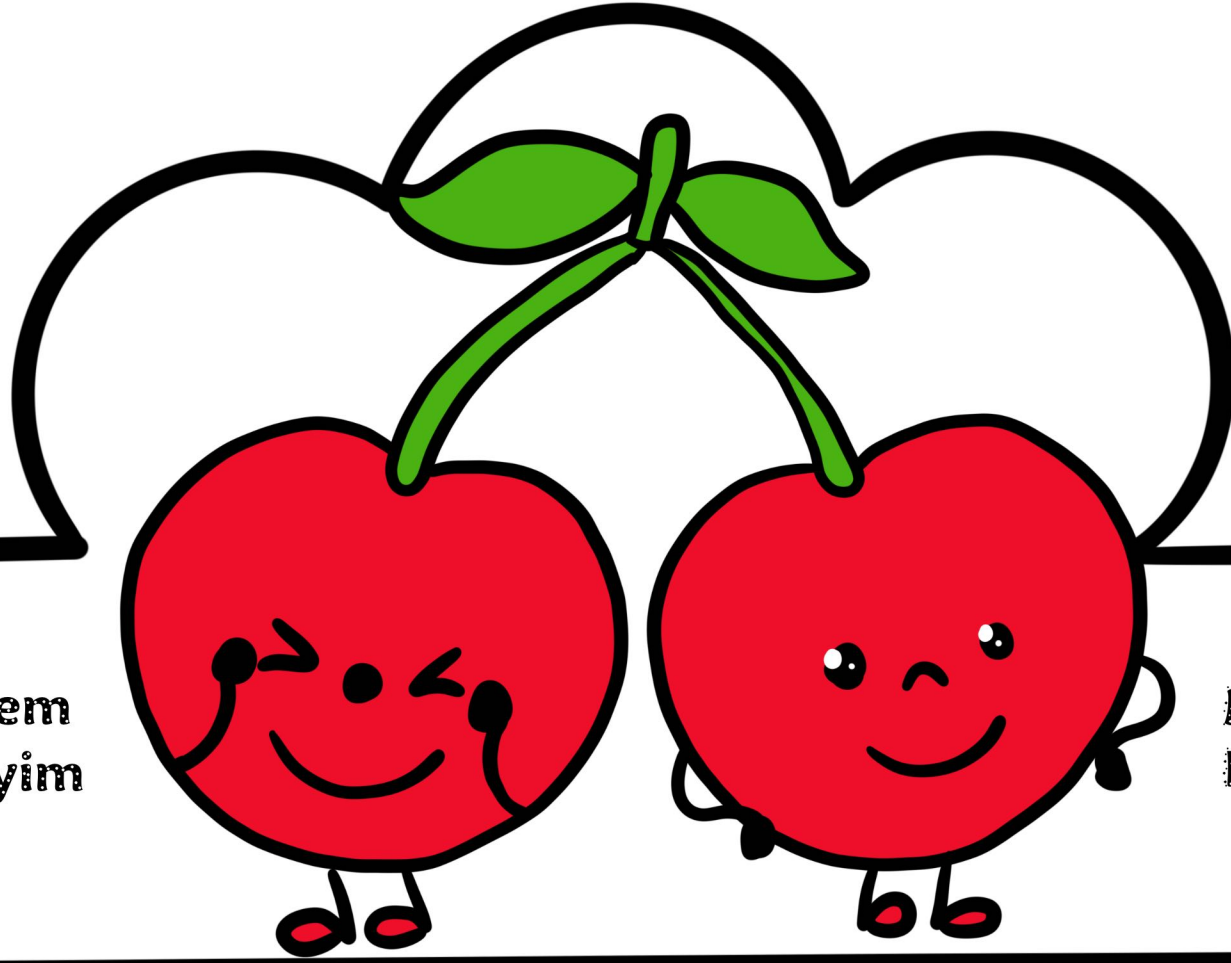
Çikitaya aldanma
Anamur'dan şaşma



Yerli muz en güzeli
Mutlu eder yiyenleri

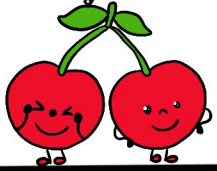


MUZ

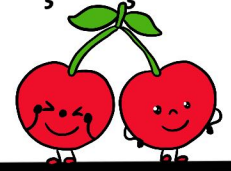


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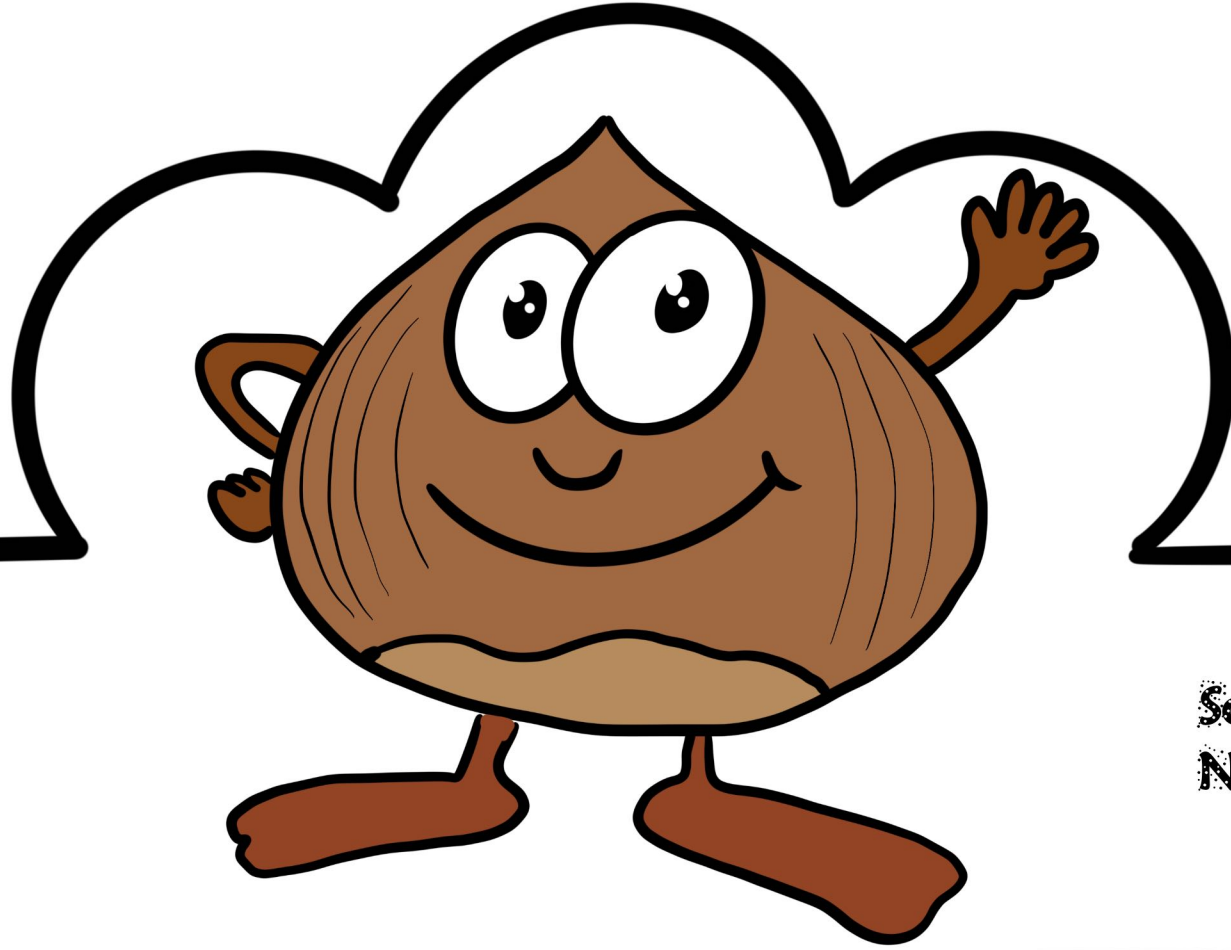
Kütahya vişnesiysem
Çok suluyum ekşiyim



Macar ile Napolyon
En gelişmiş cinslerim

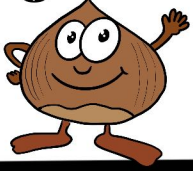


VIŞNE

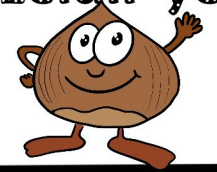


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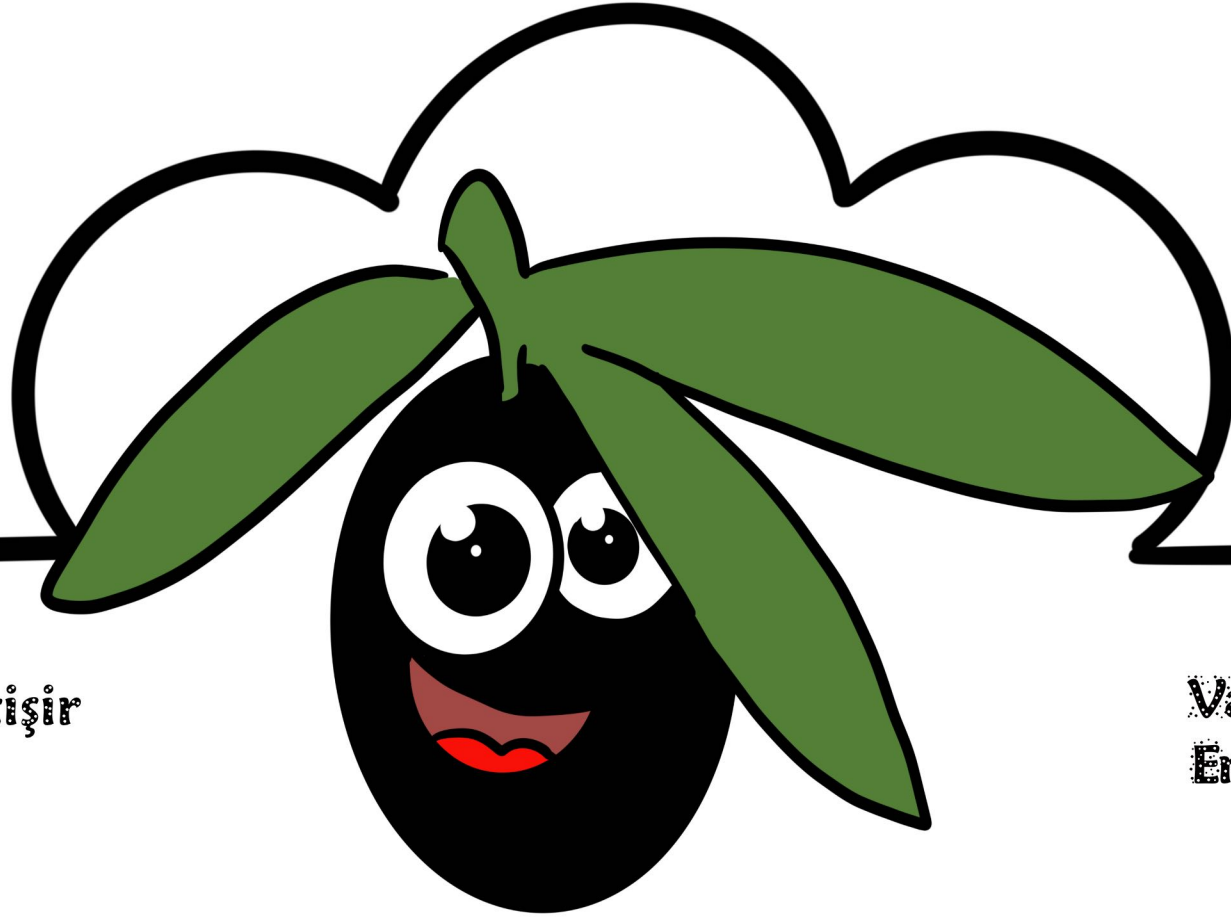
Kestane dediğin
Kış eğlencesi



Şobada çıtır çıtır
Ne güzeldir yemesi

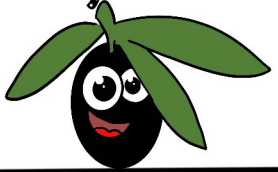


KESTANE



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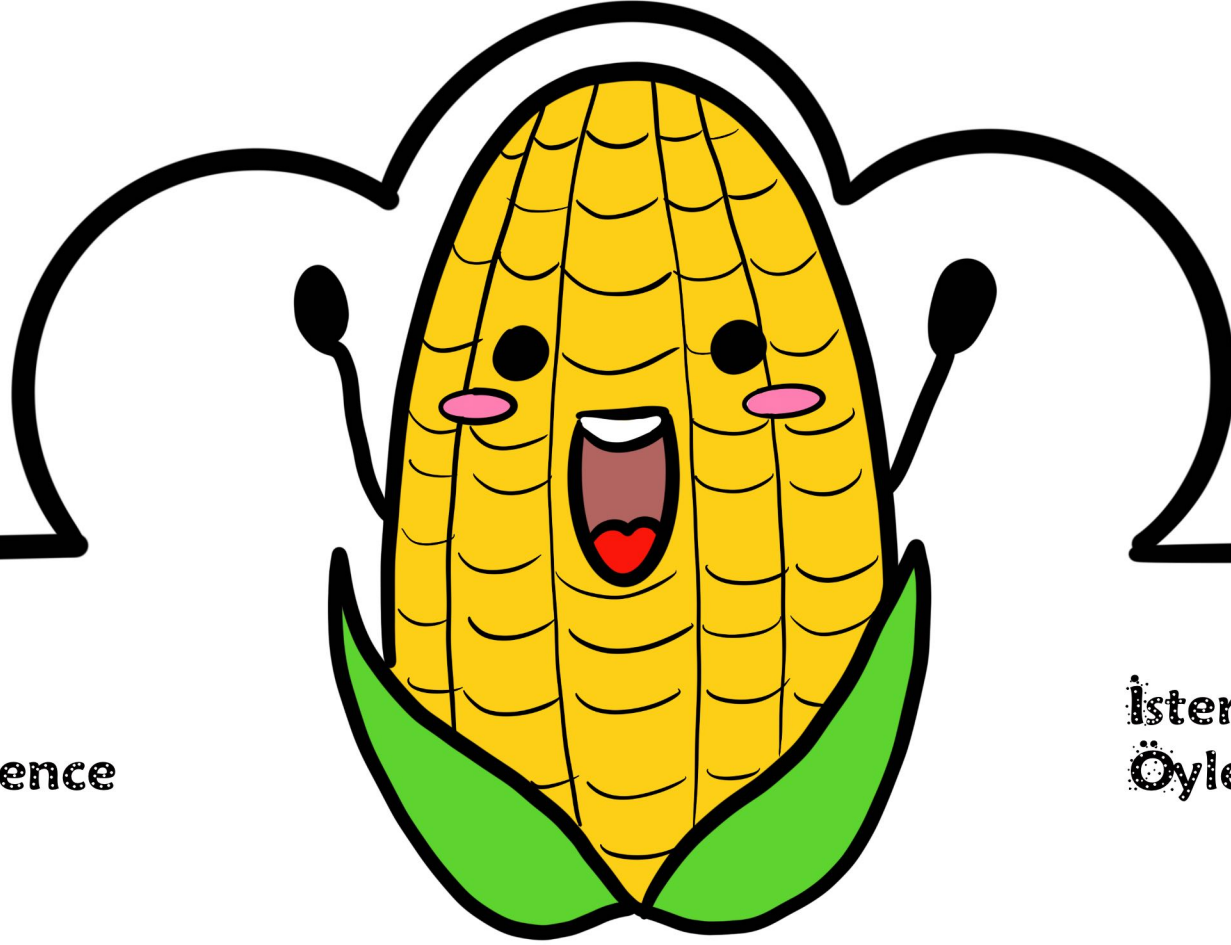
Ege'de zeytin yetişir
Lezzetiyle bilinir



Var mı öyle sağlıklı
En güzeli zeytin yağı



ZEYTİN



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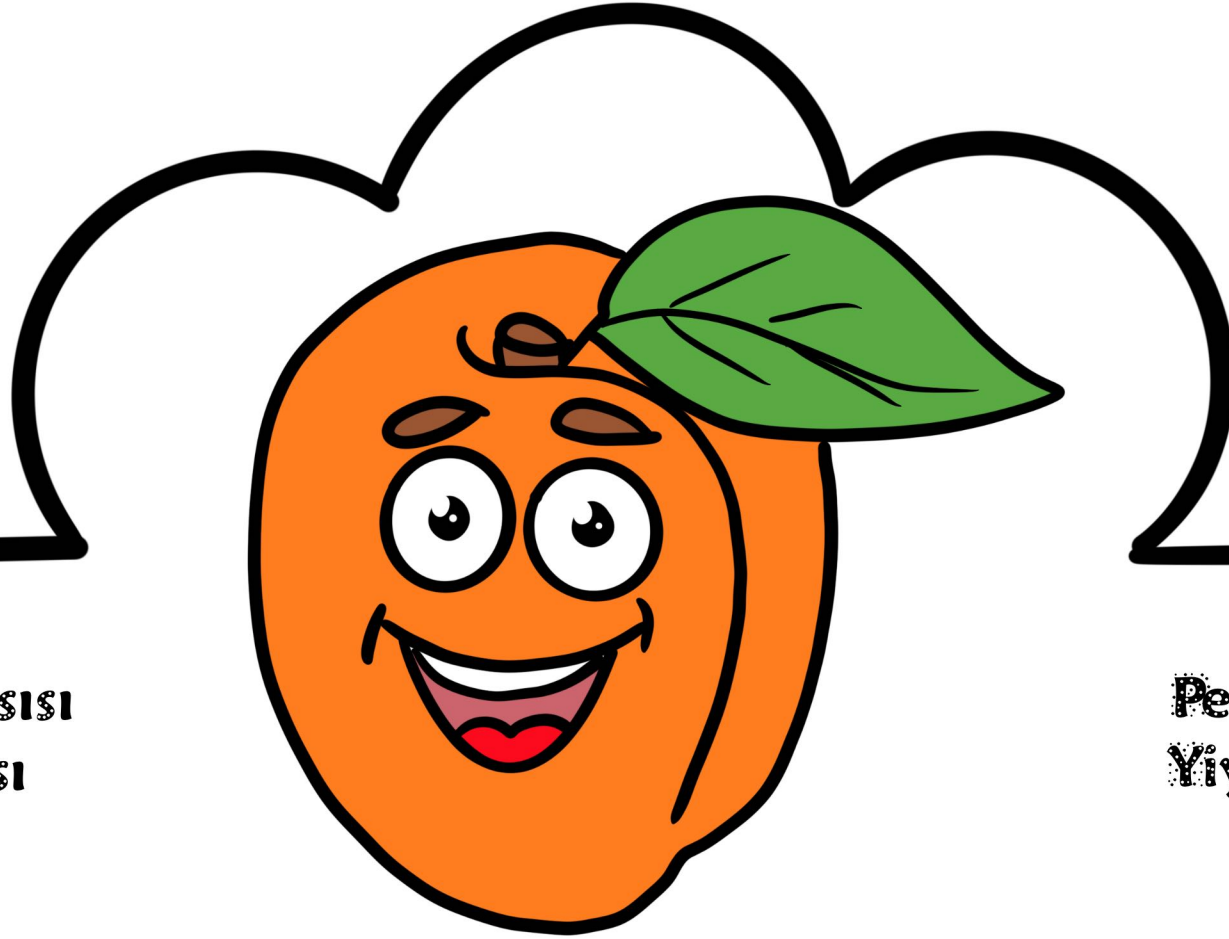
**Patlatınca mısırı
Başlar hemen eğlence**



**İstersen kaynatarak ye
Öyle daha güzel bence**



MISIR



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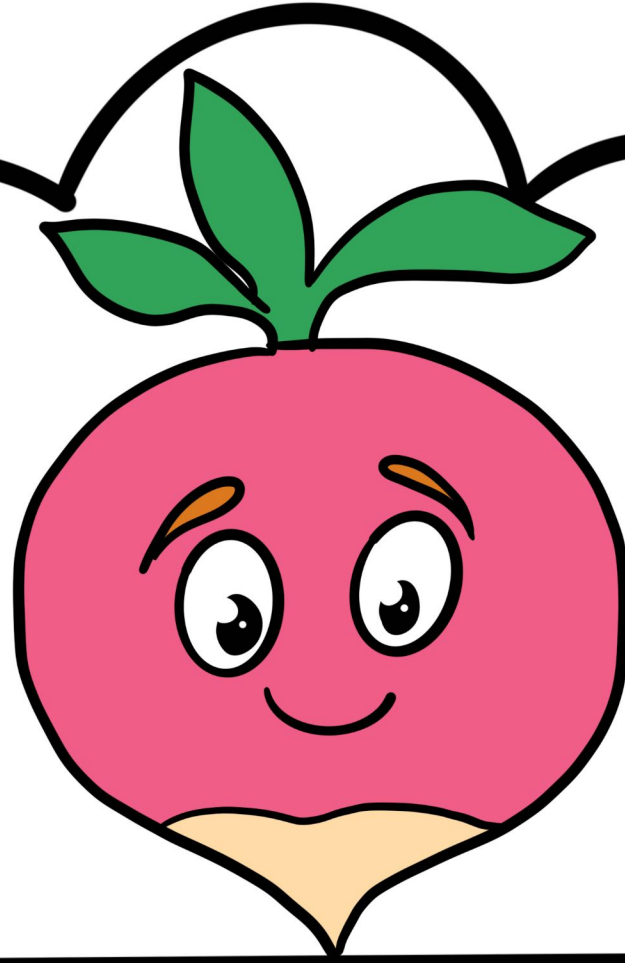
Malatya'ya kayısı
Yemişlerin nazlısı



Pestili de yapılır
Yiyenler pek bayılır



KAYISI



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Görünce beğenmedim
Ama tadını çok sevdim



O güzelim turpları
Salataya rendeledim

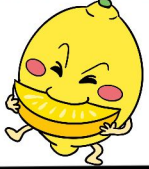


TURP

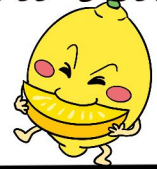


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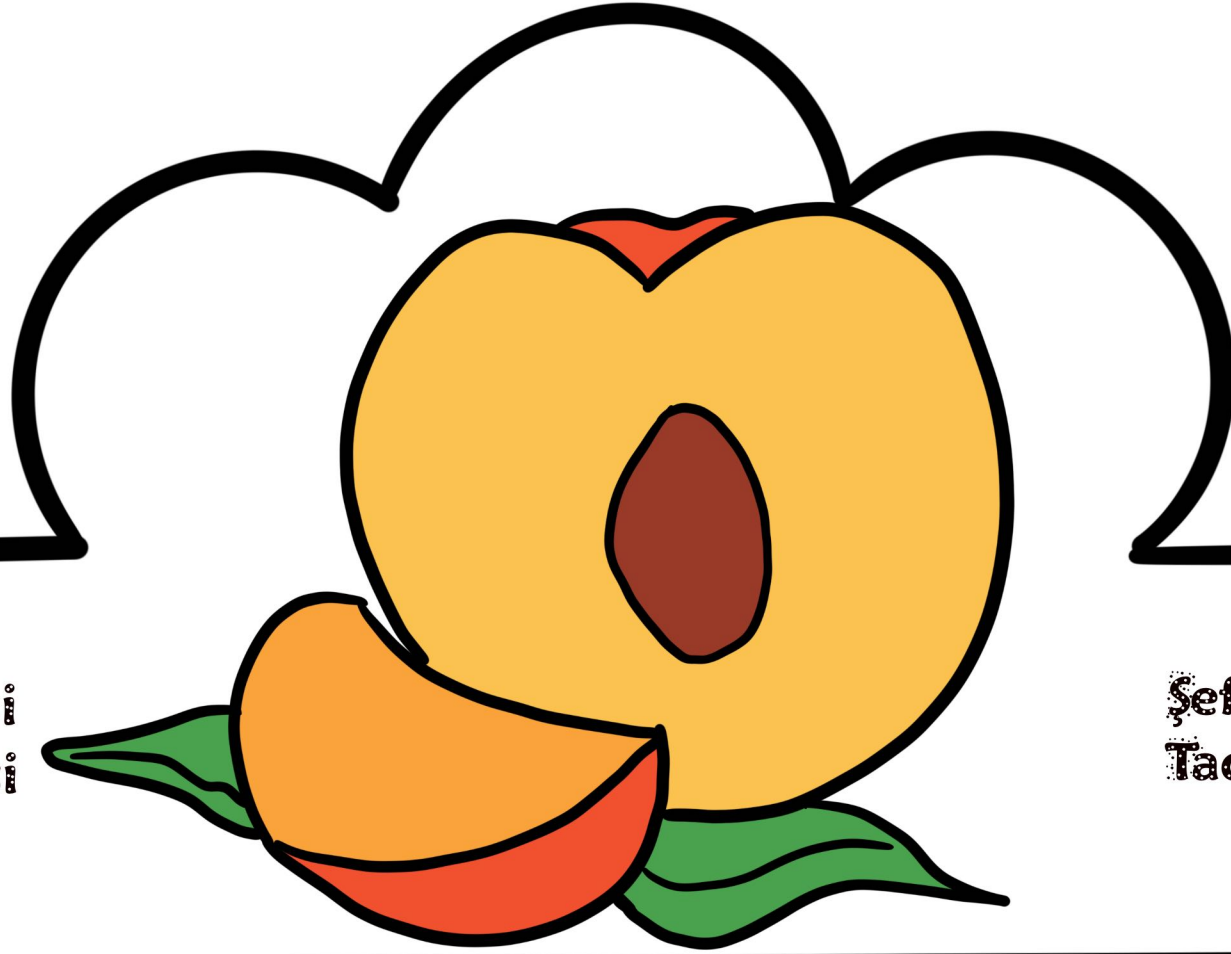
Hasta olursan eğer
Hemen onu hatırla



Ekşi sulu bir limon
Kaldırır seni ayağa

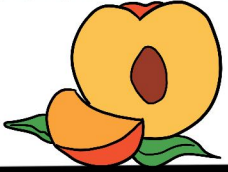


LİMON

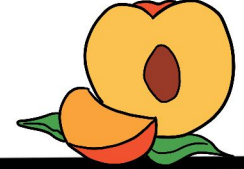


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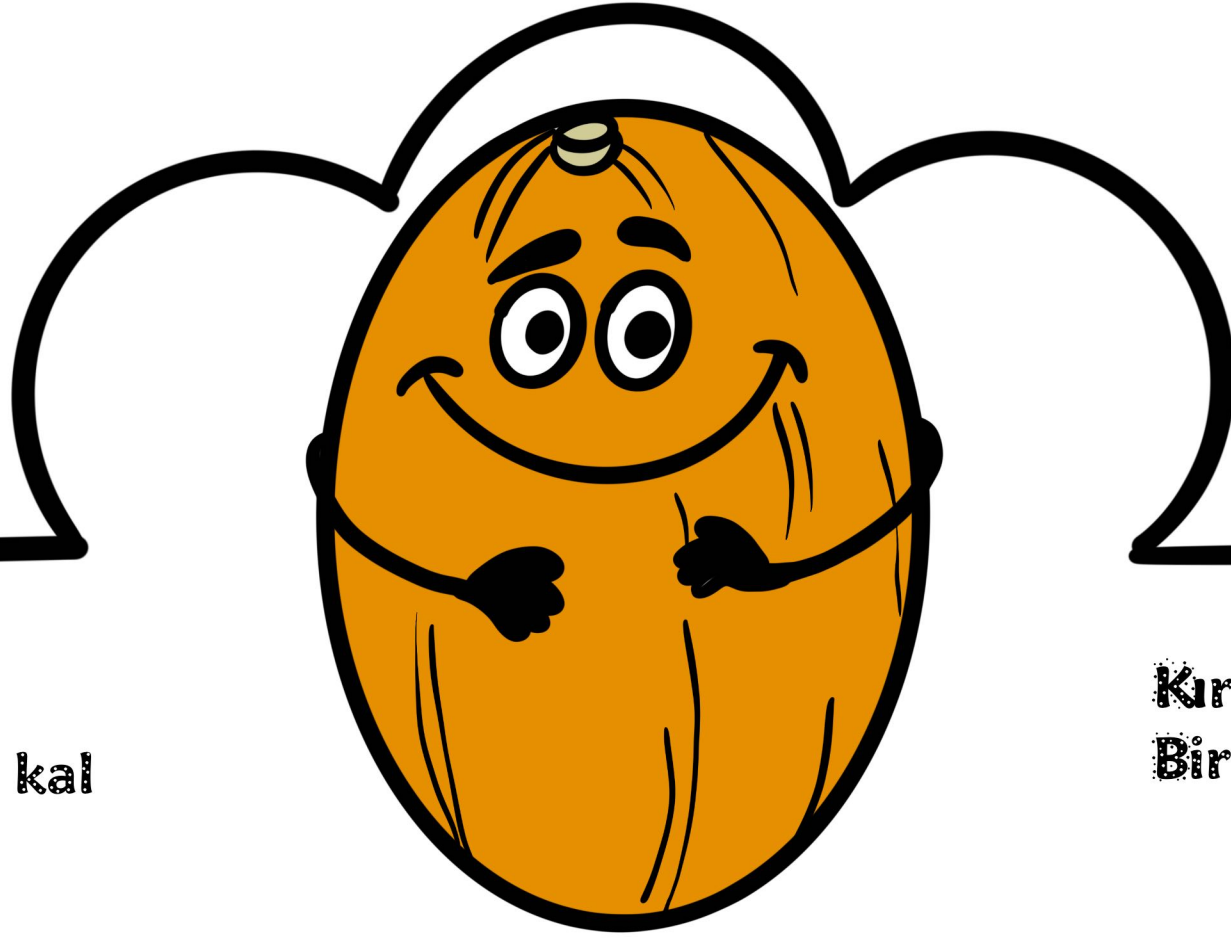
Bursa'nın şeftalisi
Kilodur bir tanesi



Şeftaliyi kim sevmez
Tadına doyum olmaz

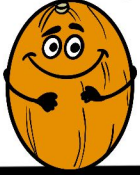


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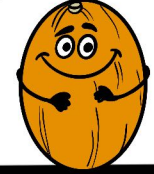


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Kavunu kokla al
O tadına hayran kal



Kırkağaç'ın kavunu
Bir değil on tane al



KAVUN



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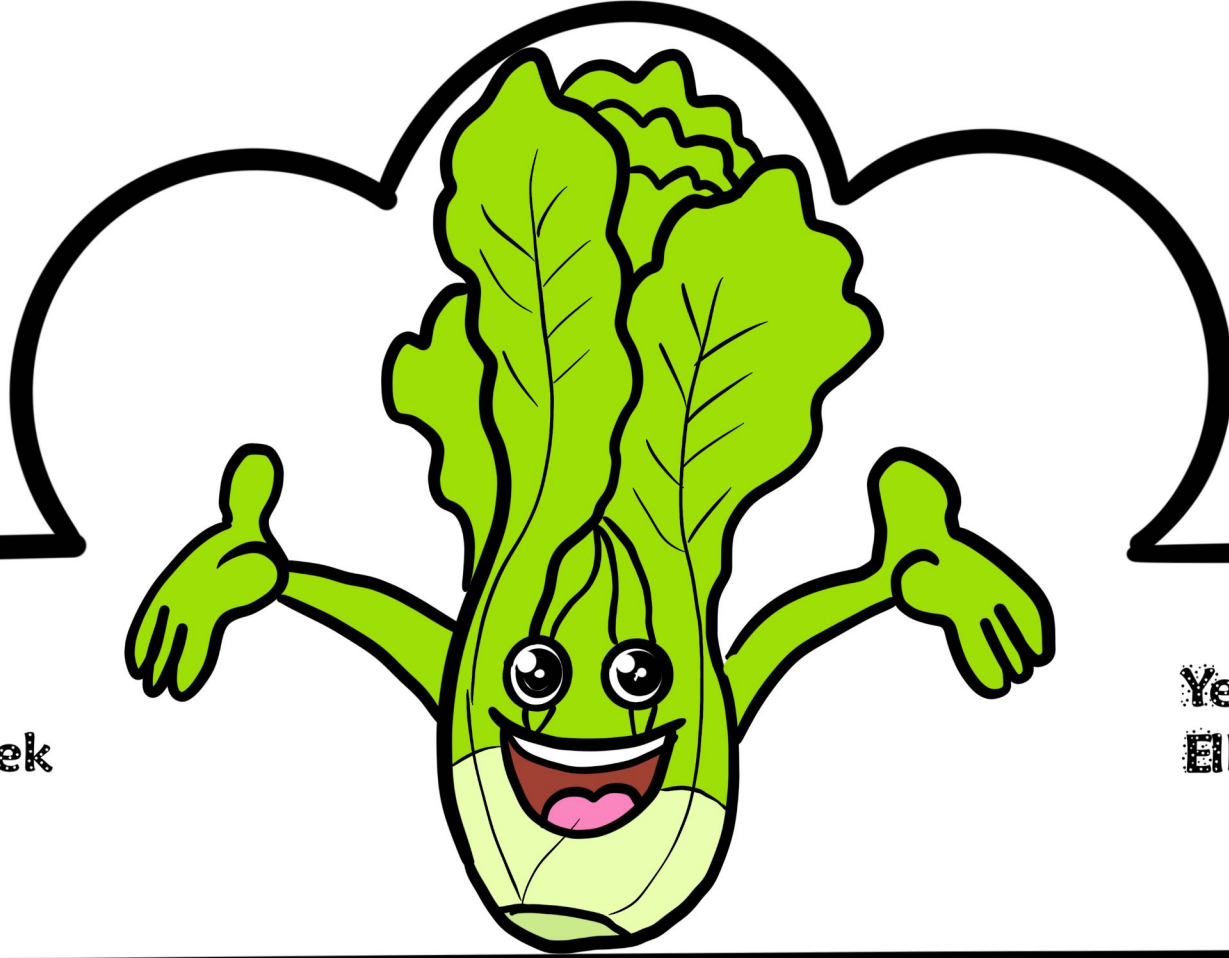
Giresun zengin olsun
Cebiniz fındık dolsun



Kırılır çıtır çıtır
Hem besler hem ısıtır

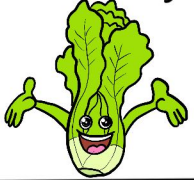


FINDIK

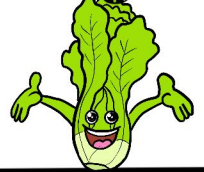


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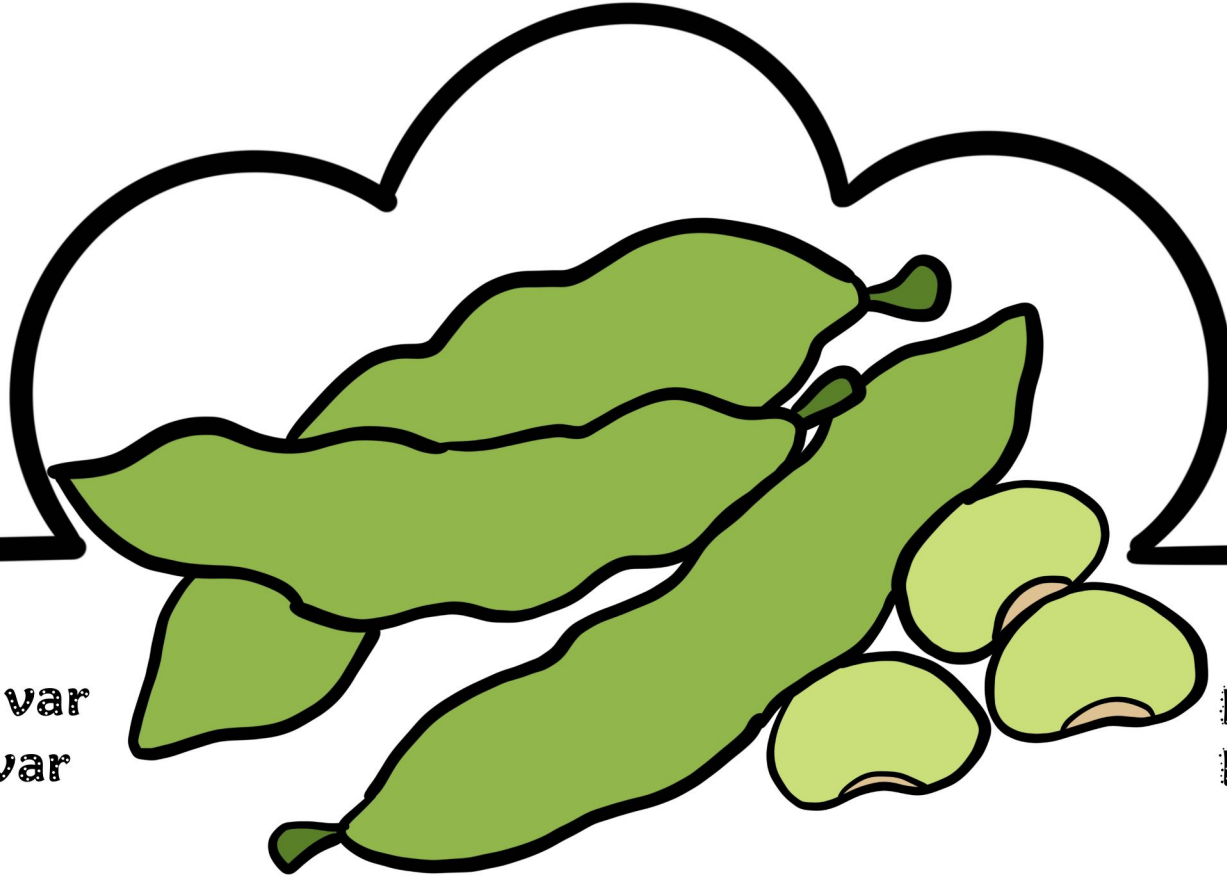
**Salatasız yemek
Eksik kalmış demek**



**Yeşil taze bir marul
Elbette sağlık demek**

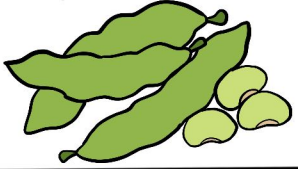


MARUL

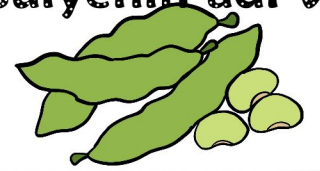


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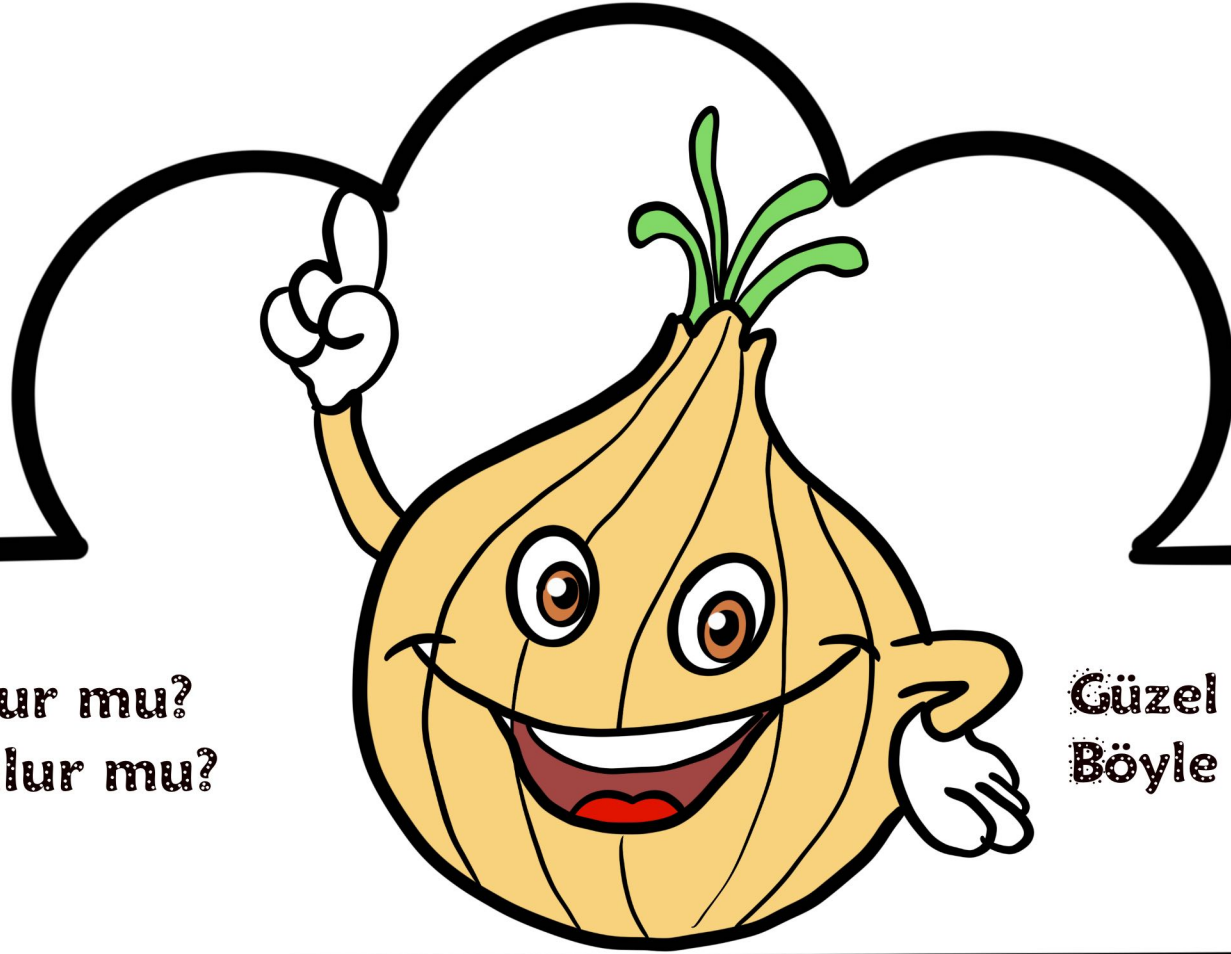
Tazesi var kurusu var
Ne de güzel tadı var



Etili ya da zeytinyağı
Fasulyenin adı var



FASULYE

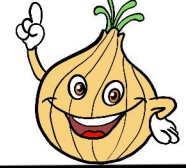


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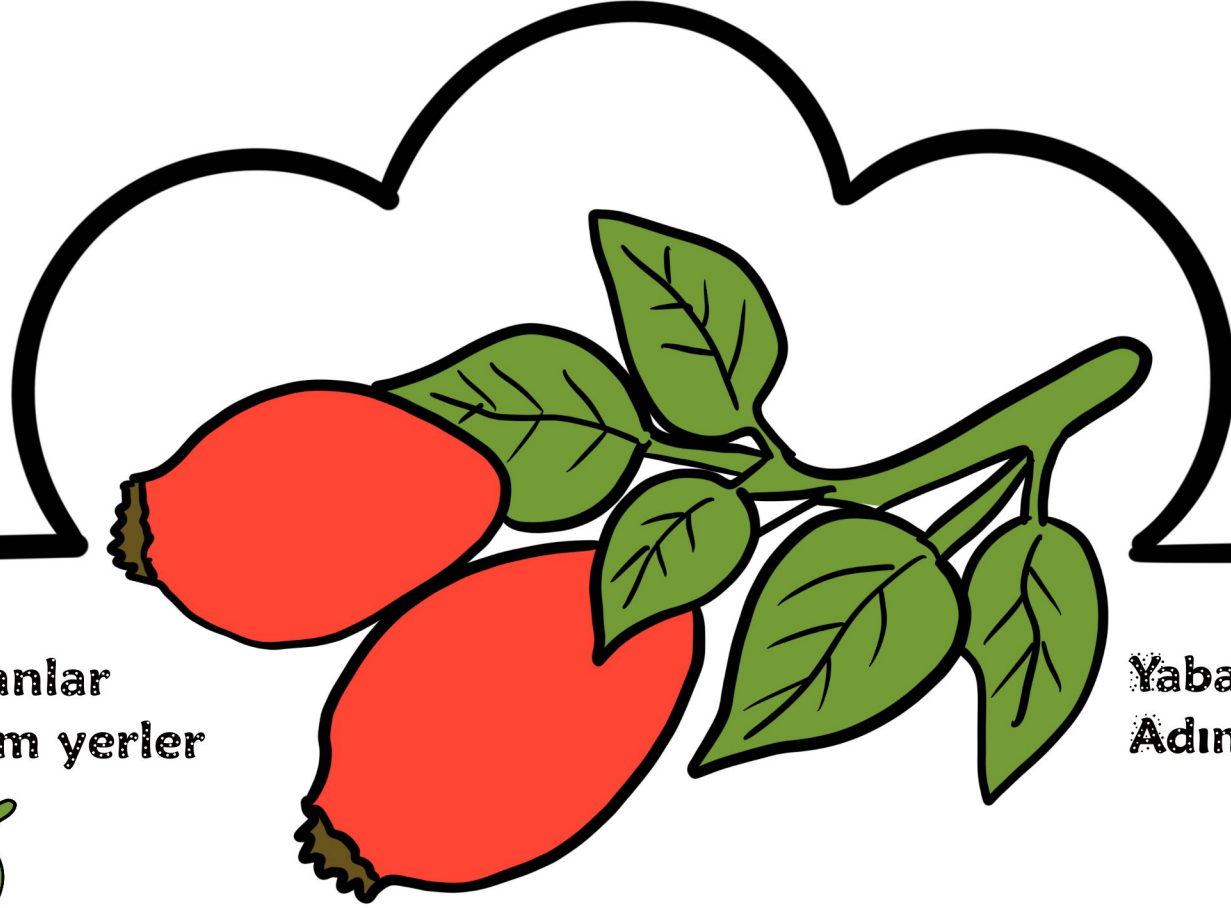
**Yemek onsuz olur mu?
Tadına hiç doyulur mu?**



**Güzel soğan sarı soğan
Böyle ağlatmak olur mu?**

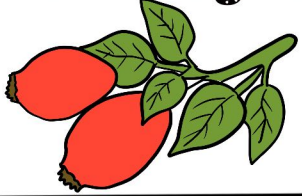


ŞOĞAN

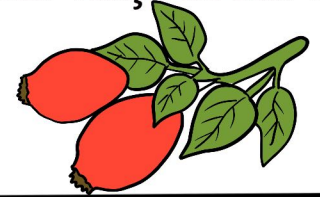


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**Yol kenarları ormanlar
En çok bulunduğum yerler**



**Yabani bir meyveyim ben
Adıma kuşburnu derler**

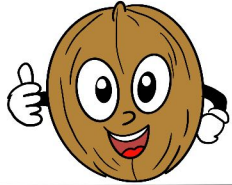


KUŞBURNU



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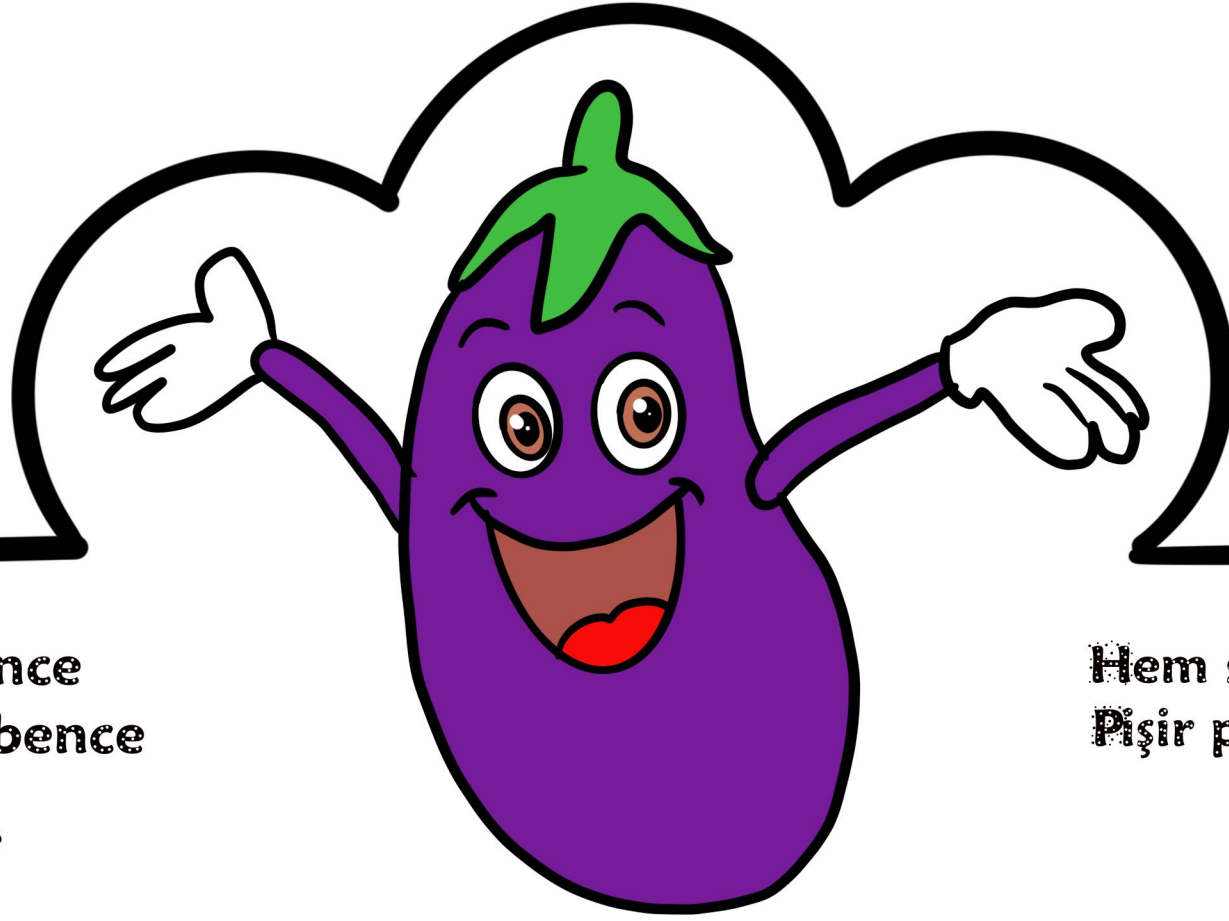
**Cevizi de unutma
Beslenmek zorundasın**



**Pestiline sar da ye
Kuvvet versin diyorsan**

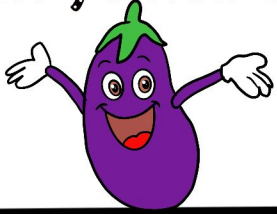


CEVİZ

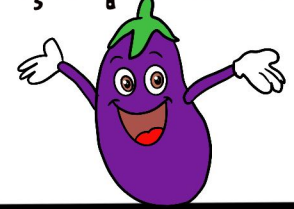


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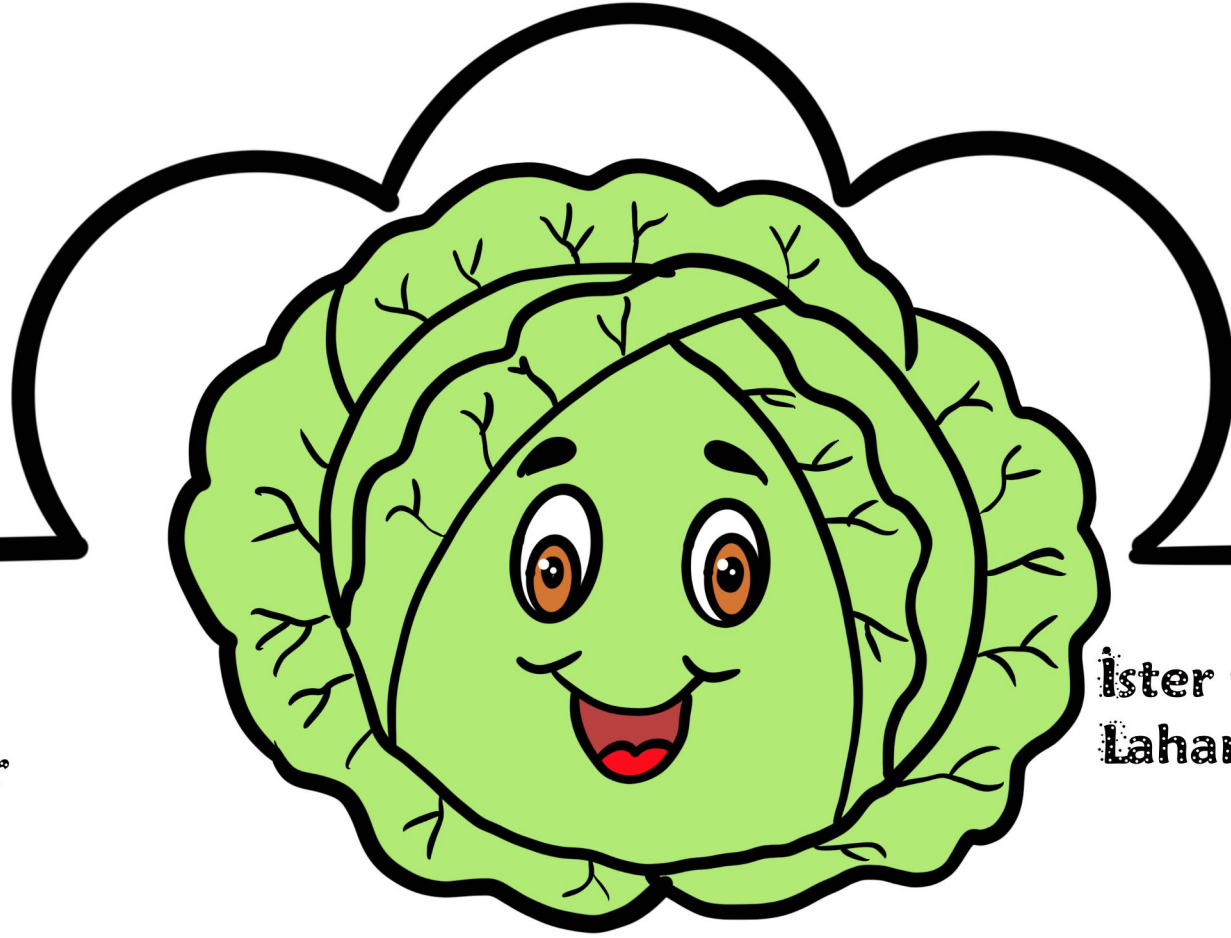
**Yaz gelince ilk önce
Patlıcan yemeli bence**



**Hem sağlıklı hem lezzetli
Pişir pişir patlıcan ye**



PATLILICAN



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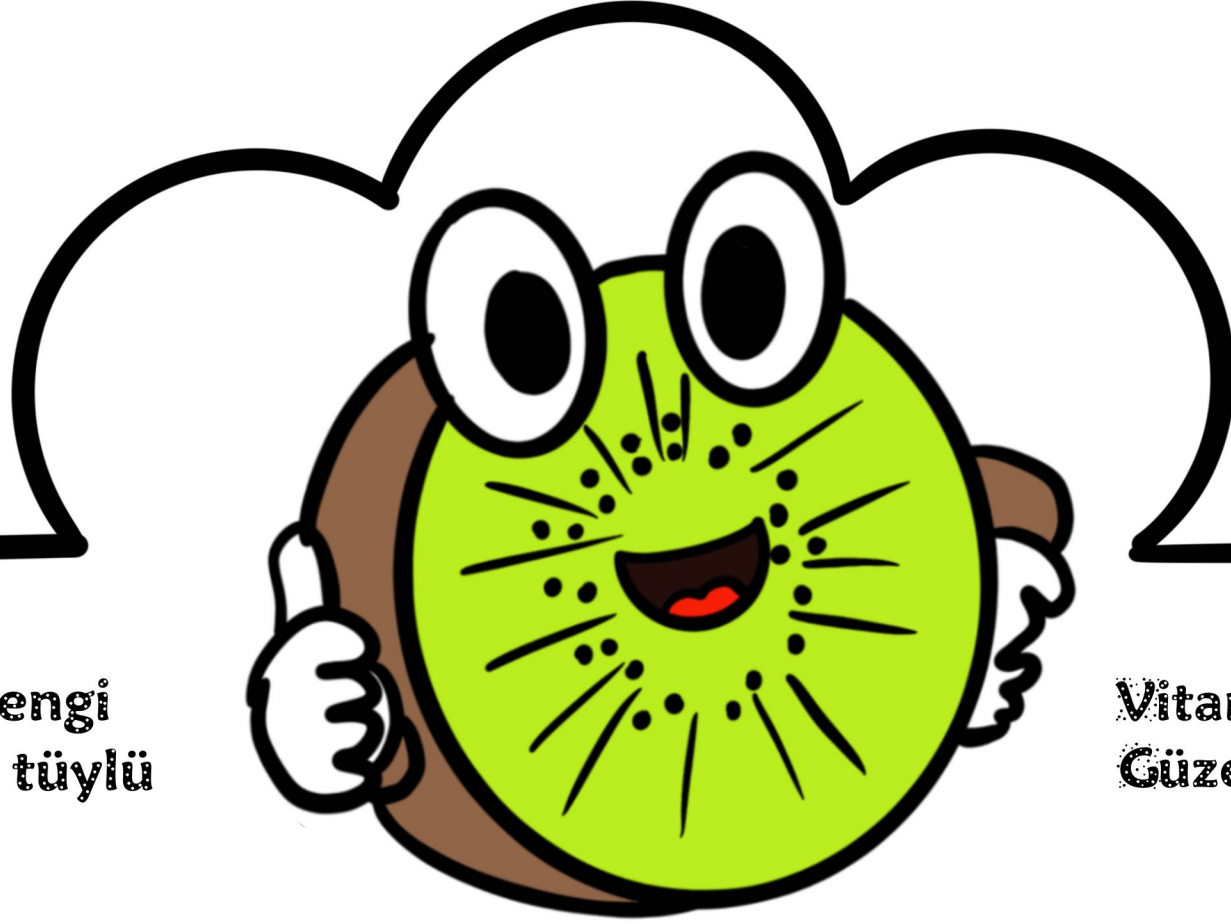
**Kat kat yapraklar
İçinde neler saklar**



**İster turşu yap ister sar
Lahanasız ev neye yarar?**



LAHANA



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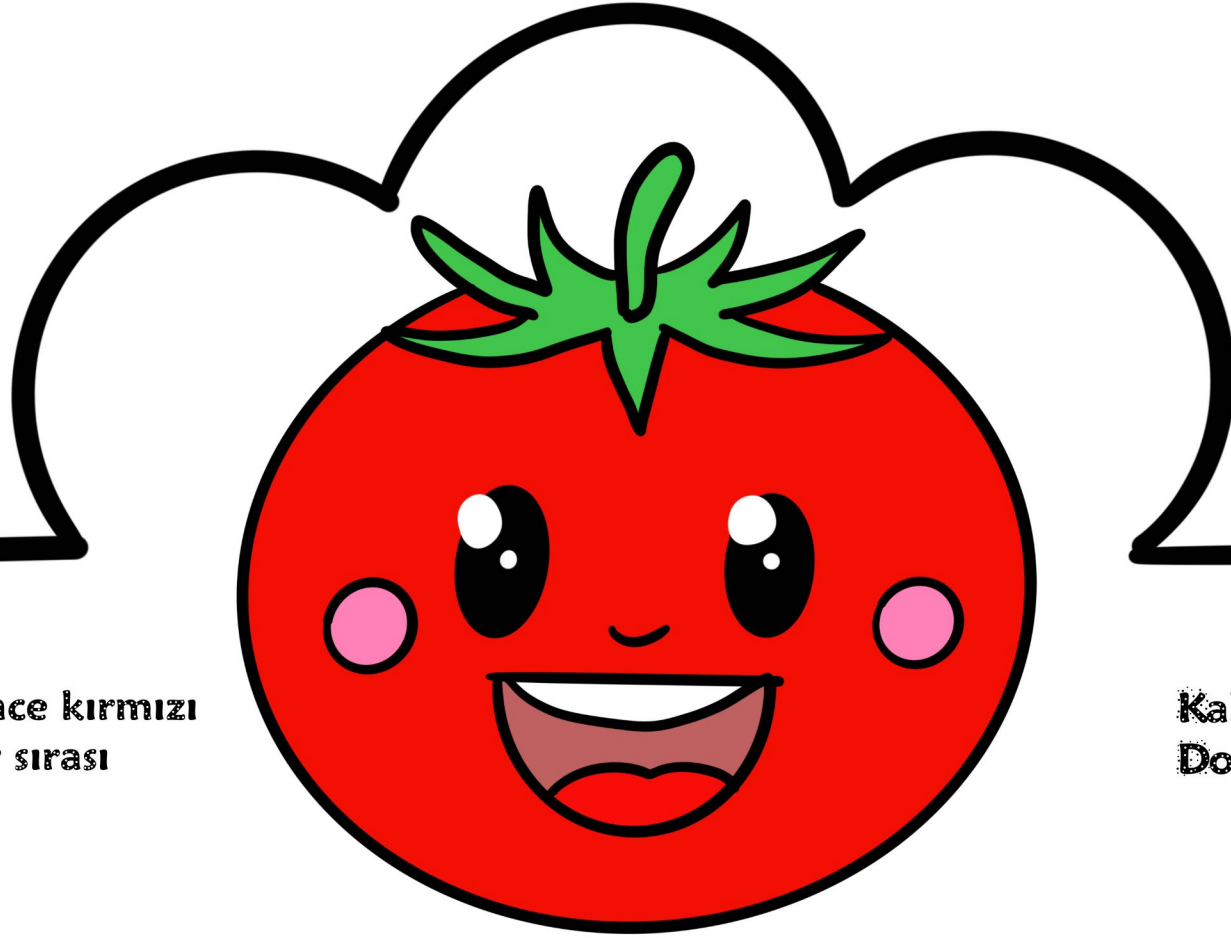
**Yeşilimsi kahve rengi
Kabuğu var üstü tüylü**



**Vitaminsiz çok zengin
Güzel Anadolu meyvesi**



KIVI



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Küçükken yeşil büyüyünce kırmızı
Sebzelerin başında iktir sırası



Kahvaltıda yemekte
Domates kullanmalı bence



DOMATES



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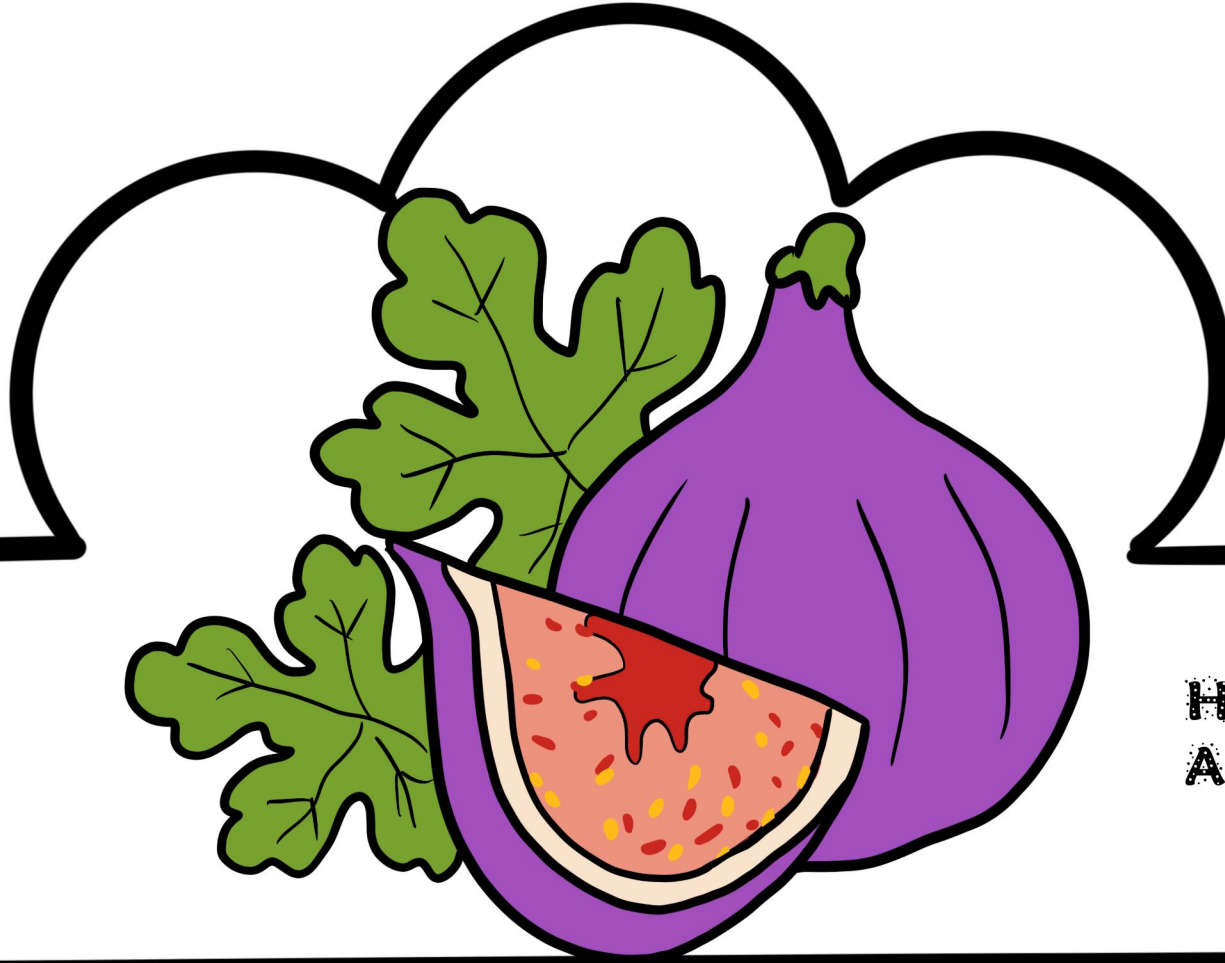
Uzun saplı bir meyveyim
Taze ilken yenilirim



Kurutulmuşum lezizdir
Yiyene kuvvet veririm



DUT



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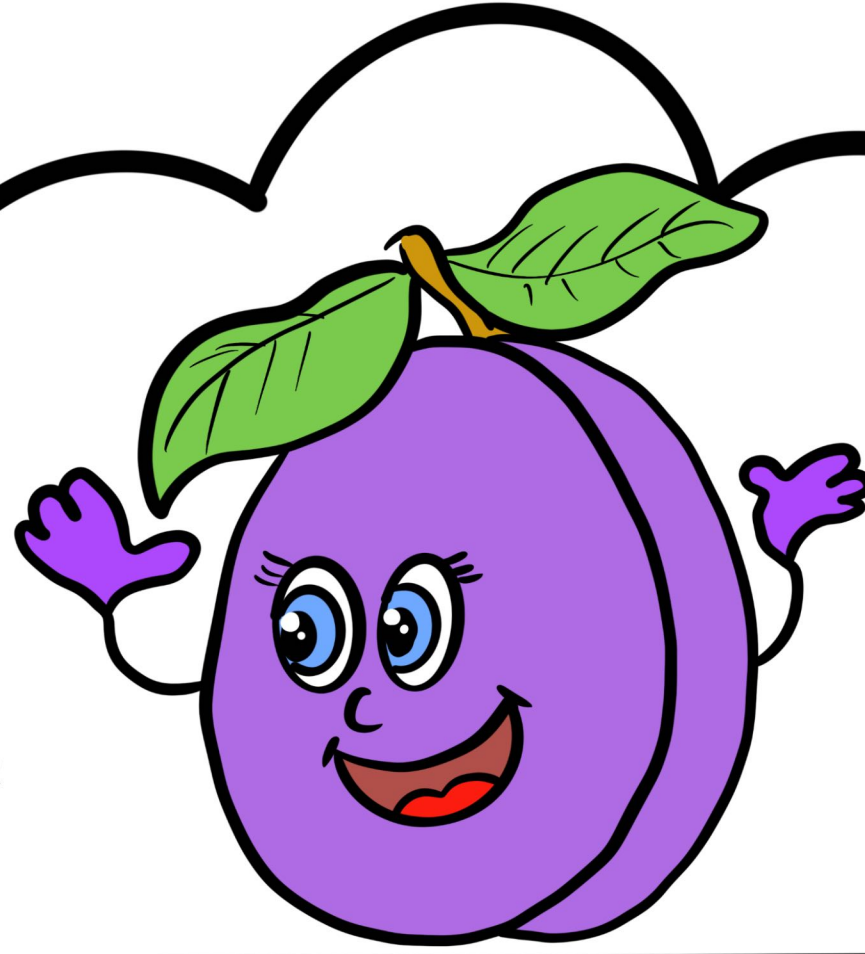
Tatlı Aydın inciri
Pek güzel iri iri



Hurma alma, incir al
Ağzına aksın bal

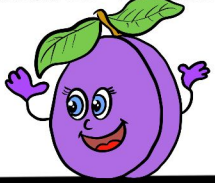


İNCİR

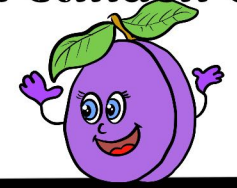


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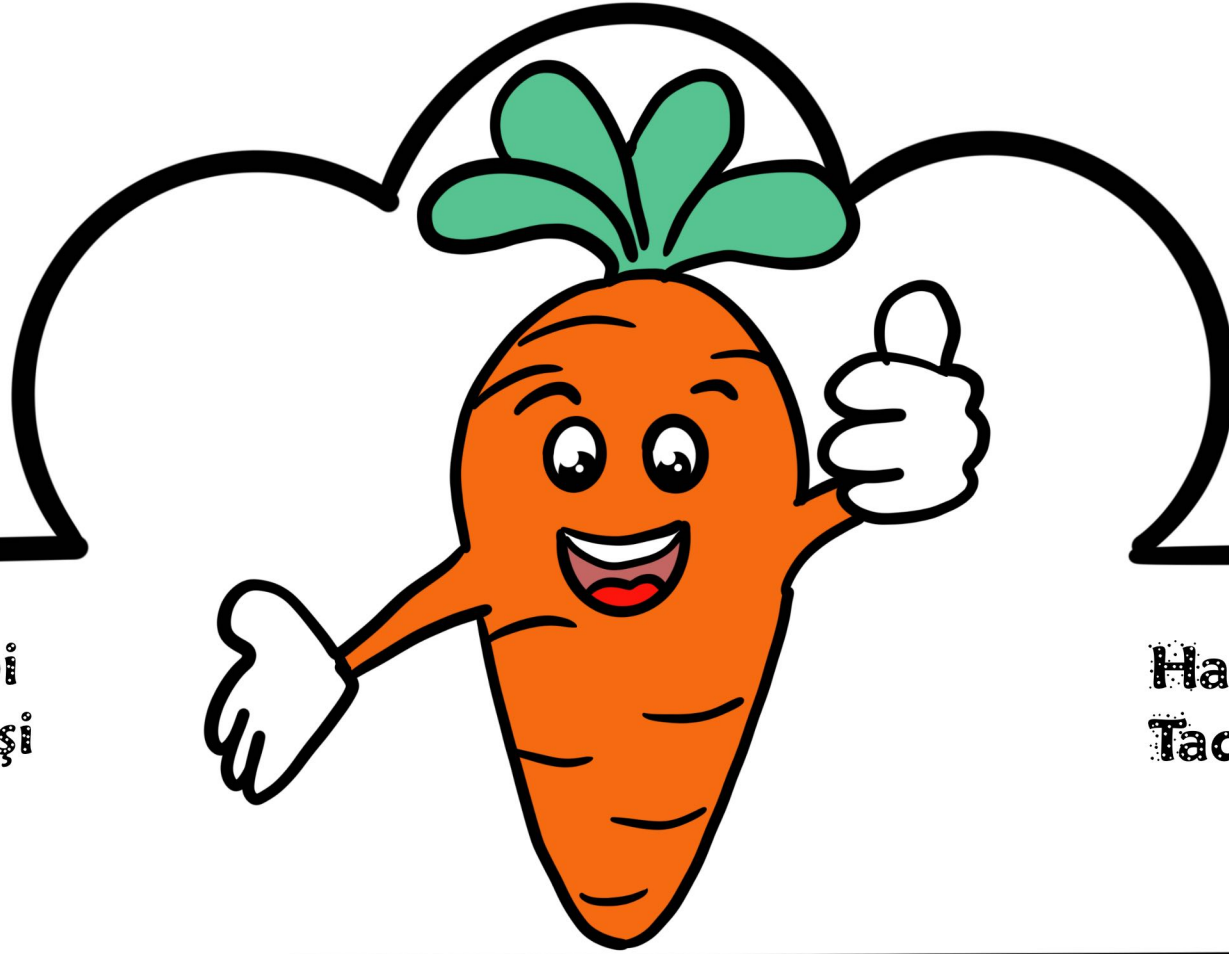
Uzunca ve mor benekli
Bir eriktir mürdüm türü



Açık yeşili aranır
Tatlı etinden ötürü

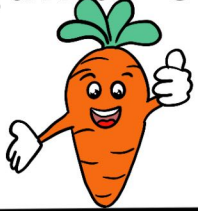


ERİK

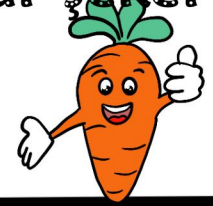


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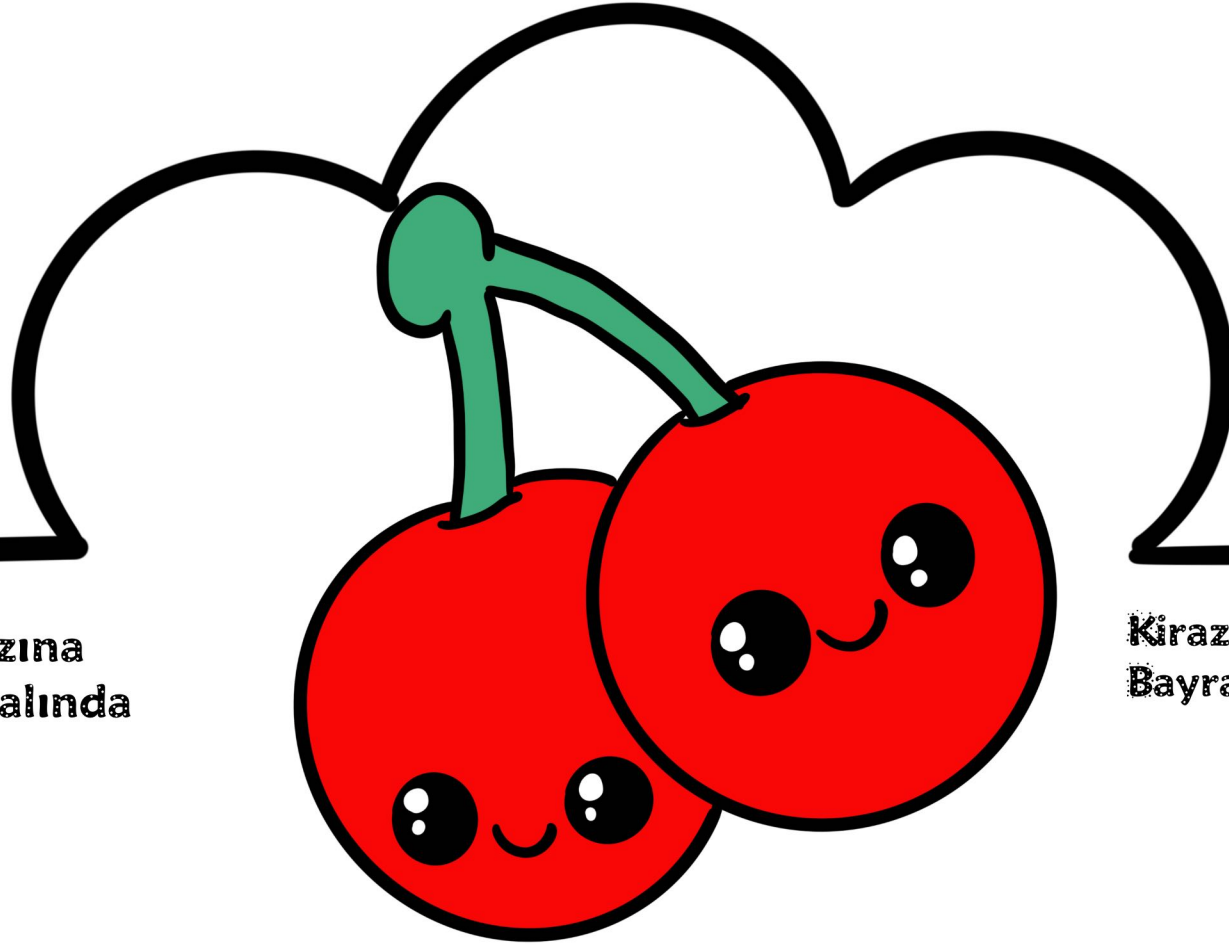
Rengi güneş gibi
Tavşanlar bilir işi



Havuç yiyin arkadaş
Tadı var şeker gibi

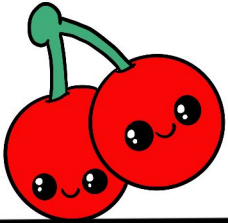


HAVUÇ

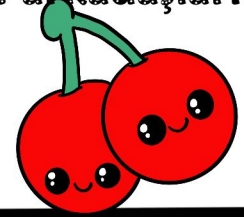


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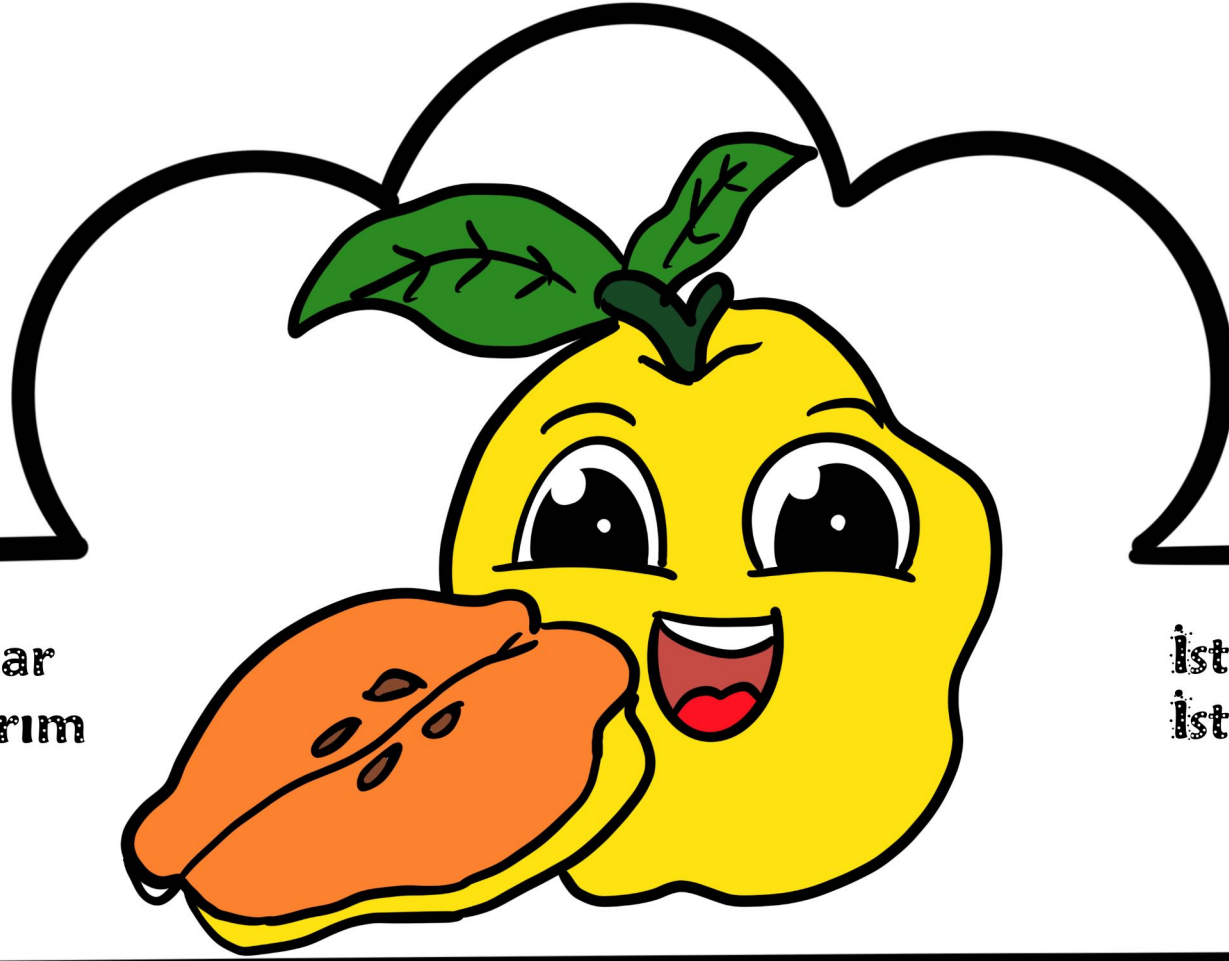
Ülkemin dayanır ayazına
Renk renk görünür dalında



Kirazdır en sevdiğim yemiş
Bayramdır bu meyveler bana
ve arkadaşlarıma

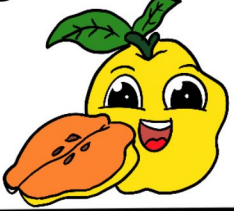


KİRAZ

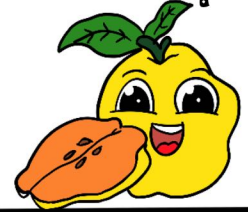


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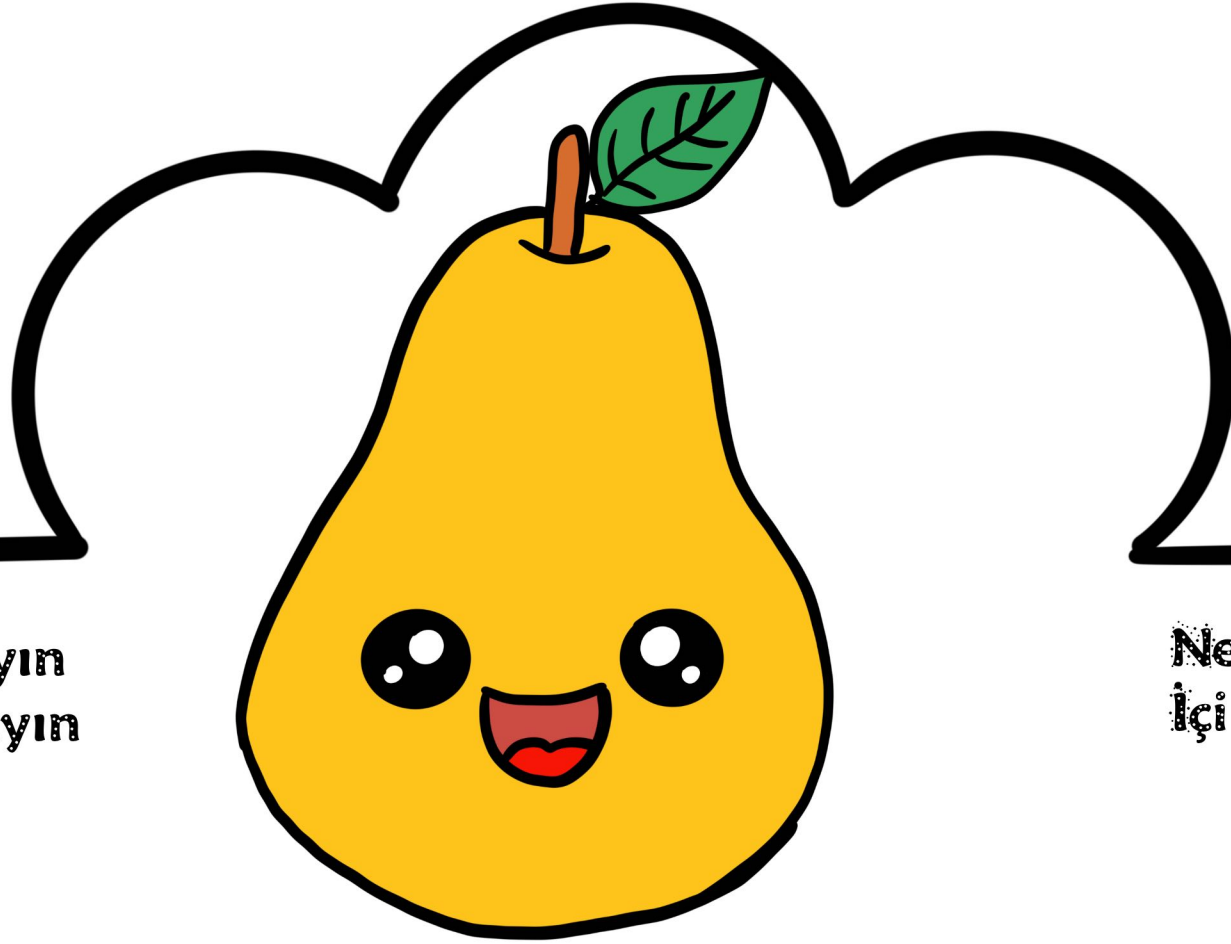
Sarı sarı rengim var
Ne güzel de kokarım



İstersen reçel yap ye
İstersen kompostomu



AYVA



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Armudu unutmayın
Onu da baştan sayın



Ne güzeldir kokusu
İçi dolu ballı su



ARMUT



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**Sebze deyip kanmayın
İspanaksız kalmayın**



**Kışın yiyin bol bol
Böyle kısa kalmayın**



İSPANAK