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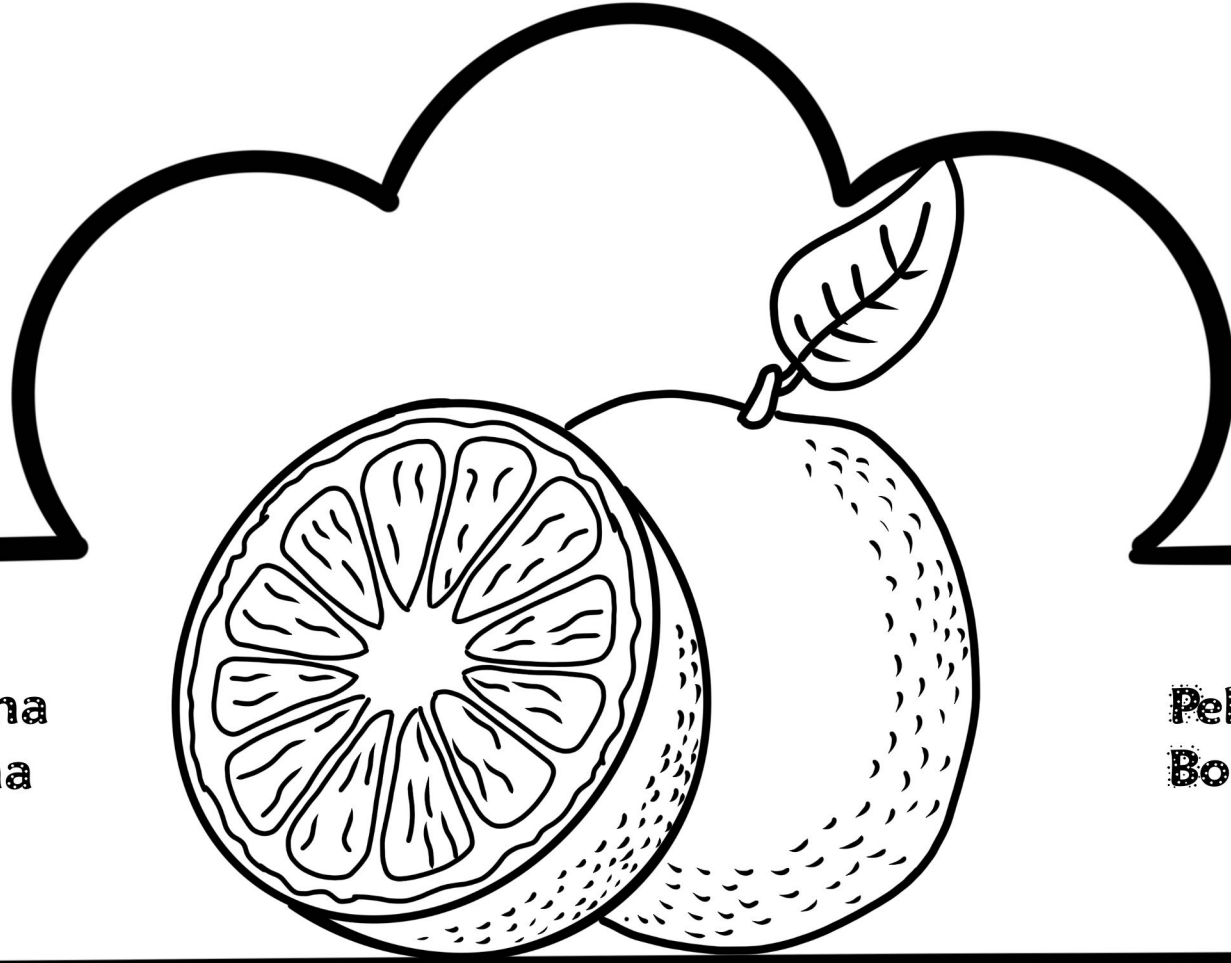
**Çayımız hep yerlidir
Evimizde gelenektir**



**Sabah öğle akşam
Çay içeriz bol bol**

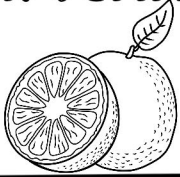


ÇAY



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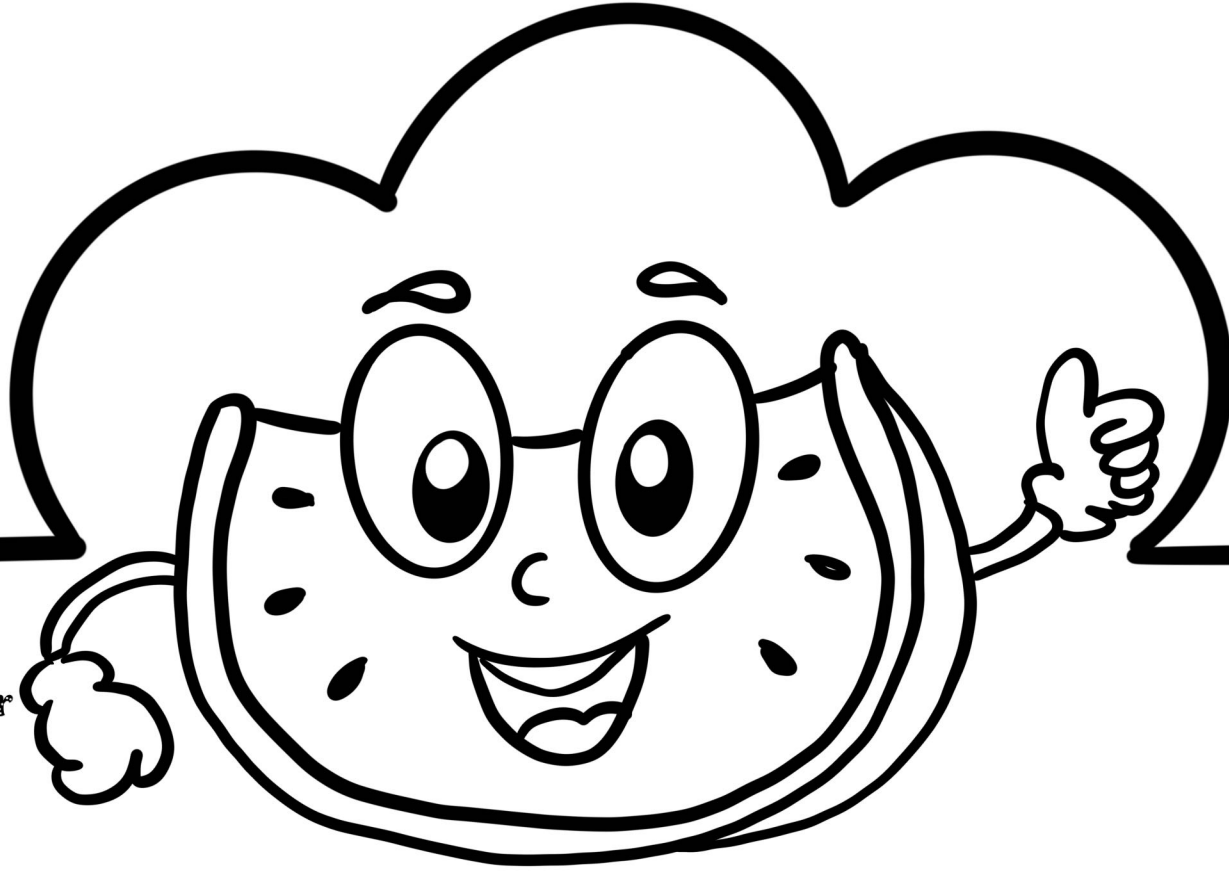
**Adımdır mandalina
Sağlık veririm sana**



**Pek sevimli meyveyim
Bol bol yiyin bakalım**

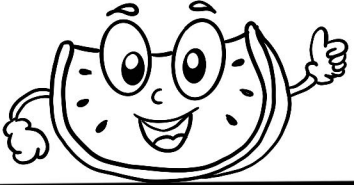


MANDALINA

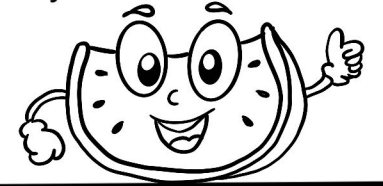


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Diyarbakır'da karpuzlar
Şenlendi bak bostanlar



Tatlı karpuz olmasa
Çekilir mi sıcaklar ?



KARPUZ



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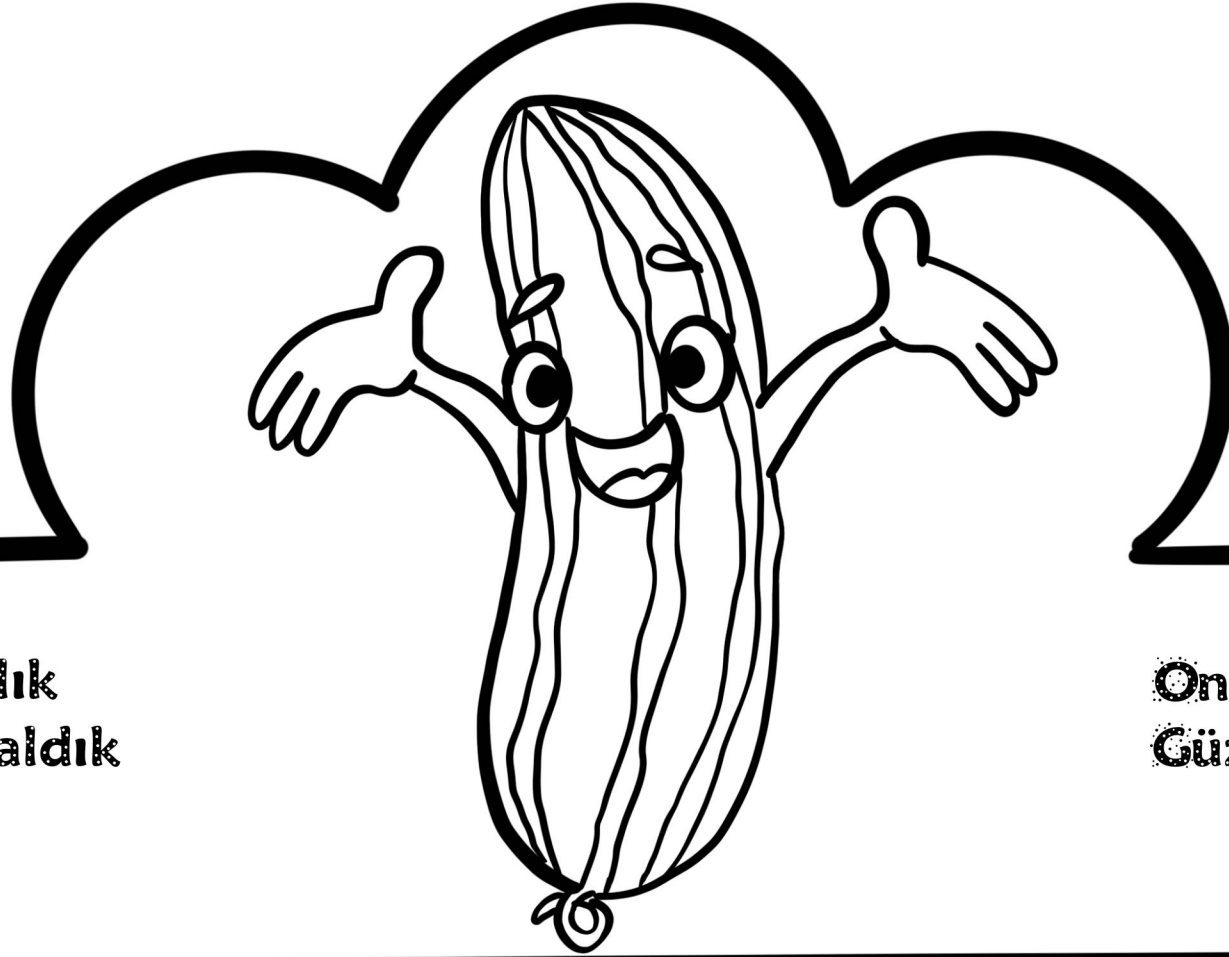
**Marmelatım konservem
Reçelim çok meşhurdur**



**Bende C vitamini
Ayrıca demir boldur**

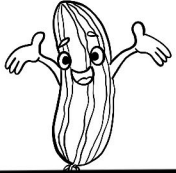


BÖĞÜRTLEN

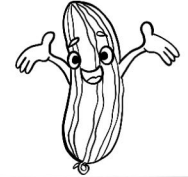


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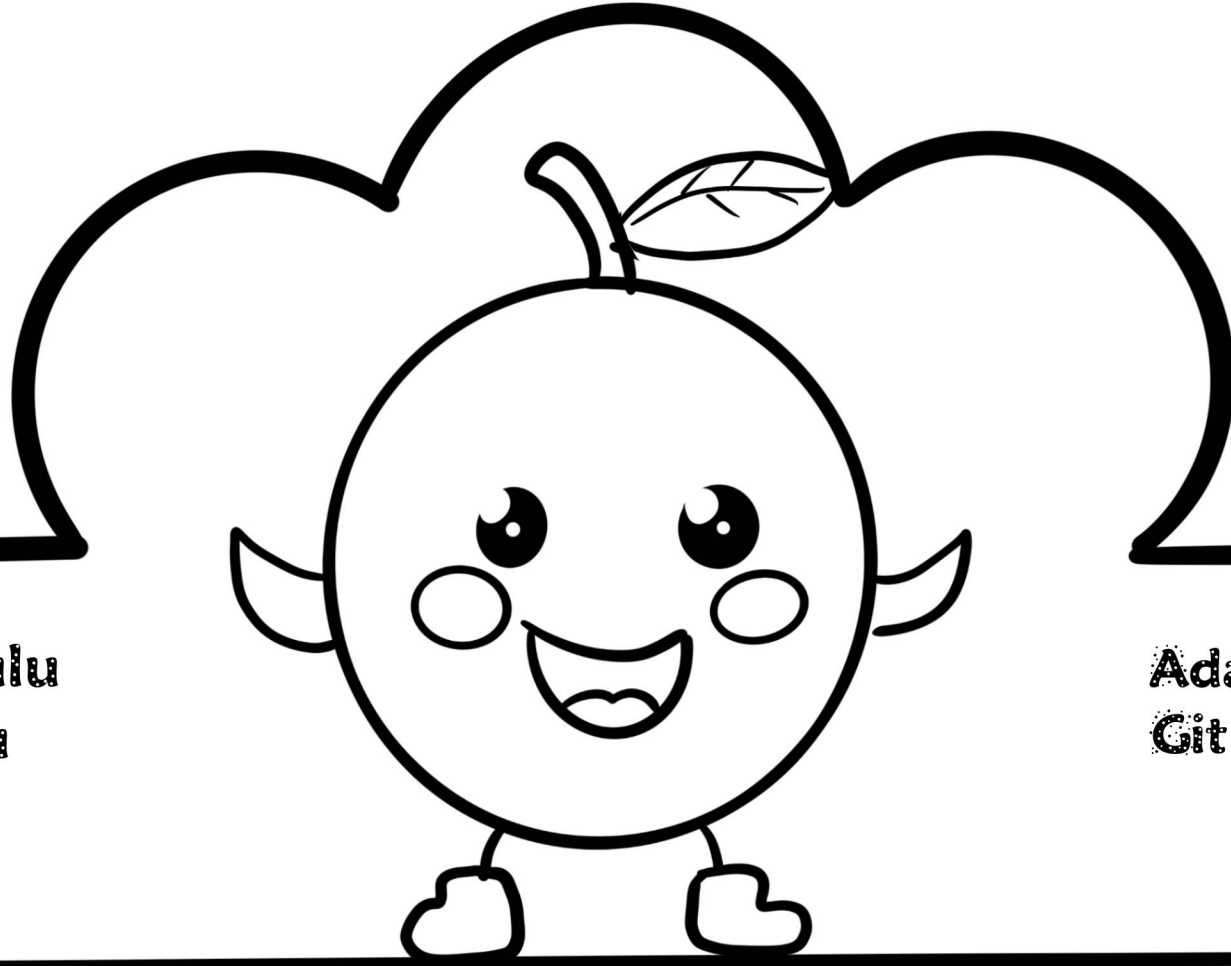
**Uzun yeşil salatalık
Görünce hemen aldık**



**Onunla kahvaltıya
Güzel bir lezzet kattık**



SALATALIK



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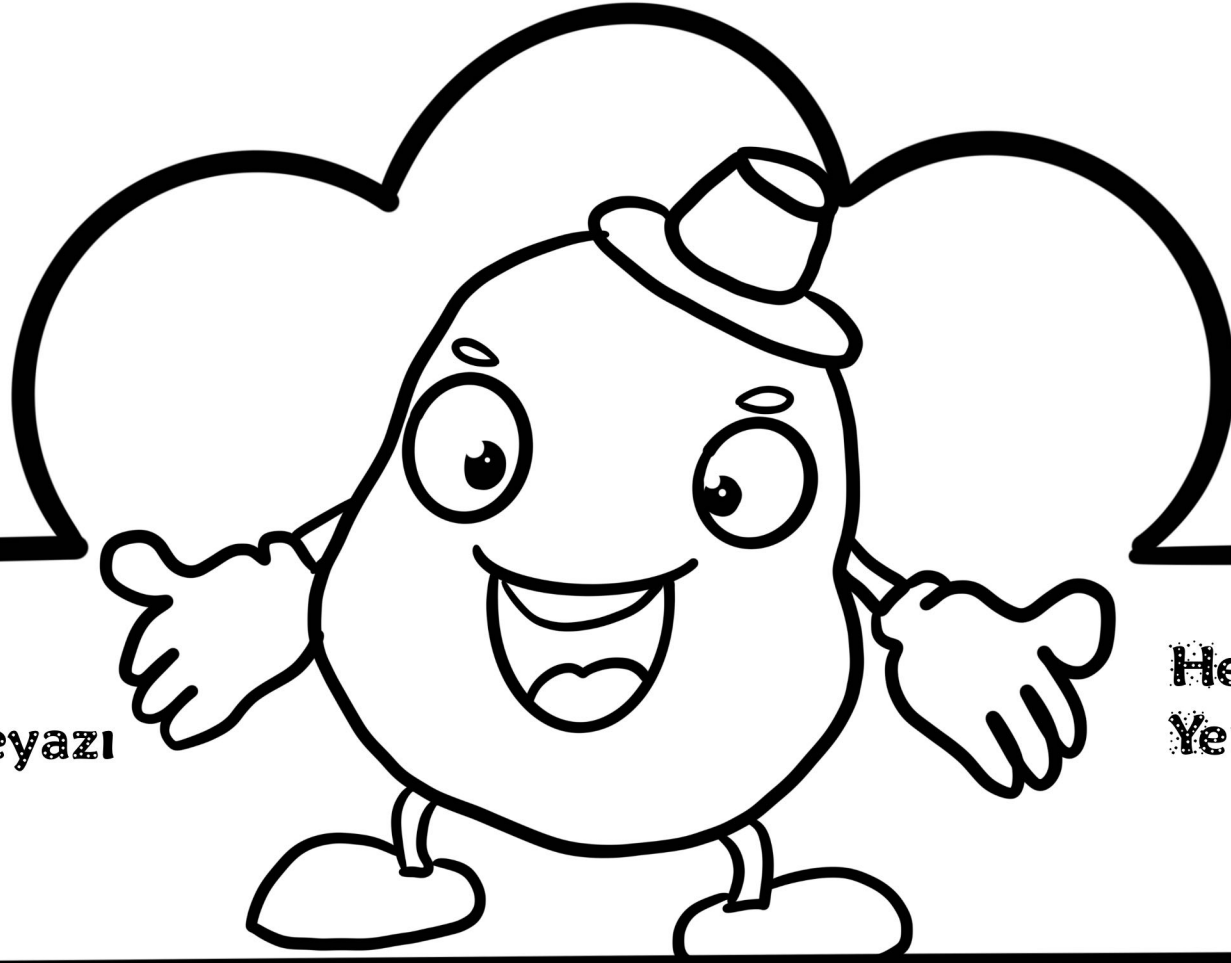
Portakal sulu sulu
İçi vitamin dolu



Adana, Kozan, Dört Yol
Git ağaçtan ye bol bol

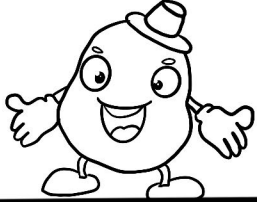


PORTAKAL

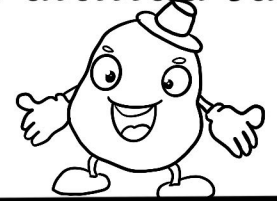


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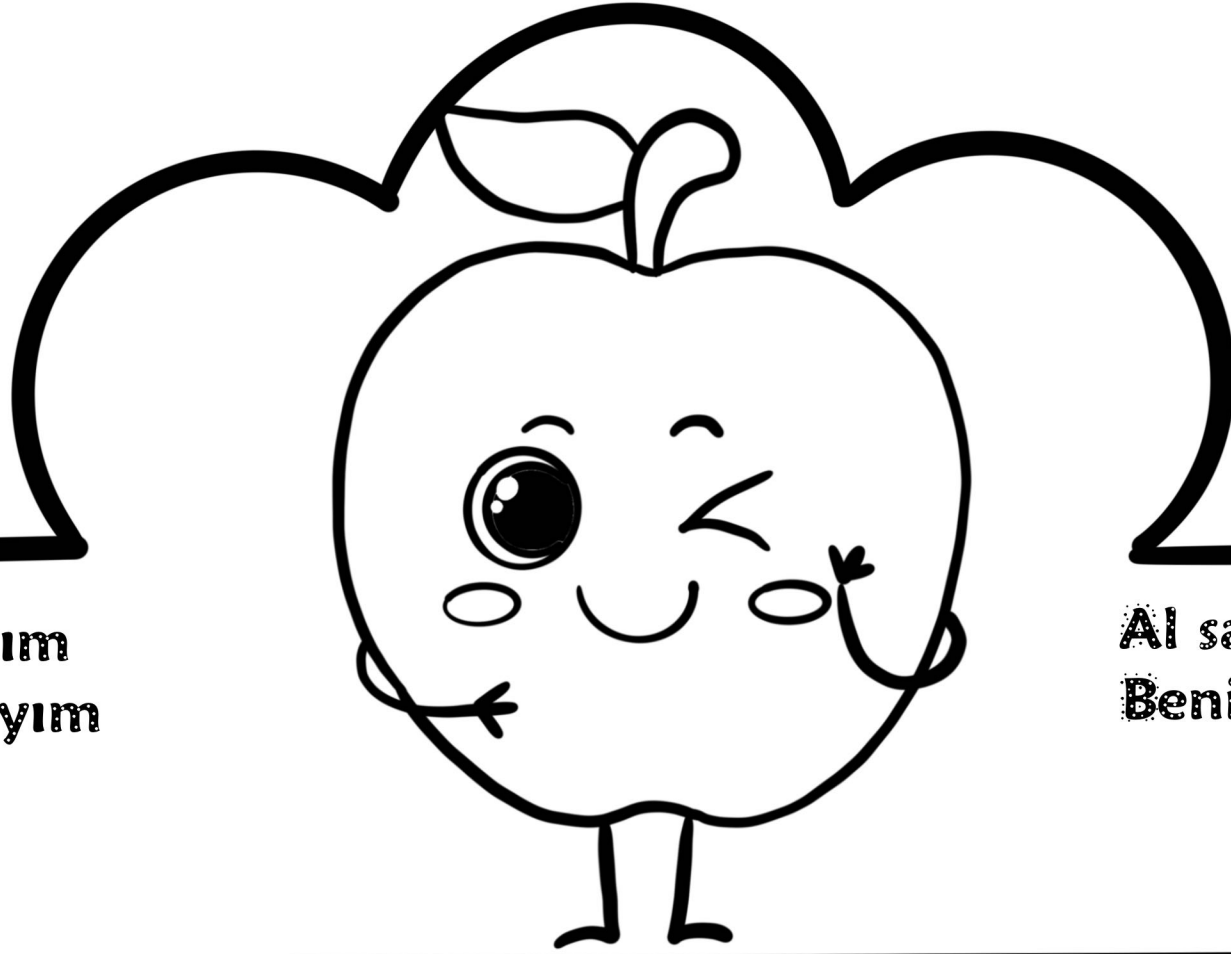
Ödemiş'te sarısı
Kars'ta ise var beyazı



Her yemeğin başıdır
Yerin altında saklıdır

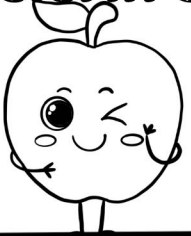


PATATES

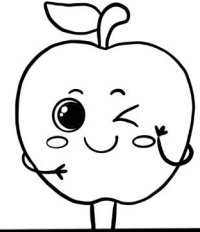


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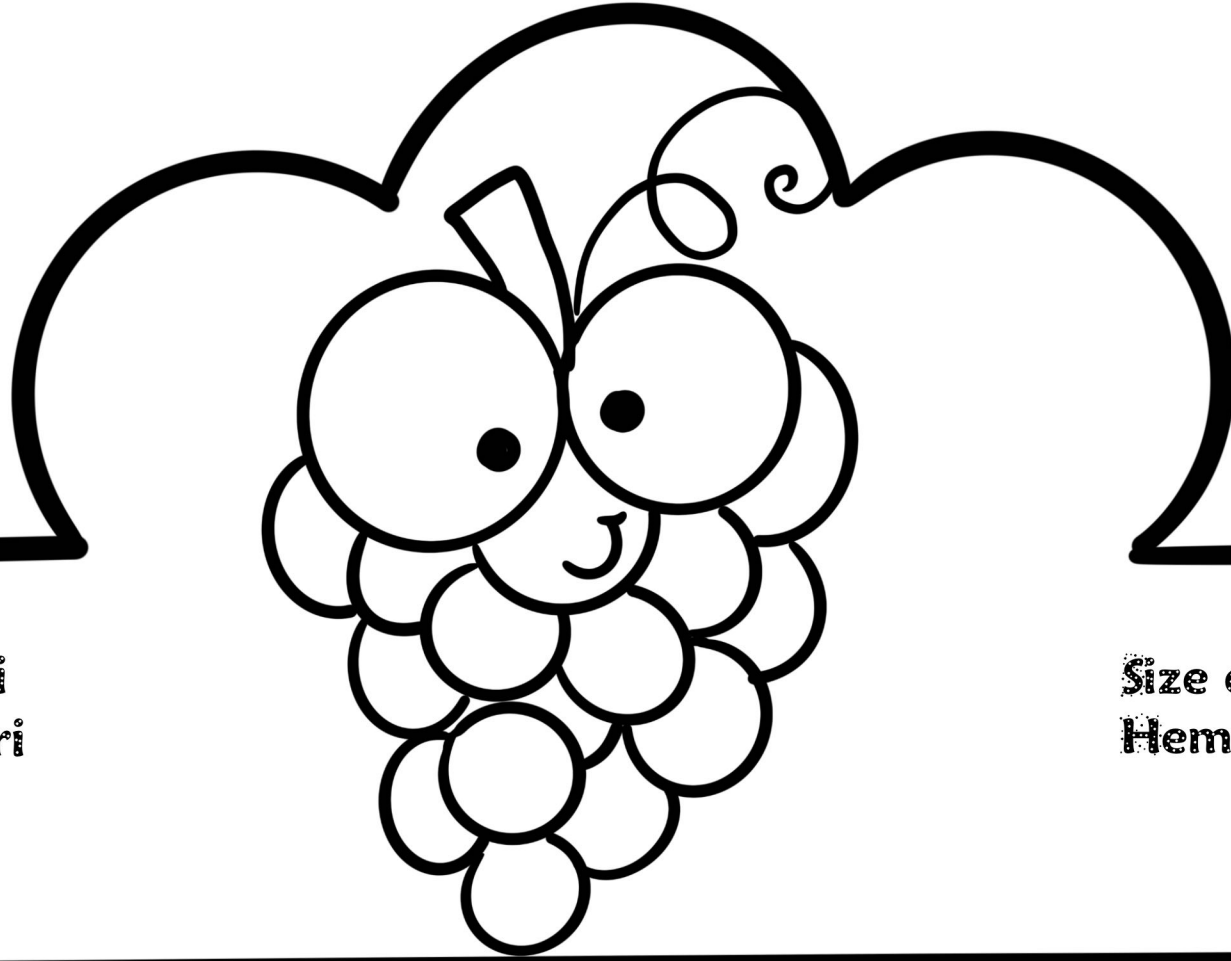
Amasya elmasıyım
Meyvelerin başıyım



Al sarı yanağım var
Beni yersen kan yapar

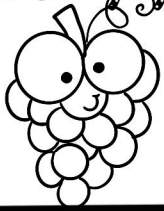


ELMA

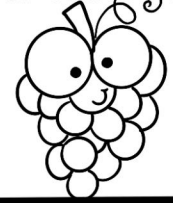


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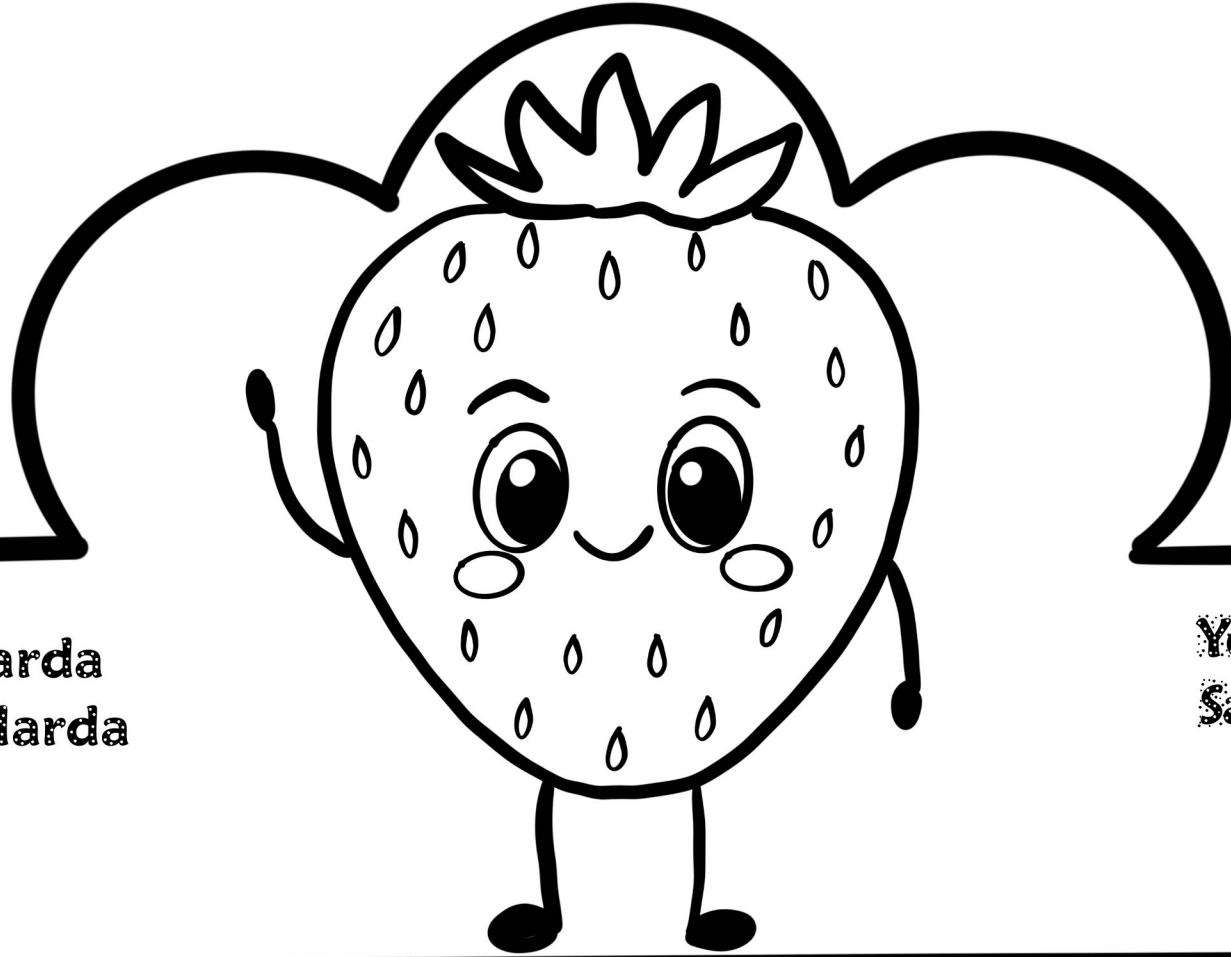
İzmir'in üzümleri
Coşturur yiyenleri



Size enerji verir
Hem kuru hem taze yenir

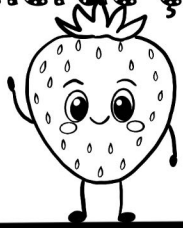


ÜZÜM

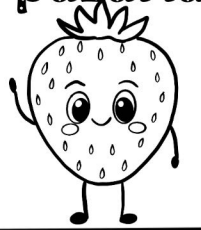


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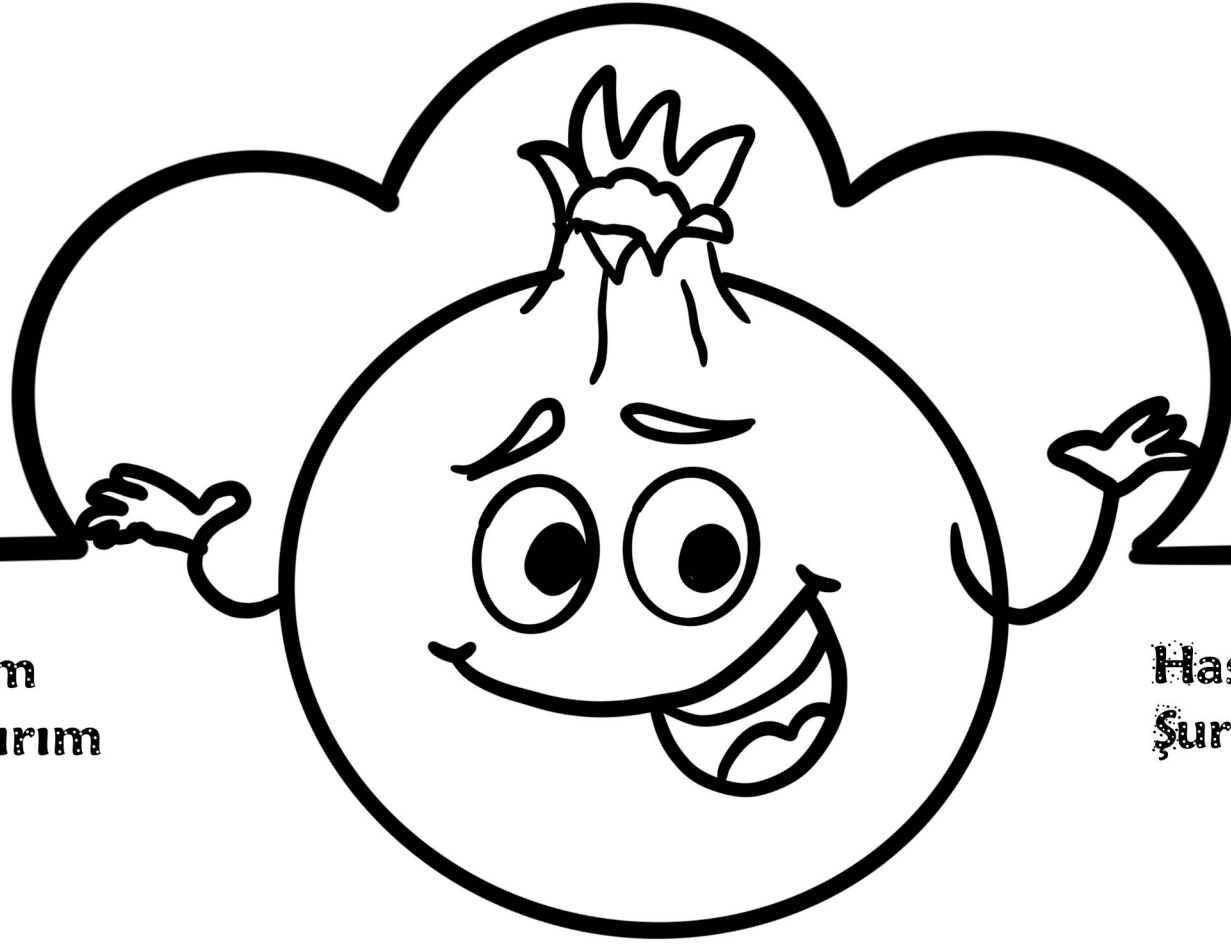
Çalılıkta ormanlarda
Bahçelerde çayırlarda



Yetiřirim çeřit çeřit
Satılırım pazarlarda

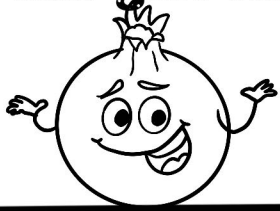


ÇİLEK

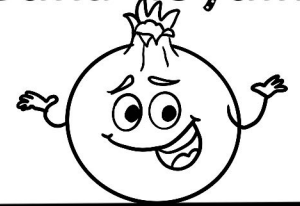


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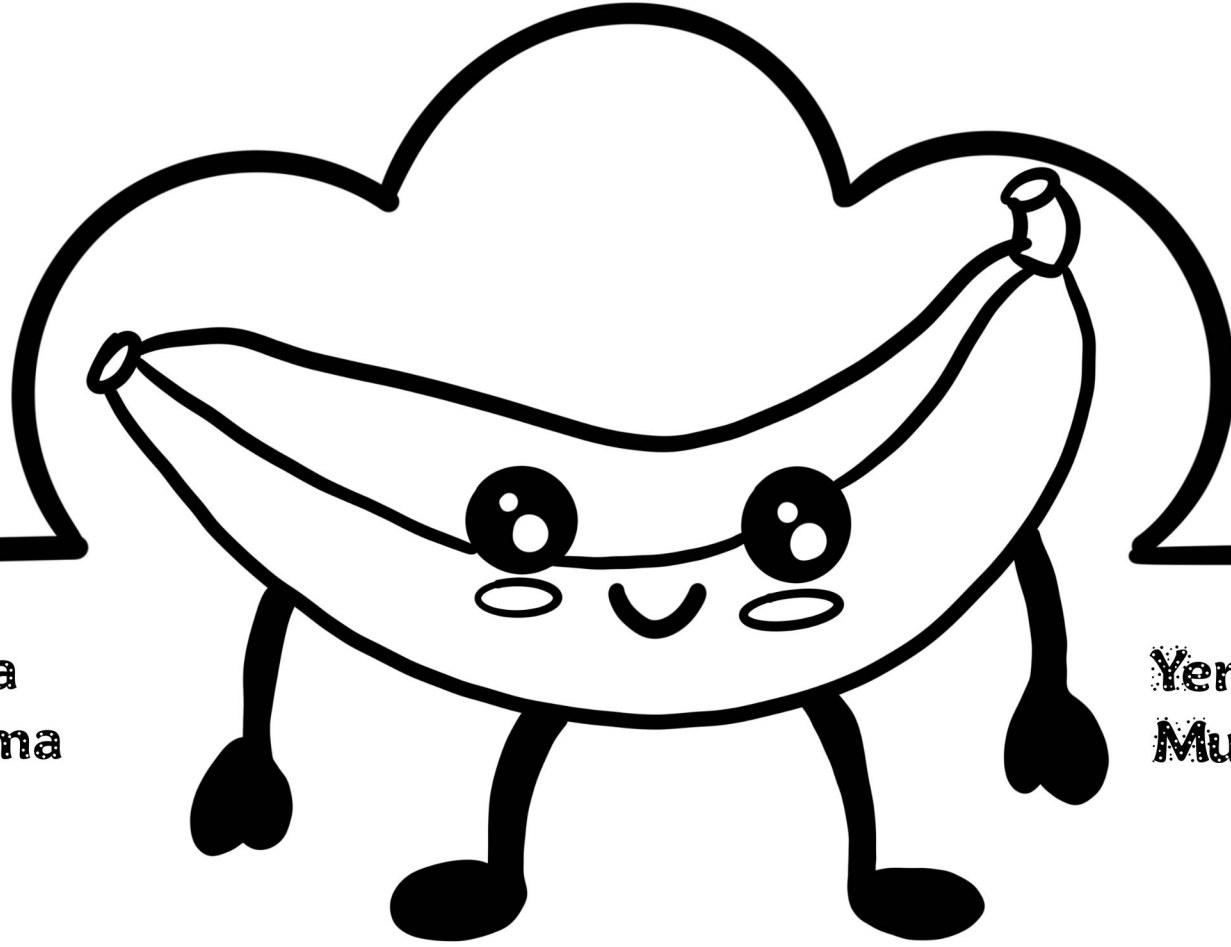
**Çiçek olur açılırım
Mercan gibi saçılırım**



**Hastaya nar sorulmaz
Şurubuna doyulmaz**

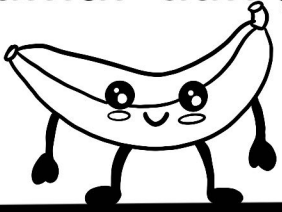


NAR

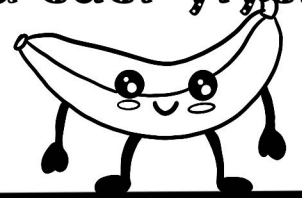


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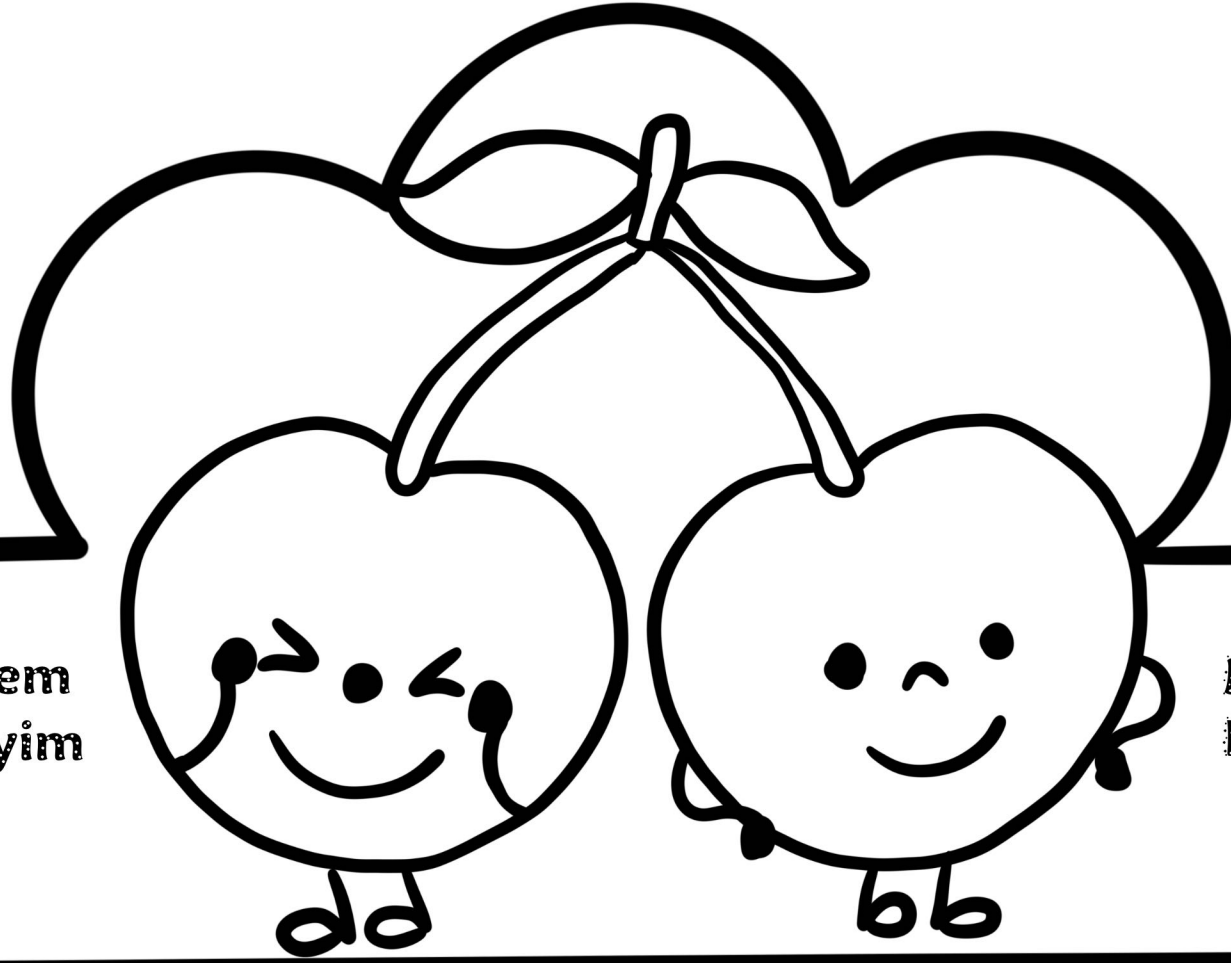
Çikitaya aldanma
Anamur'dan şaşma



Yerli muz en güzeli
Mutlu eder yiyenleri

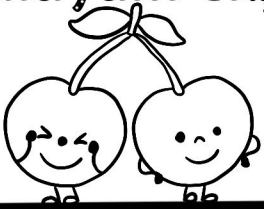


MUZ

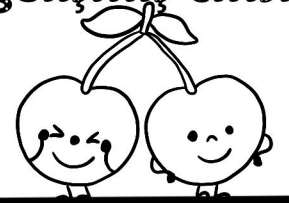


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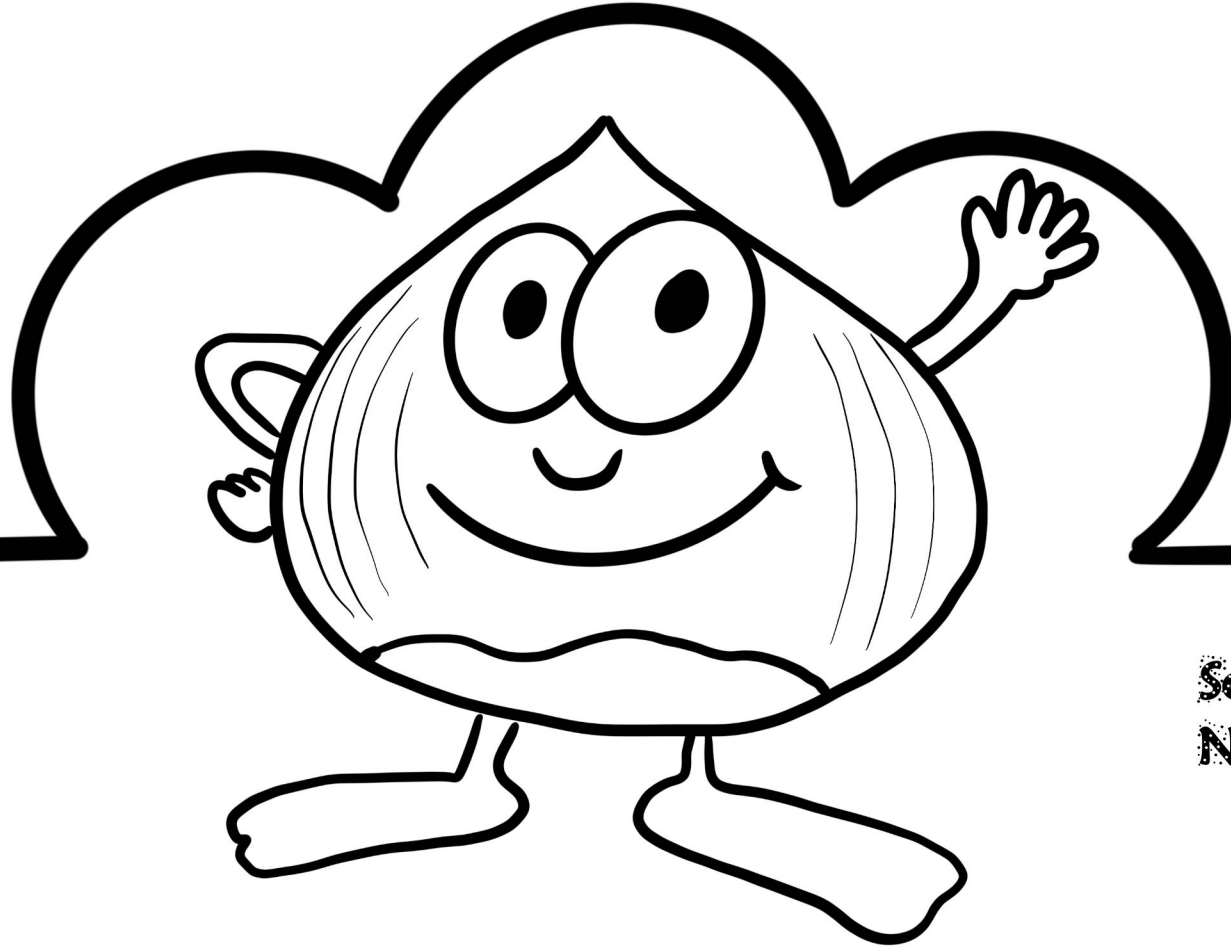
**Kütahya vişnesiysem
Çok suluyum ekşiyim**



**Macar ile Napolyon
En gelişmiş cinslerim**

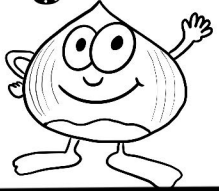


VIŞNE

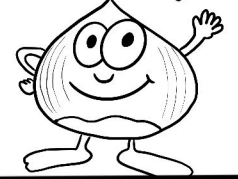


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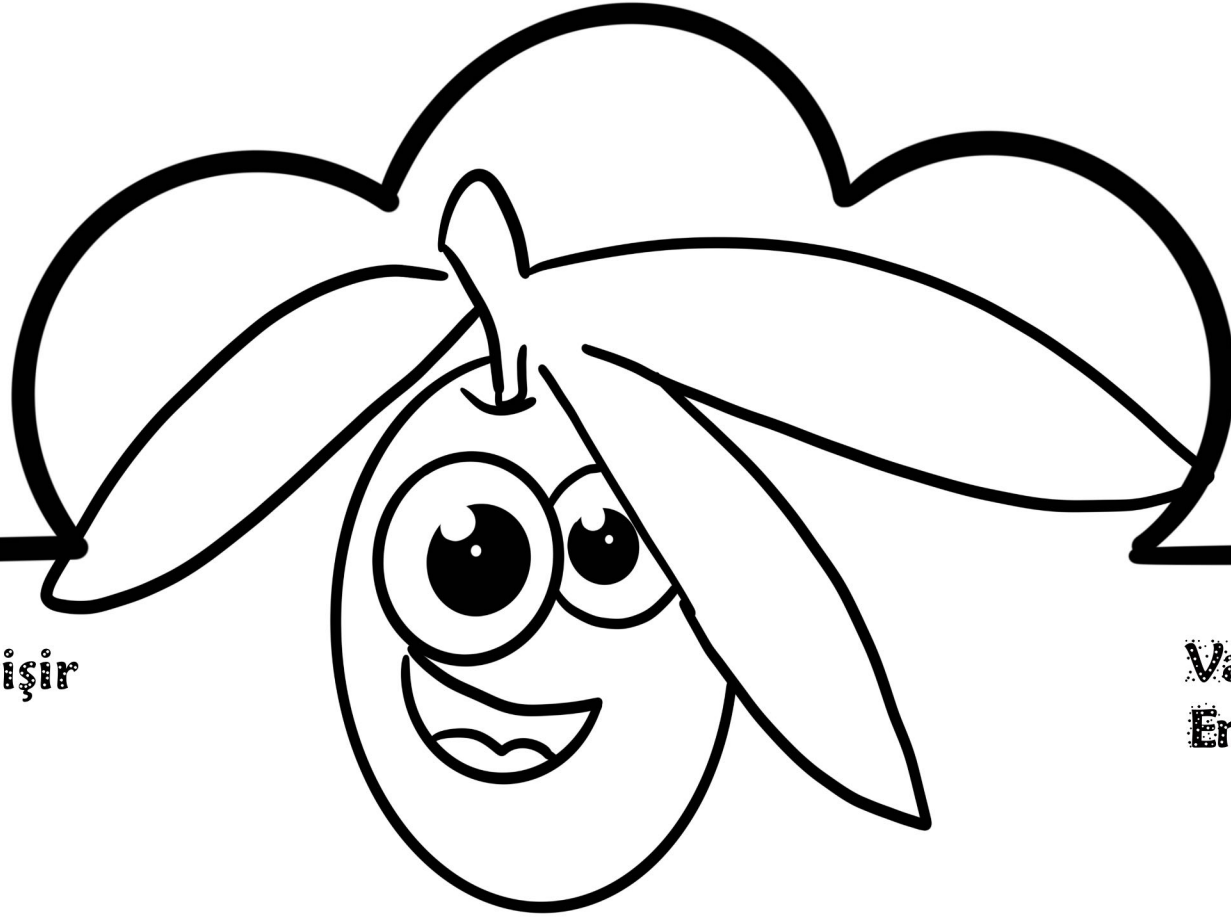
**Kestane dediğin
Kış eğlencesi**



**Sobada çıtır çıtır
Ne güzeldir yemesi**

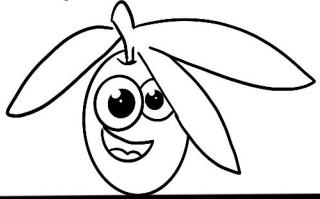


KESTANE



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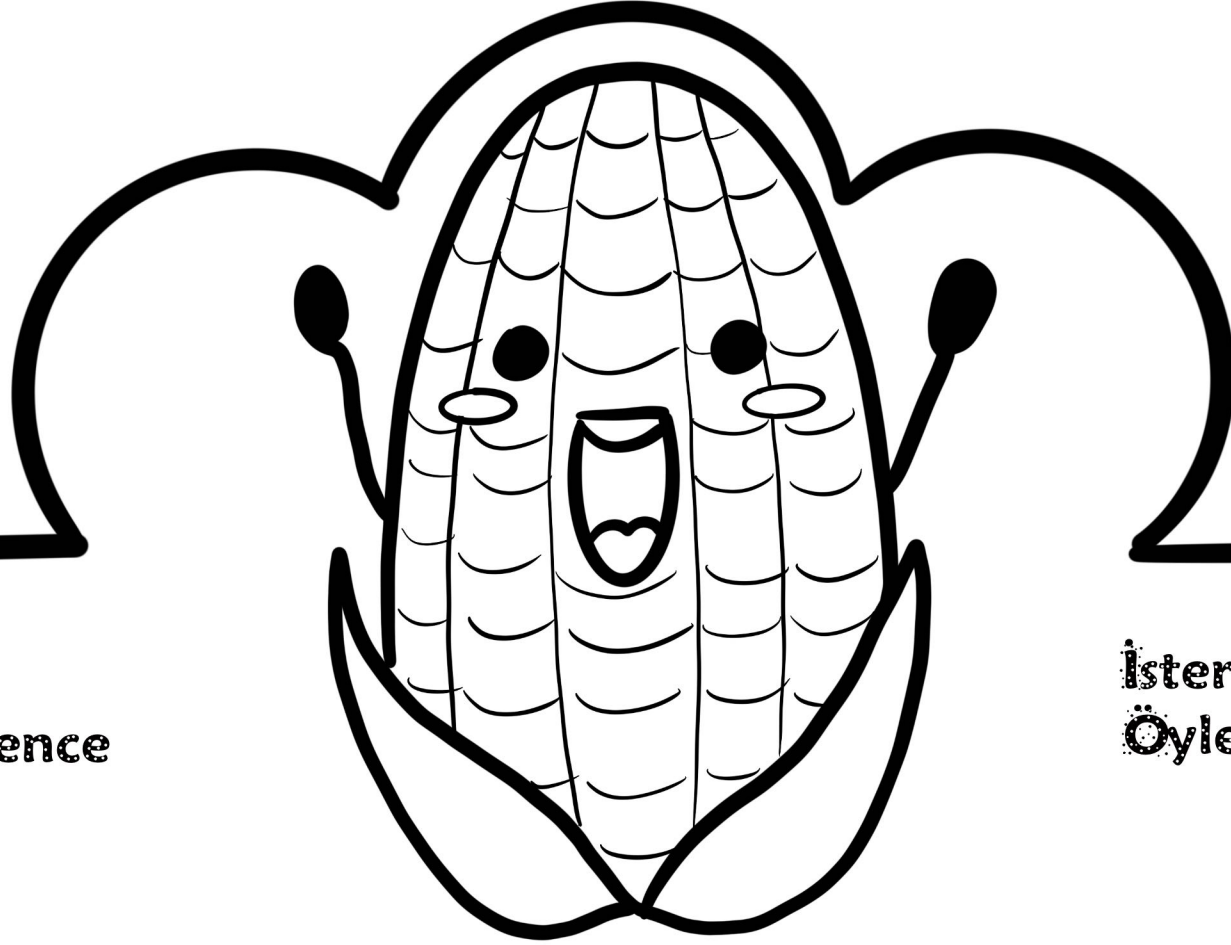
Ege'de zeytin yetişir
Lezzetiyle bilinir



Var mı öyle sağlıklı
En güzeli zeytin yağı

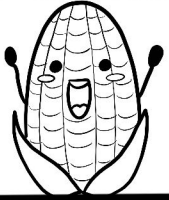


ZEYTİN

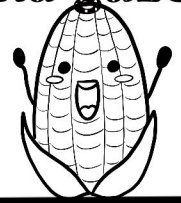


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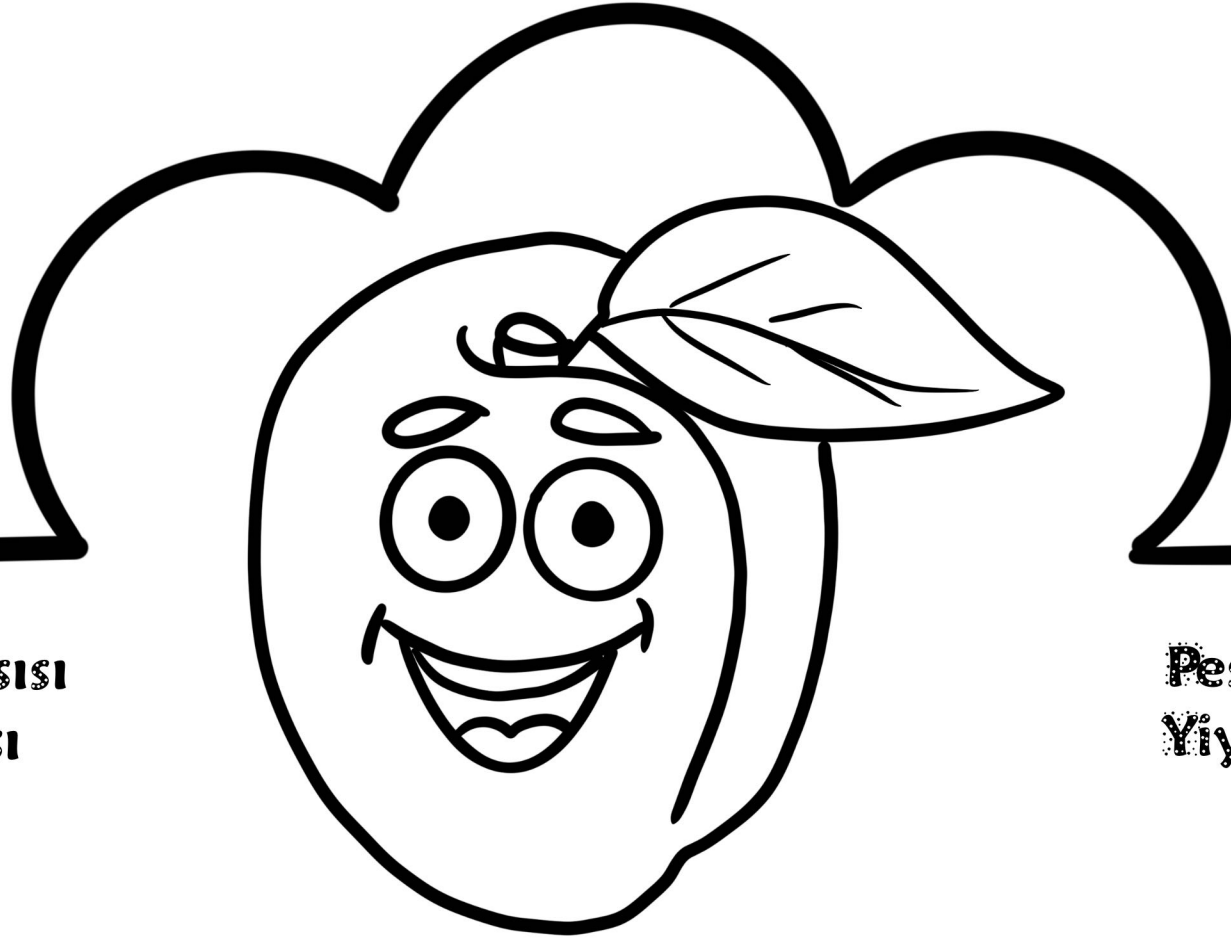
**Patlatınca mısırları
Başlar hemen eğlence**



**İstersen kaynatarak ye
Öyle daha güzel bence**

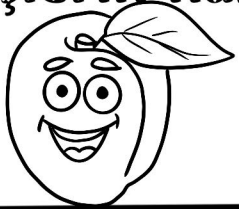


MISIR

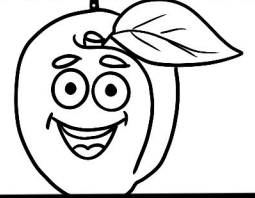


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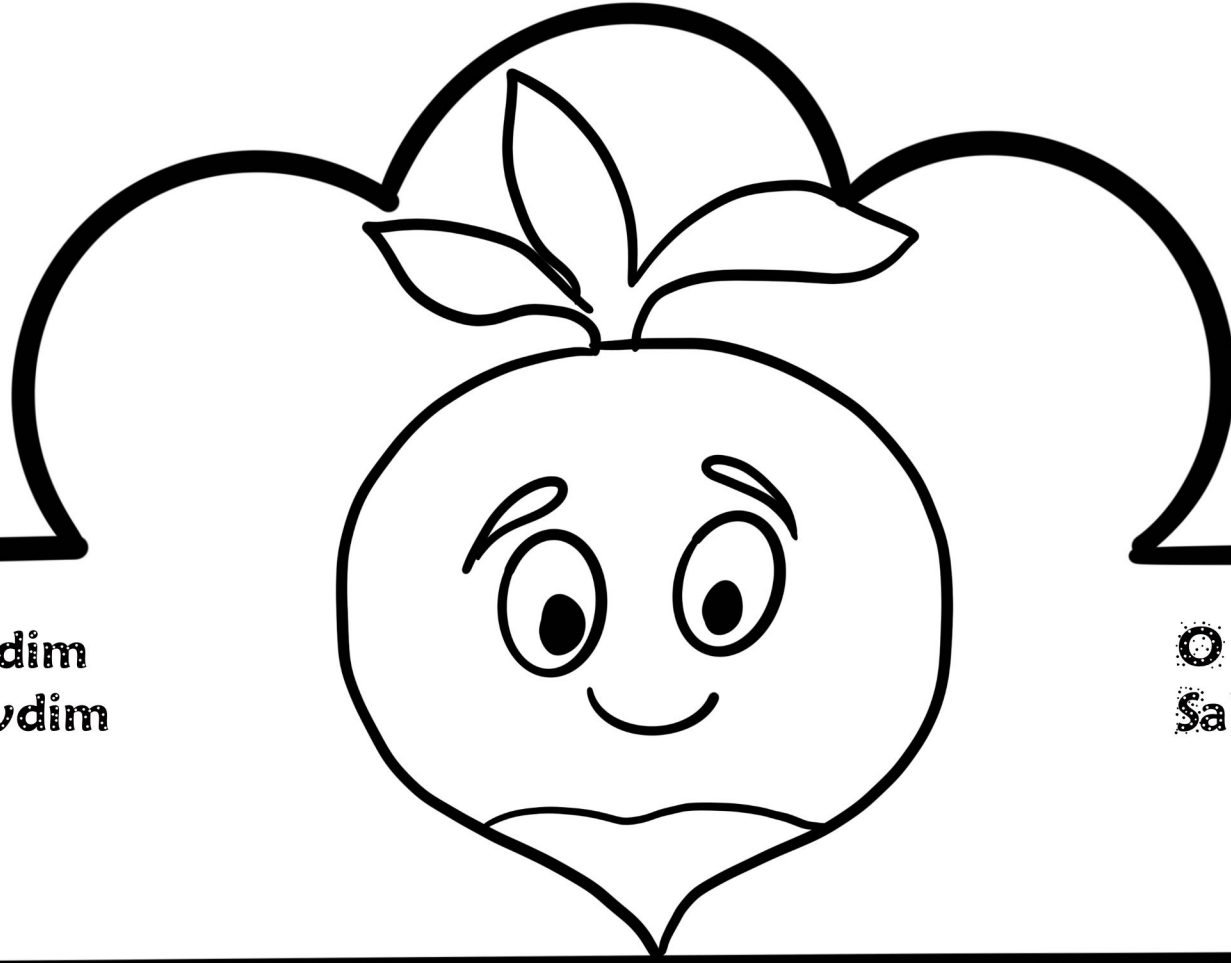
**Malatya'ya kayısısı
Yemiřlerin nazlısı**



**Pestili de yapılır
Yiyenler pek bayılır**

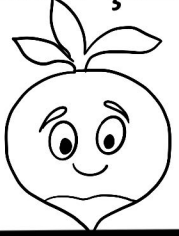


KAYISI

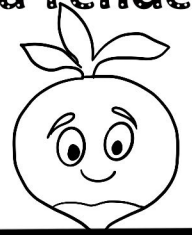


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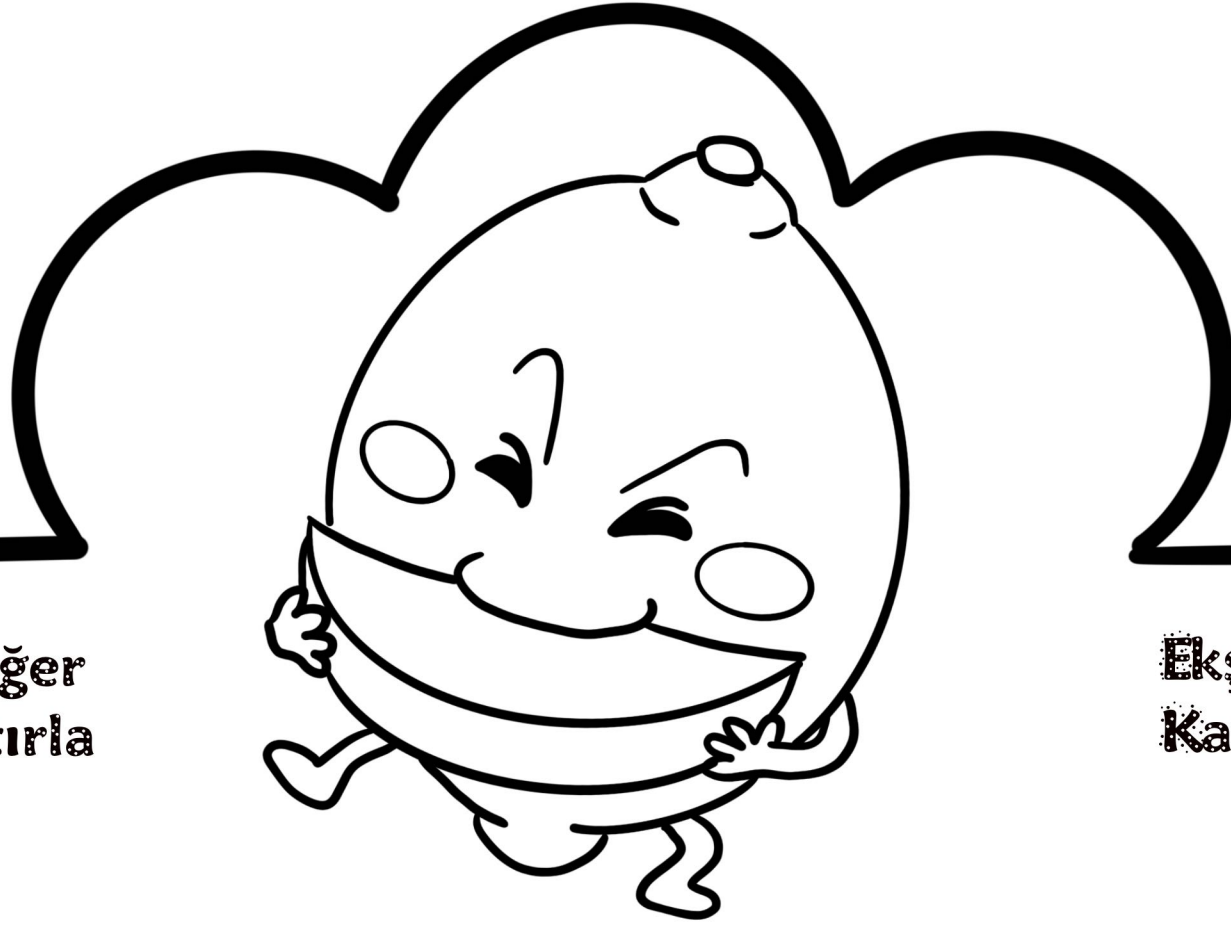
**Görünce beğenmedim
Ama tadını çok sevdim**



**O güzelim turpları
Salataya rendeledim**



TURP

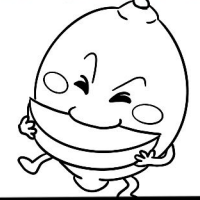


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**Hasta olursan eğer
Hemen onu hatırla**

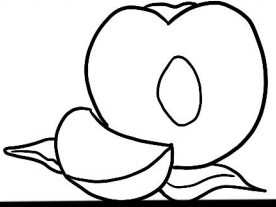


**Ekşi sulu bir limon
Kaldırır seni ayağa**



LİMON

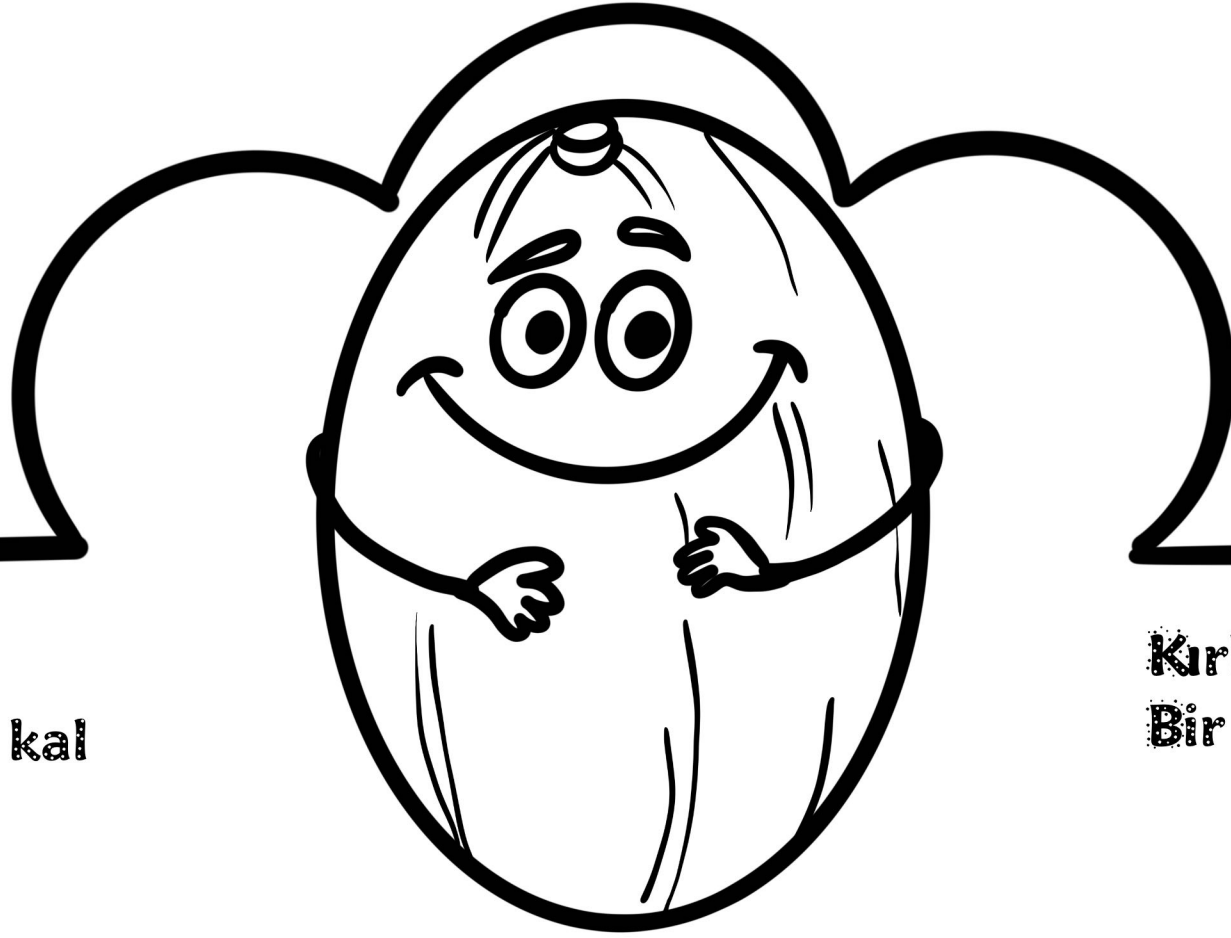
Bursa'nın şeftalisi
Kilodur bir tanesi



Şeftaliyi kim sevmez
Tadına doyum olmaz

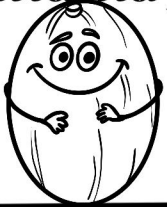


ŞEFTALİ

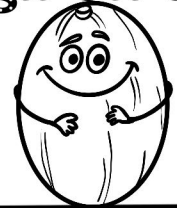


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Kavunu kokla al
O tadına hayran kal



Kırkağaç'ın kavunu
Bir değil on tane al



KAVUN



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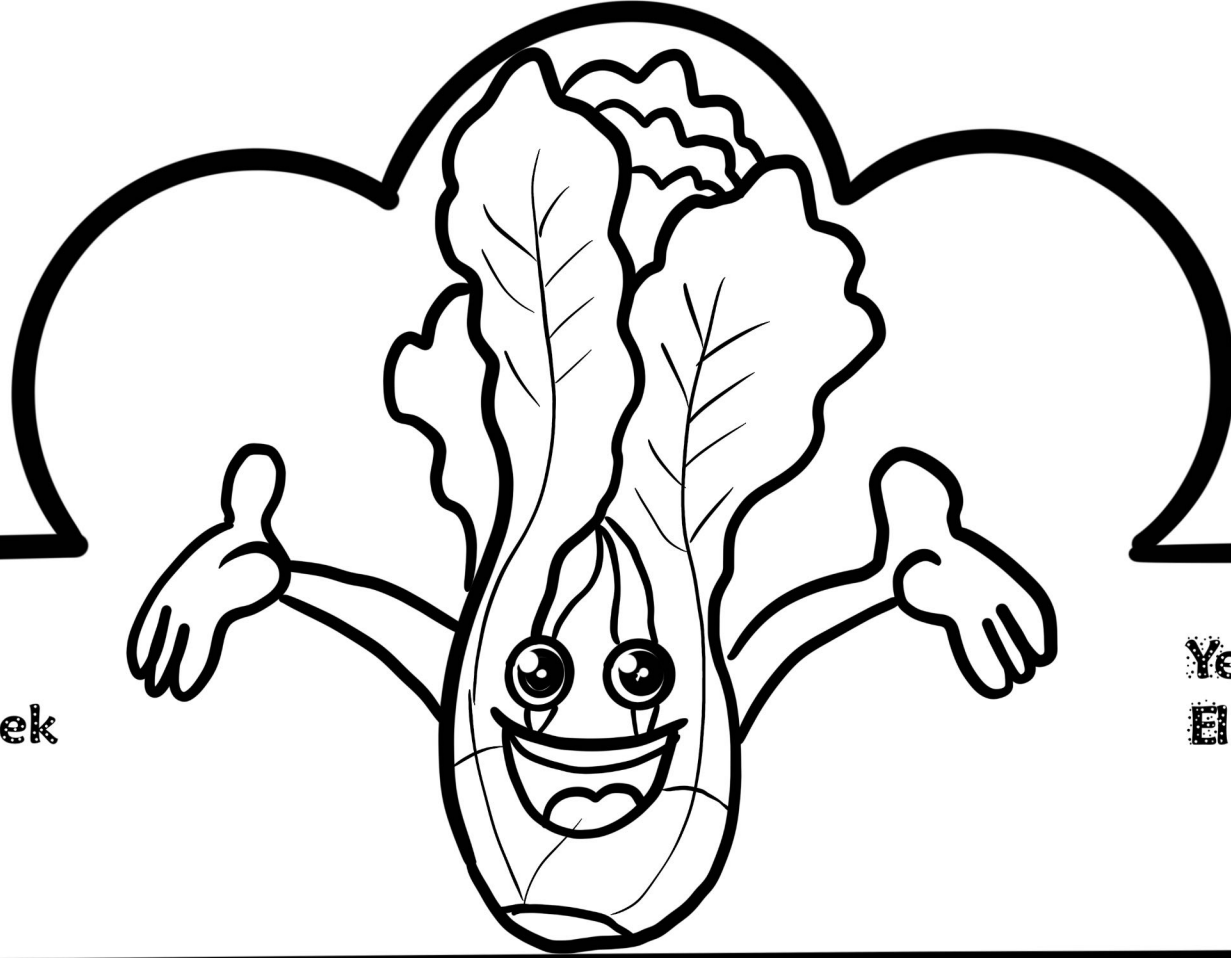
Giresun zengin olsun
Cebiniz fındık dolsun



Kırılır çitir çitir
Hem besler hem ısıtır



FINDIK

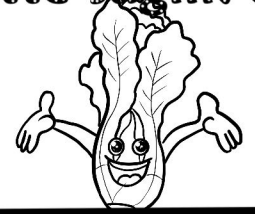


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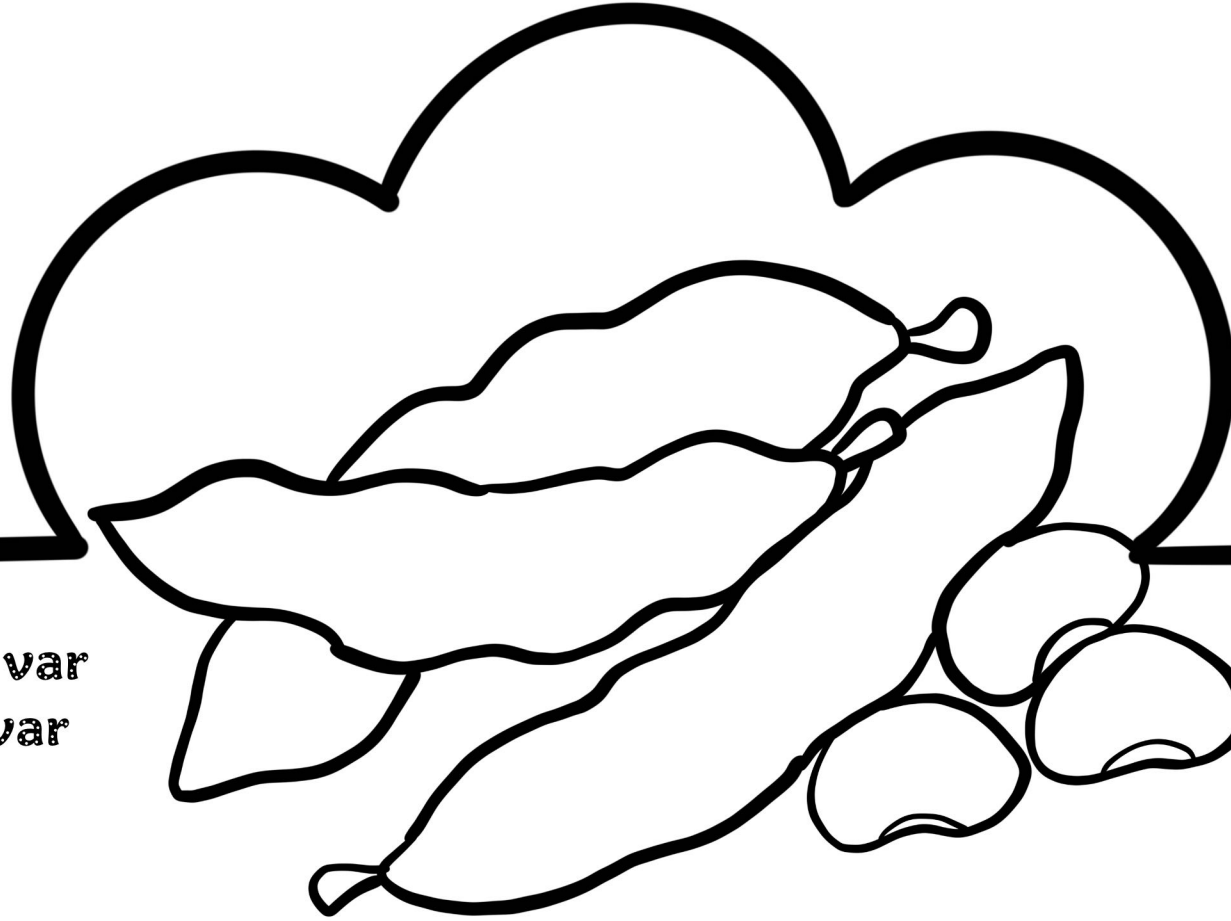
**Salatasız yemek
Eksik kalmış demek**



**Yeşil taze bir marul
Elbette sağlık demek**

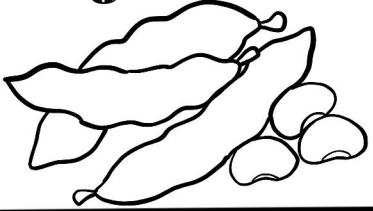


MARUL

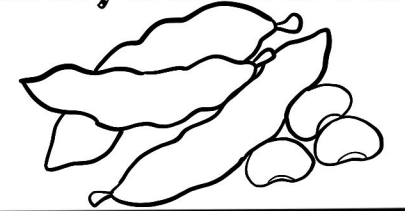


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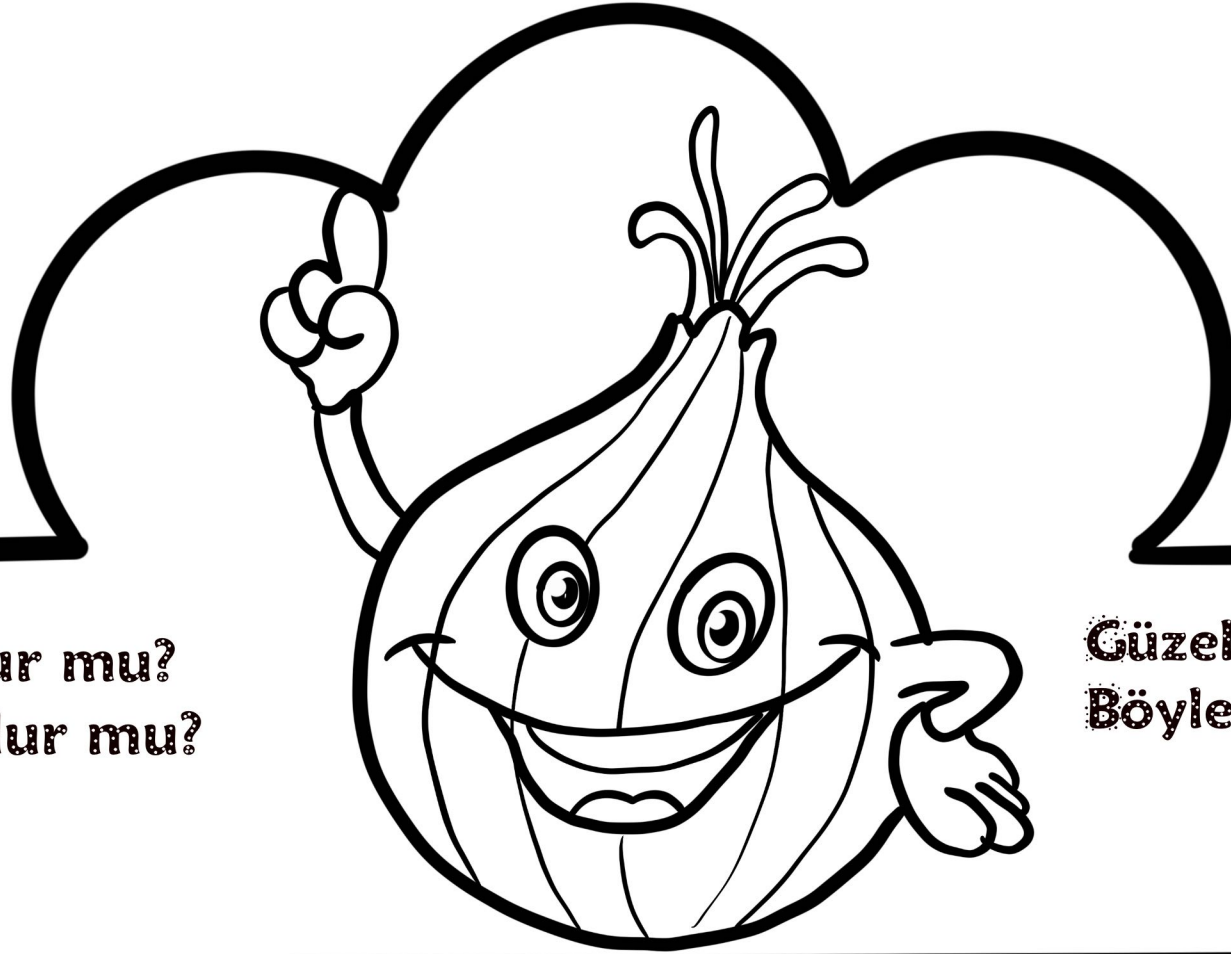
Tazesi var kurusu var
Ne de güzel tadı var



Etili ya da zeytinyağı
Fasulyenin adı var

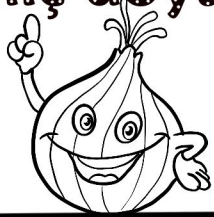


FASULYE

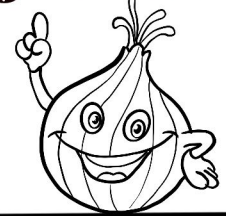


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**Yemek onsuz olur mu?
Tadına hiç doyulur mu?**



**Güzel soğan sarı soğan
Böyle ağlatmak olur mu?**



ŞOĞAN



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**Yol kenarları ormanlar
En çok bulunduğum yerler**



**Yabani bir meyveyim ben
Adıma kuşburnu derler**



KUŞBURNU

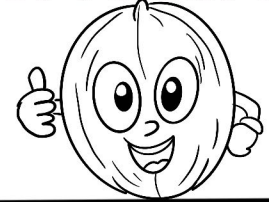


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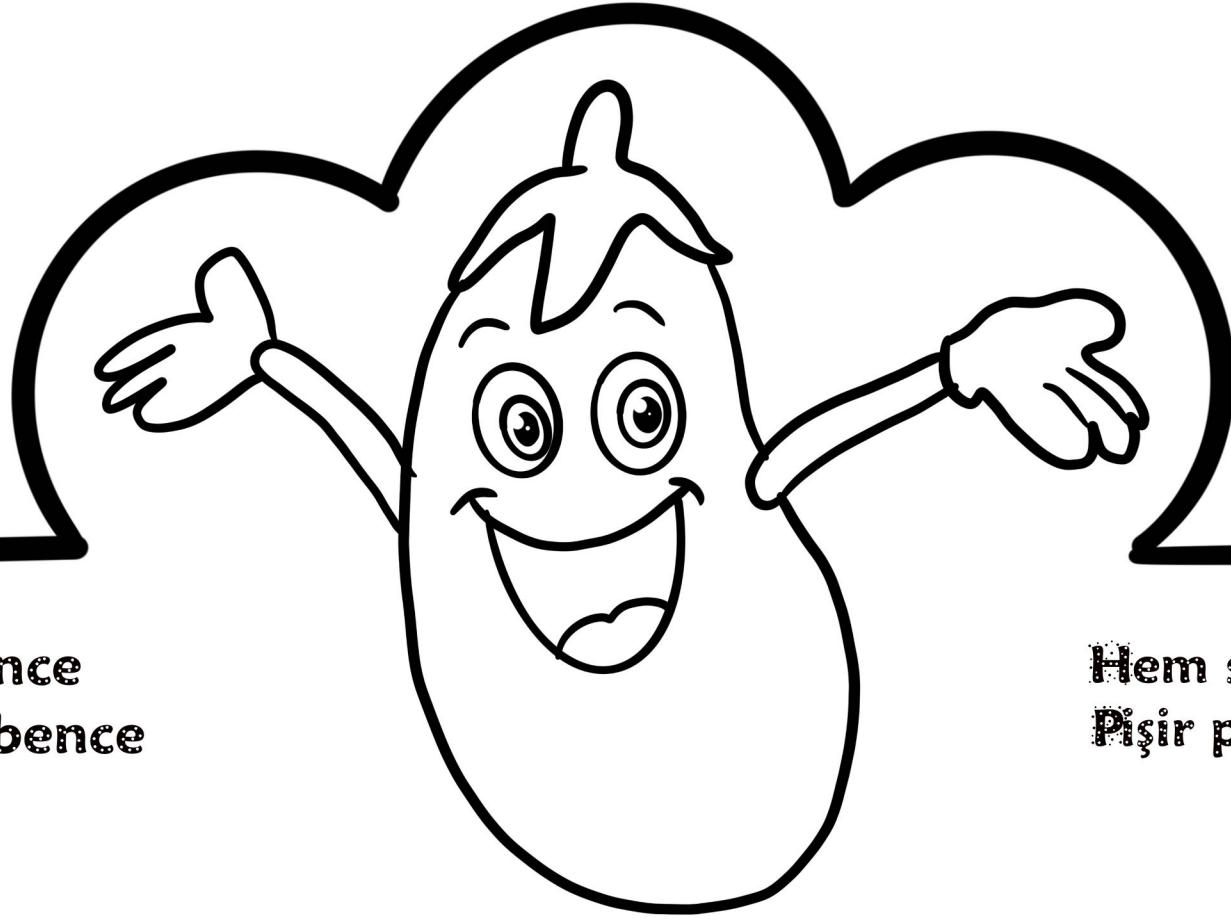
**Cevizi de unutma
Beslenmek zorundasın**



**Pestiline sar da ye
Kuvvet versin diyorsan**

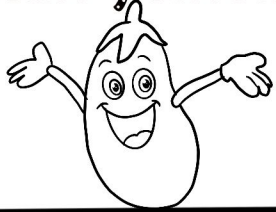


CEVİZ

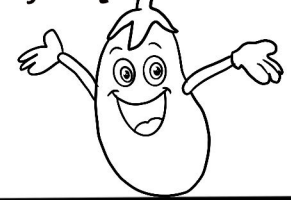


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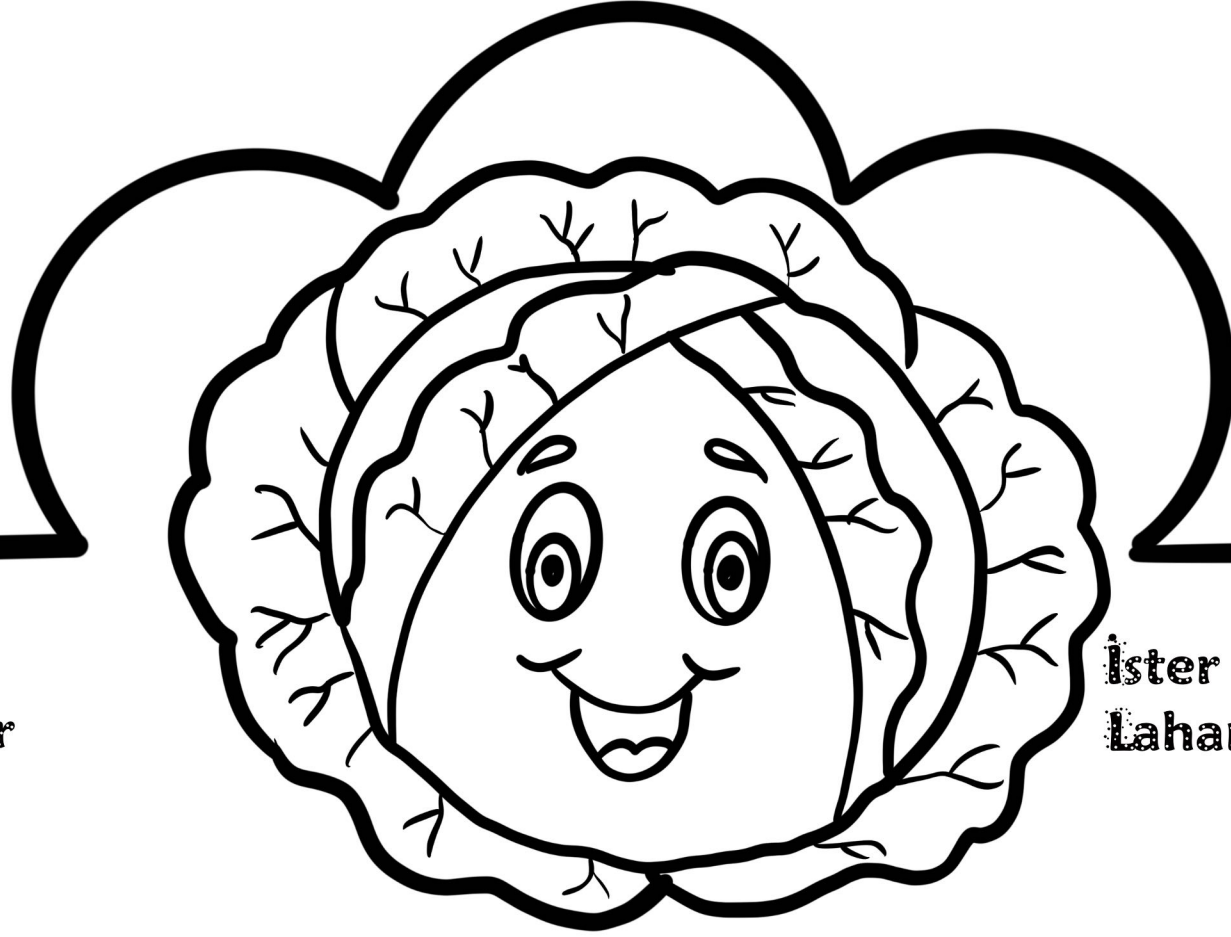
**Yaz gelince ilk önce
Patlıcan yemeli bence**



**Hem sağlıklı hem lezzetli
Pişir pişir patlıcan ye**

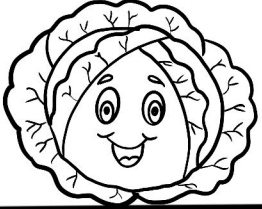


PATLİCAN

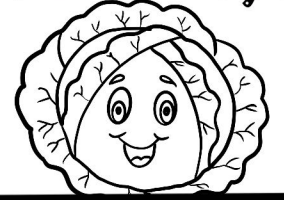


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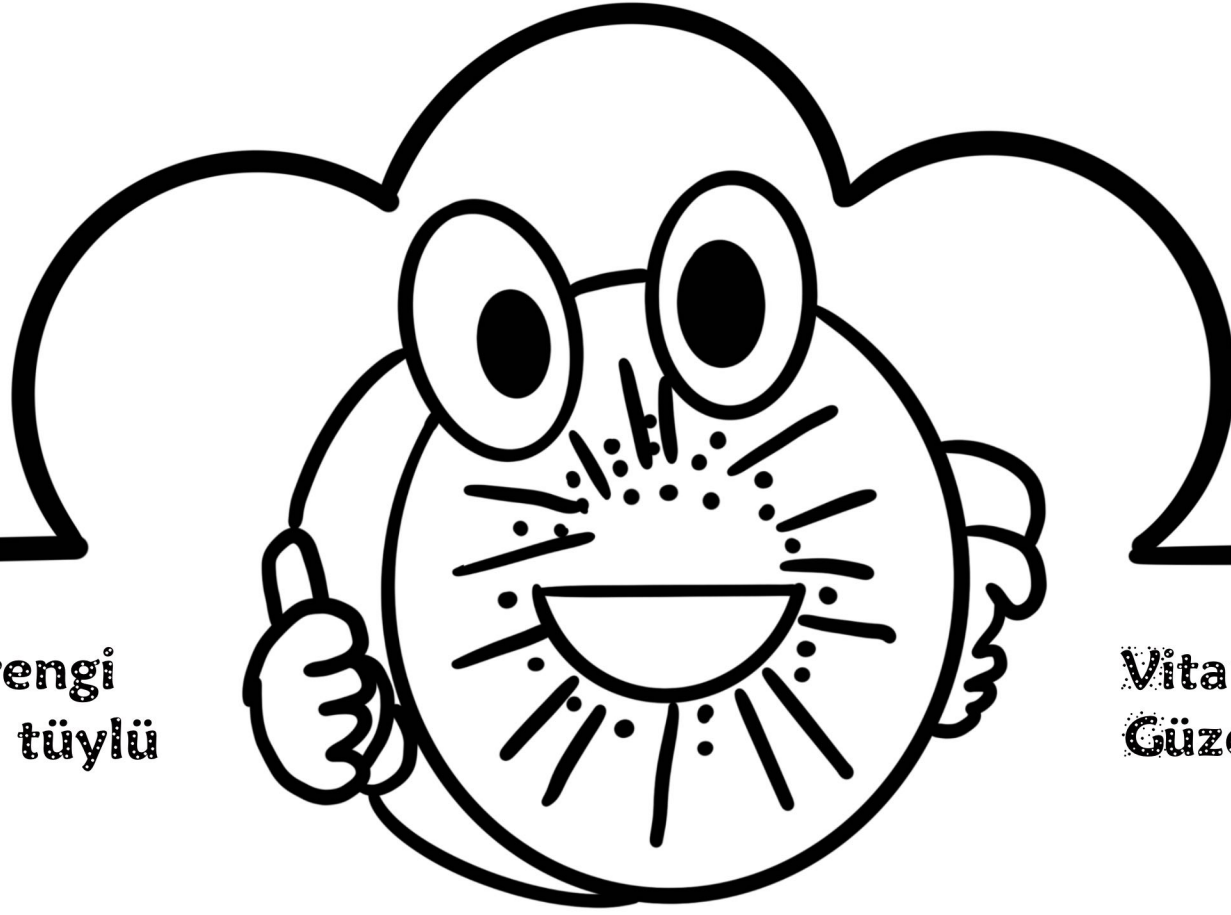
**Kat kat yapraklar
İçinde neler saklar**



**İster turşu yap ister sar
Lahanasız ev neye yarar?**

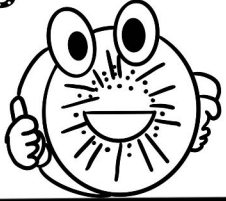


LAHANA

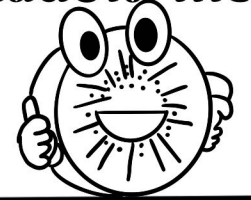


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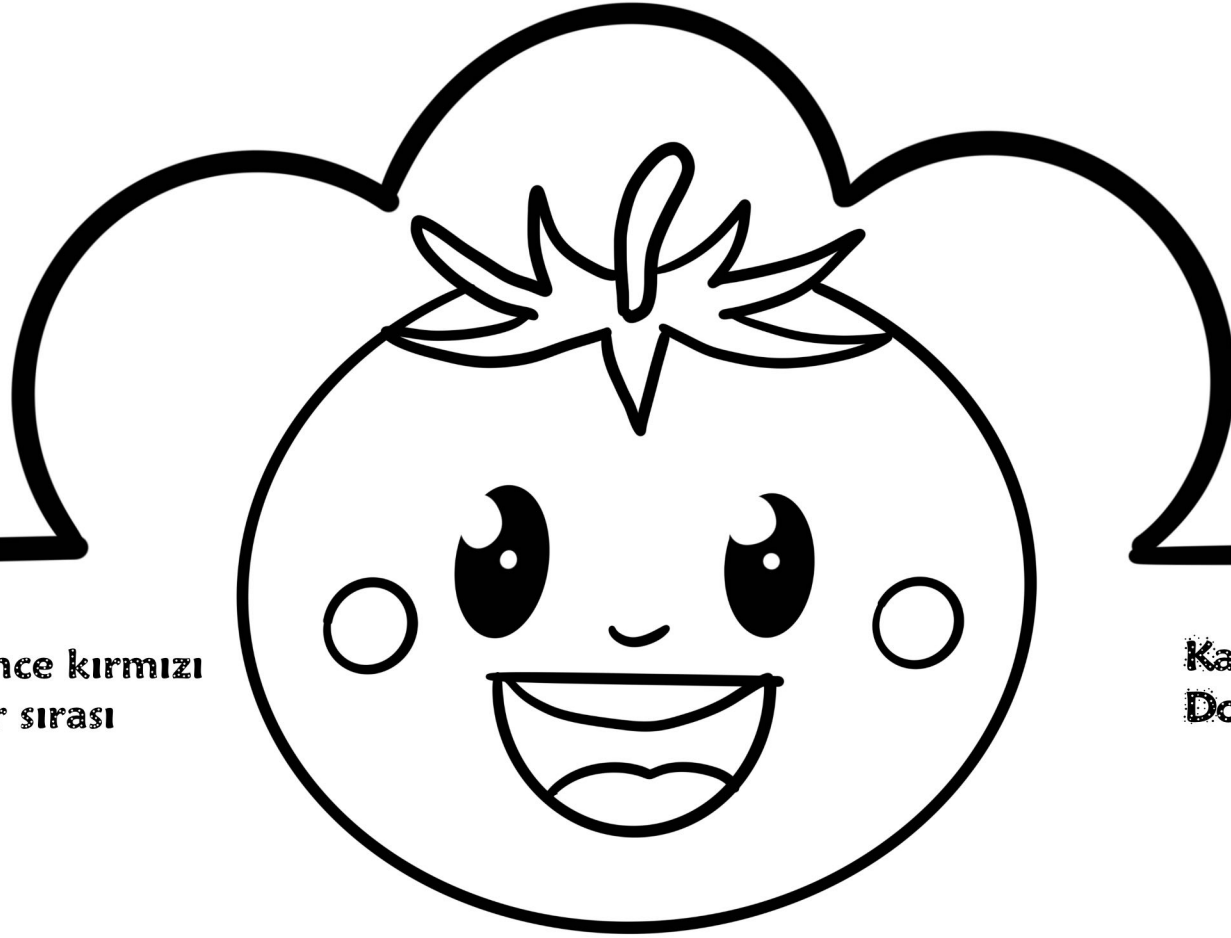
Yeşilimsi kahve rengi
Kabuğu var üstü tüylü



Vitamine çok zengin
Güzel Anadolu meyvesi

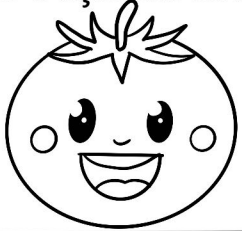


KIVI

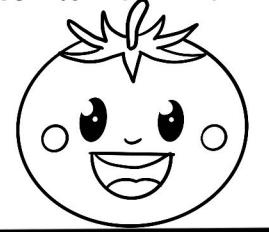


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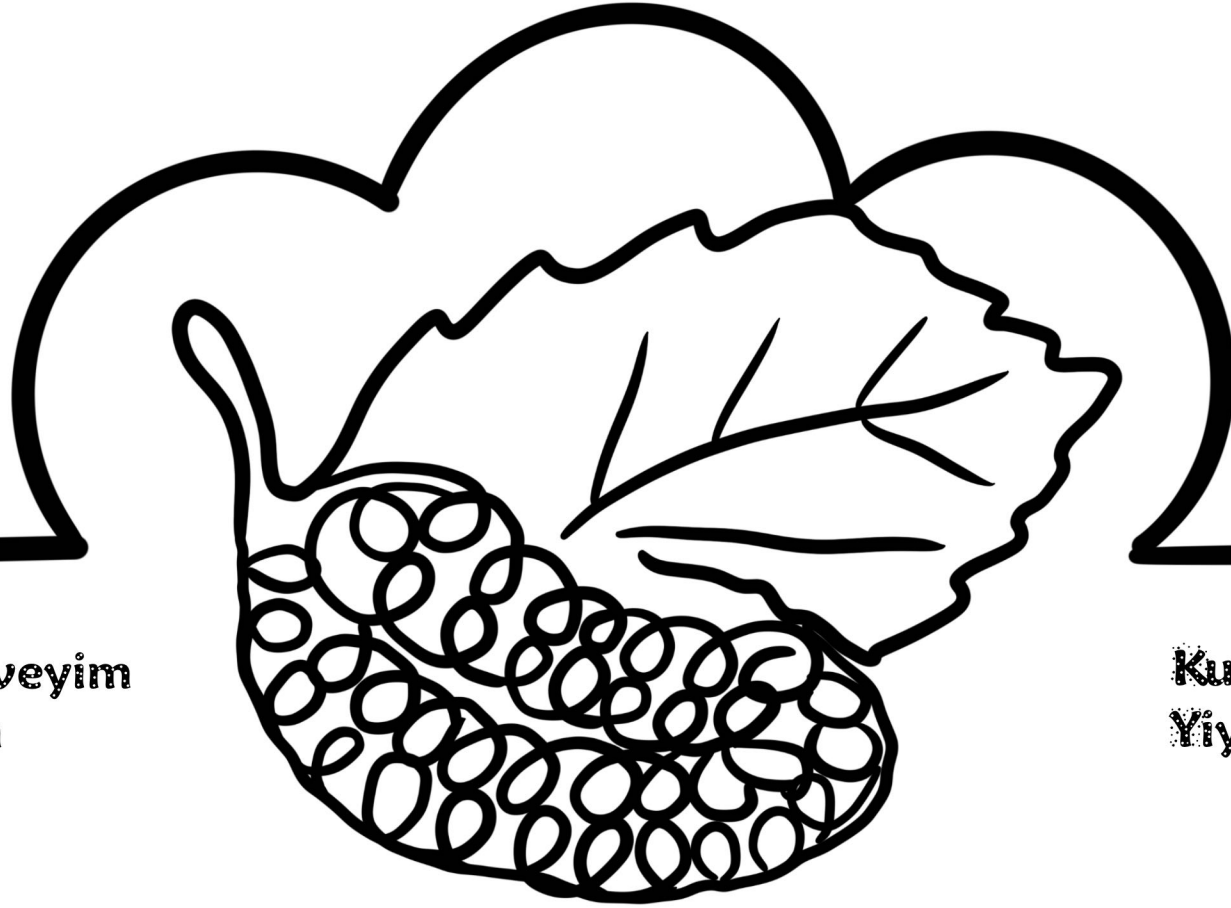
Küçükken yeşil büyüyünce kırmızı
Sebzelerin başında ilktir sırası



Kahvaltıda yemekte
Domates kullanmalı bence

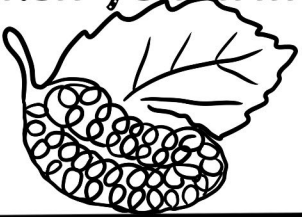


DOMATES



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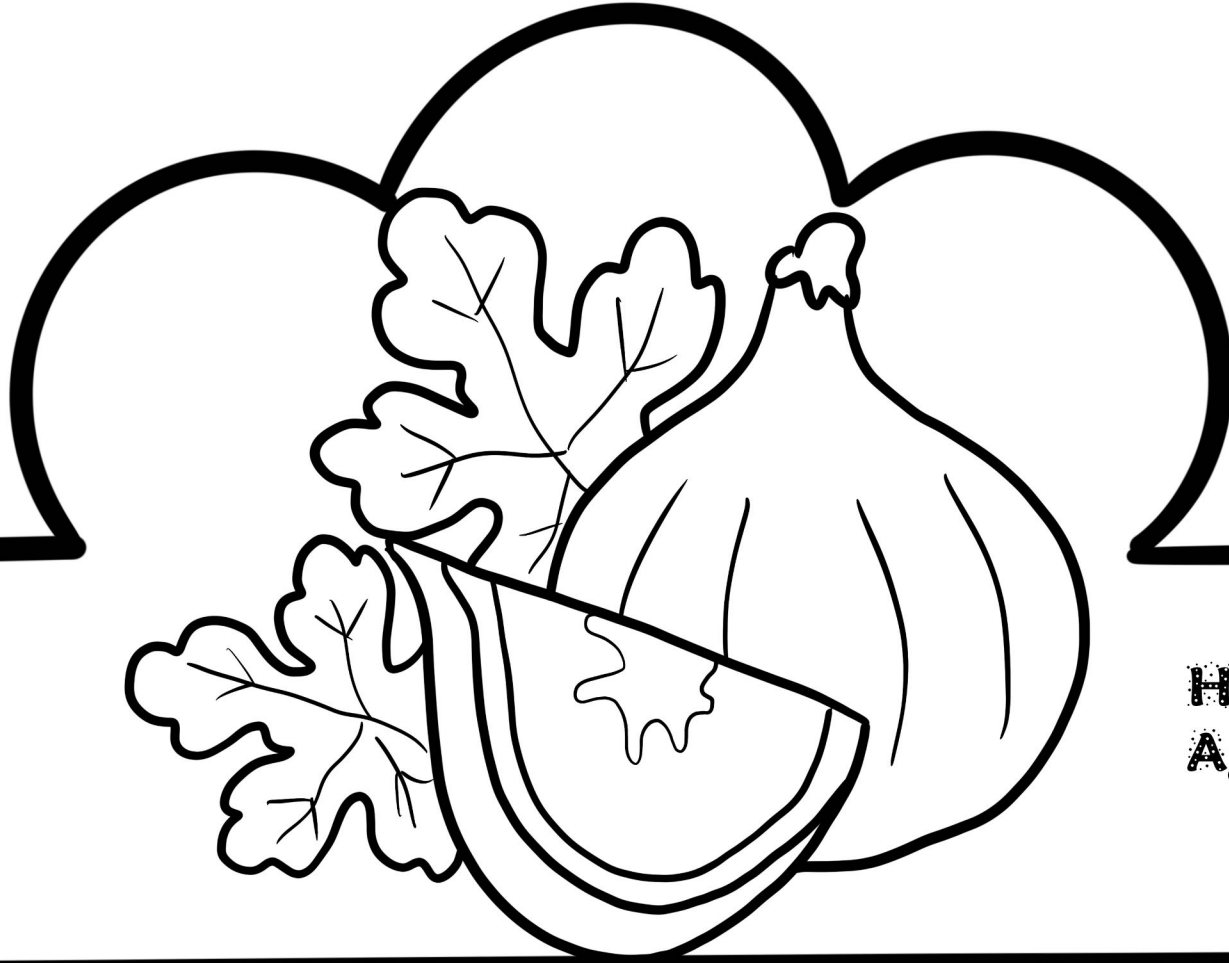
**Uzun saplı bir meyveyim
Taze ilken yenilirim**



**Kurutulmuşum lezizdir
Yiyene kuvvet veririm**

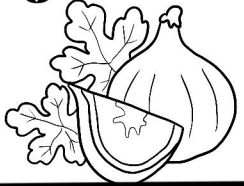


DUT

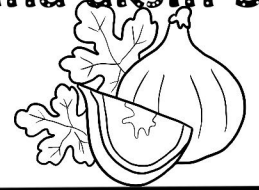


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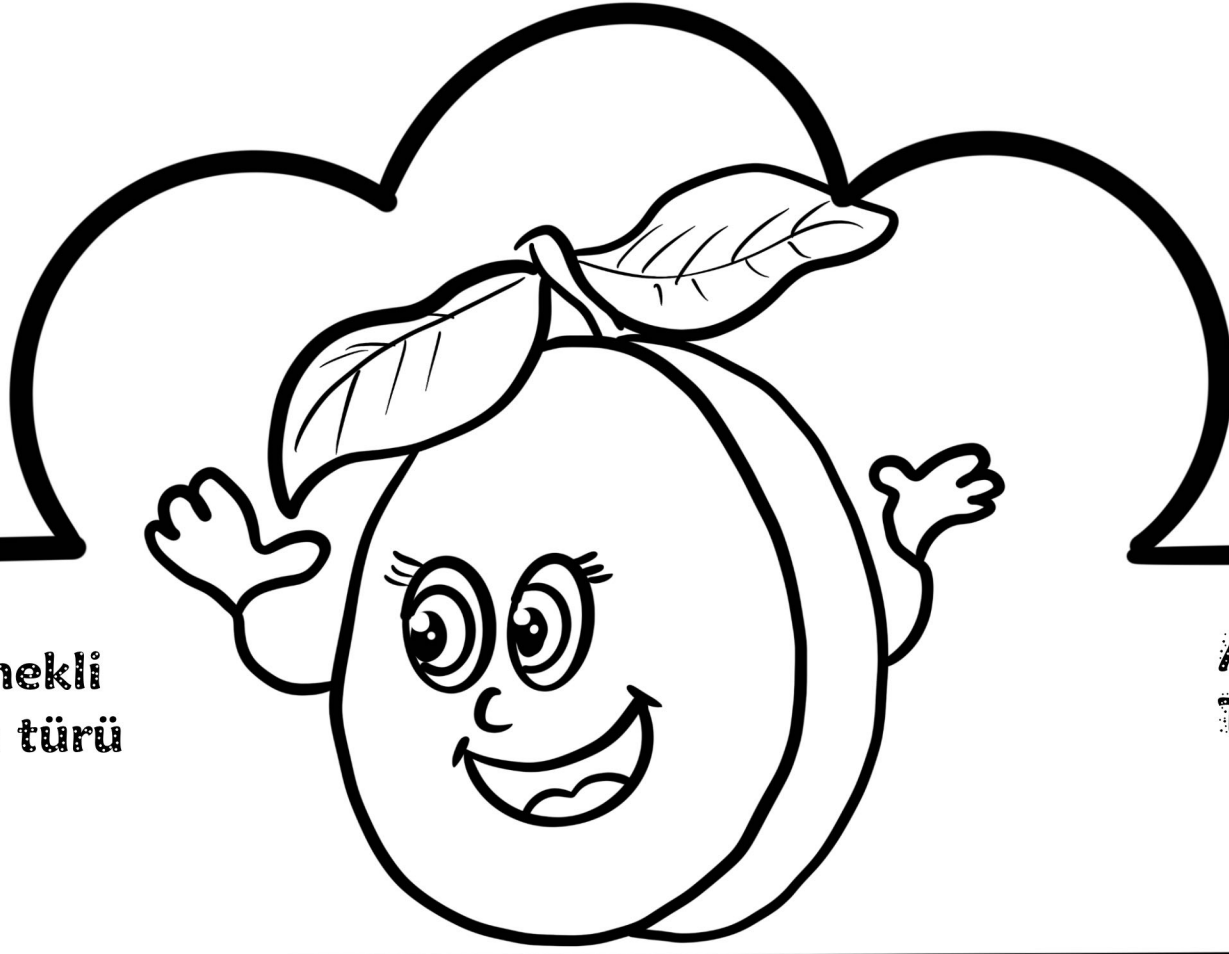
Tatlı Aydın inciri
Pek güzel iri iri



Hurma alma, incir al
Ağızına aksın bal

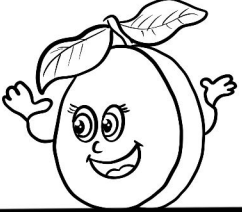


İNCİR

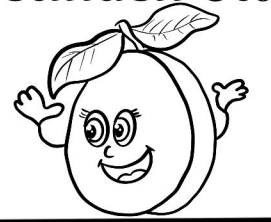


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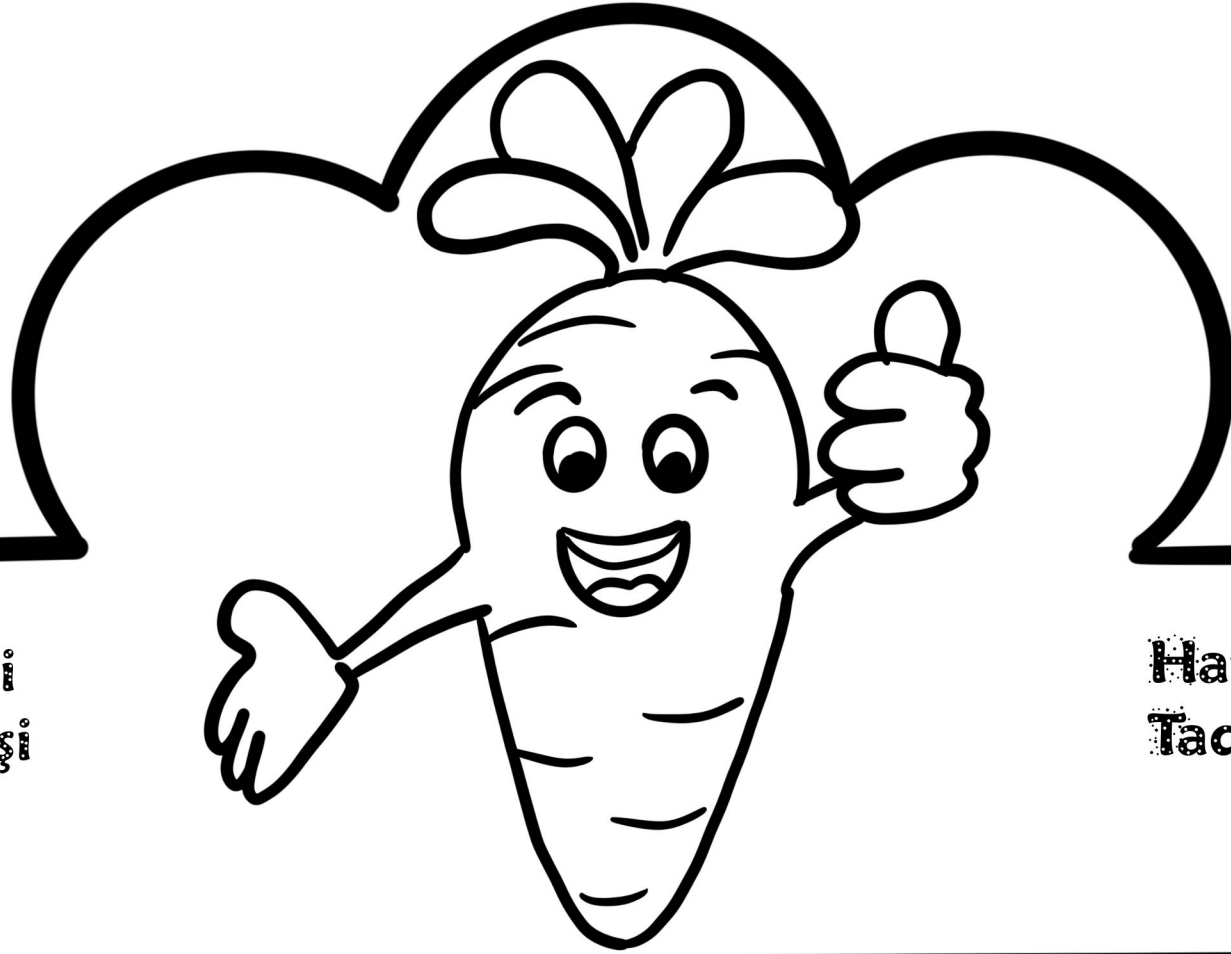
**Uzunca ve mor benekli
Bir eriktir mürdüm türü**



**Açık yeşili aranır
Tatlı etinden ötürü**

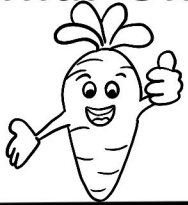


ERİK

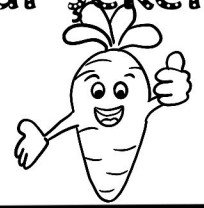


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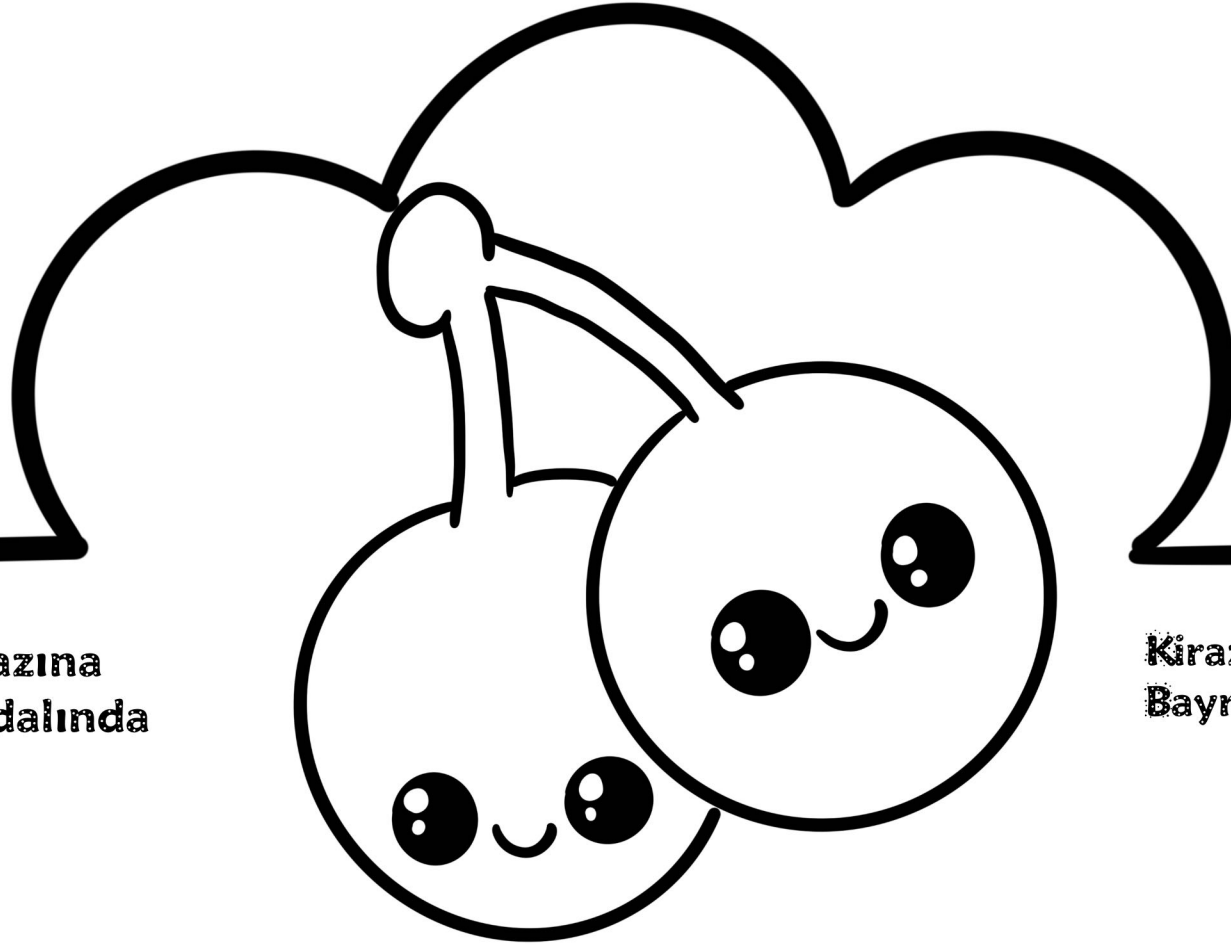
Rengi güneş gibi
Tavşanlar bilir işi



Havuç yiyin arkadaş
Tadı var şeker gibi

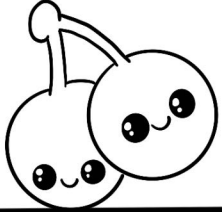


HAVUÇ



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Ülkemin dayanır ayazına
Renk renk görünür dalında



Kirazdır en sevdiğim yemiş
Bayramdır bu meyveler bana
ve arkadaşlarıma



KİRAZ

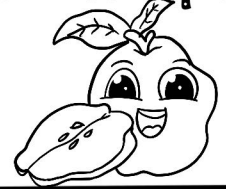


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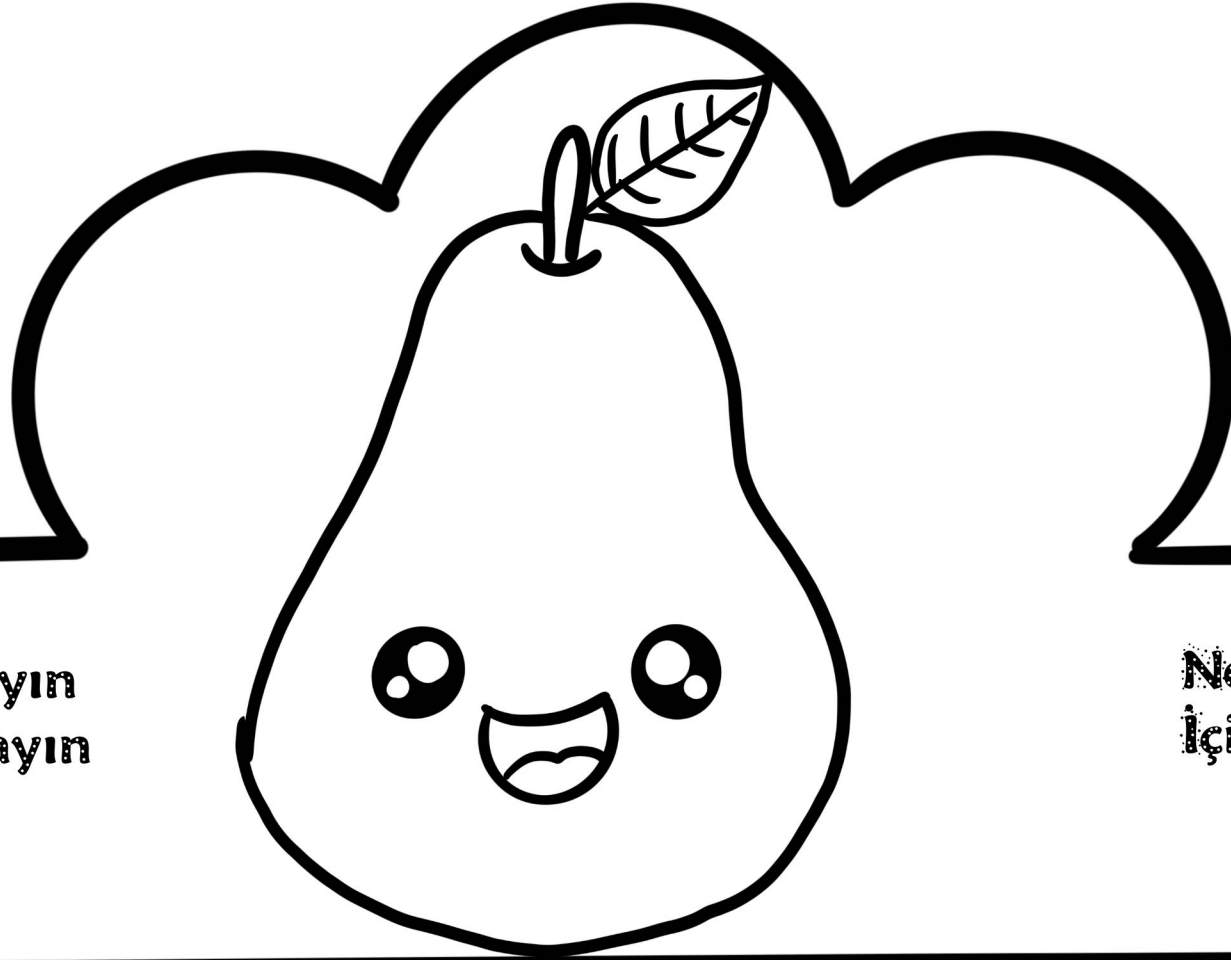
Sarı sarı rengim var
Ne güzel de kokarım



İstersen reçel yap ye
İstersen kompostomu

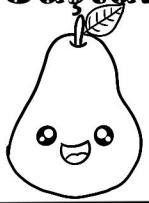


AYVA

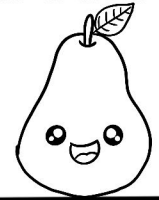


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Armudu unutmayın
Onu da baştan sayın



Ne güzeldir kokusu
İçi dolu ballı su

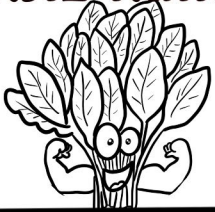


ARMUT



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**Sebze deyip kanmayın
İspanaksız kalmayın**



**Kışın yiyin bol bol
Böyle kısa kalmayın**



İSPANAK